



SINGAPORE
CHILDREN'S
SOCIETY
ANNUAL
REPORT
2017

RE-IMAGINING

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Annual Report Editorial Committee	
• Asst Prof Wernmei Yong Ade	• Ms Shen Xuesheng
• Ms Jennifer Quong	• Ms Wu Wan Ying
• Dr Regina Lee	
Unique Entity Number: S62SS0057G	



REAFFIRMING
OUR DREAM,
REACHING
GREATER HEIGHTS
TOGETHER.

Our Patron-in-Chief

PRESIDENT HALIMAH YACOB

**Patron for 1000 Enterprises
and 1000 Philanthropists for
Children-in-Need**

MR TEO CHEE HEAN

*Deputy Prime Minister
and Coordinating Minister for
National Security*

Singapore Children's Society protects and nurtures children and youth of all races and religions, especially children, youth and families in need. Established in 1952, its services have evolved to meet the changing needs of children. Today, Children's Society operates 11 service centres islandwide, offering services in the four categories of: Vulnerable Children and Youth, Children and Youth Services, Family Services, and Research and Advocacy.

Vulnerable Children and Youth

Protecting and Guiding Vulnerable Children and Youth

We provide fundamental care and guidance to children and youth as what their parents and guardians should provide.

Children and Youth Services

Nurturing and Inspiring Our Children and Youth

We provide value-adding care, nurture and inspire children and youth, to complement what their parents and guardians provide.

Family Services

Supporting and Strengthening Our Families in Need

We support and strengthen families in need by working together with them.

Research and Advocacy

A Voice for Our Children and Their Future

We perform an advocacy role as the voice of children and their future.

Our Mission

To bring relief and happiness to children in need

Our Vision

To be a leading edge organisation in promoting the well-being of the child

Our Core Values

- Compassion and Caring
- Commitment
- Professionalism
- Integrity
- Openness to Change

Grouping of Service Centres

A centre grouping exercise took place in September 2017 which saw our 11 service centres regrouped into six centre groupings. This allows Children's Society to optimise our resources while we achieve better synergy and better articulation of outcomes. The six centre groupings are as follows:

- Children in Care
- Children and Youth Services
- Children Development
- Youth Development
- Family Services
- Research and Advocacy

CHAIRMAN'S MESSAGE



“We need to be flexible, nimble and forward-looking to stay ahead of the curve. To be more impactful, we will implement more upstream programmes and services to meet the needs of our beneficiaries.”

2017 was another significant milestone year for Singapore Children's Society, as we celebrated our 65th anniversary of bringing relief and happiness to children in need. Over these 65 years, we witnessed tremendous changes in Singapore and the rest of the world. From fast-paced technological advances to globalisation, we learned to cope and adapt to rapid economic, social, cultural and geopolitical changes. However, there will be some who are unable to keep up with the changes due to their social and economic circumstances and thus fall behind. At Singapore Children's Society, we come across many children, youth and families who do not cope well. These are our fellow Singaporeans whom we strive to serve and give them a better chance to succeed in life.

Although our GDP grew by 3.6 per cent in 2017 as compared to 2.4 per cent in 2016, we are fully aware that in this age of rapid disruptions, there are many uncertainties, most of which are beyond our control and which we need to manage and deal with. The theme for Annual Report 2017, 'Re-imagining', is apt. We need to be flexible, nimble and forward-looking to stay ahead of the curve. To be more impactful, we will implement more upstream programmes and services to meet the needs of our beneficiaries.

In 2017, a centre grouping exercise took place which saw our 11 service centres regrouped into six groupings. The groupings allow us to share best practices across centres more effectively and help to ensure high impact across our diversified range of programmes. I believe this is one way we can improve more quickly, and at the same time, optimise the use of our resources more effectively.

We experienced a year-on-year decline in our total donation income where we saw a 13.8 per cent drop from \$13.1 million in 2016 to \$11.3 million in 2017. The Society's total expenditure in 2017 was \$16.5 million, 3.8 per cent higher than the previous year's expenditure of \$15.9 million. Our total staff strength remained at 190, but with new services in 2018, we are projecting to increase the headcount to 205, and the expenditure to go up by 13.0 per cent to \$18.6 million. Given our projected higher expenditure in 2018, this will be another challenging year to fundraise.

A new programme called Give2Children (G2C) will be launched for us to work with companies to encourage their employees to make monthly donations to us as part of their organisation's partnership with Children's Society. We will also continue to explore and harness new ways to use digital platforms to reach out to more donors.

At our Awards presentation ceremony in 2017, our Guest-of-Honour, Mr Ng Chee Meng, Minister for Education (Schools) and Second Minister for Transport, presented awards to 53 deserving volunteers and donors. Their dedication and contribution had gone a long way to help us carry out our work with the children, youth and families in need. It is with deep gratitude that I thank all of them for their time and support.

In conclusion, I would like to express my heartfelt appreciation and thanks to the Executive Committee and Standing Committee members, and our staff for their commitment and good work. We had a memorable 65th anniversary celebration in 2017, and I am thankful to Professor Ho Lai Yun and his committee for organising many events to make our celebration very meaningful. Our journey in the past 65 years to reach where we are today has not been easy and would not have been possible without all of us working together. I am also very thankful to our members, volunteers, donors and well-wishers for staying on the same course with us. I look forward to working closely together with all of you for many more successful years ahead.



Mr Koh Choon Hui *PJG JP*
Chairman
Singapore Children's Society

HIGHLIGHTS OF THE YEAR 2017



1000 Enterprises and 1000 Philanthropists for Children-in-Need Appreciation Dinner

To thank the 1,550 companies and individuals who participated in the 1000 Enterprises for Children-in-Need (1000E) and 1000 Philanthropists (1000P) programmes, the Society held an appreciation dinner on 22 March at the Singapore Marriott Tang Plaza Hotel. Deputy Prime Minister Mr Teo Chee Hean, who is also Coordinating Minister for National Security and Patron of the programmes was the Guest-of-Honour. Mr Lee Bon Leong was appointed as the newest 1000E and 1000P ambassador that evening.

MAR



APR



JUN



Appropriate Adult Scheme for Young Suspects

We were appointed the service provider for the Appropriate Adult Scheme for Young Suspects in February, for a period of two years, by the National Council of Social Service. The first phase of the scheme began on 17 April, supporting young suspects investigated by the Bedok Police Division, the Criminal Investigation Department and the Central Narcotics Bureau's Investigation Division. Our role in the scheme includes recruiting, training, managing and activating the appropriate adults to support young suspects undergoing investigation interviews.

Singapore Children's Society Awards

The Singapore Children's Society Awards took place on 7 June at Pan Pacific Singapore. Mr Ng Chee Meng, Minister for Education (Schools) and Second Minister for Transport was the Guest-of-Honour. A total of 53 donors and volunteers were recognised for their contributions.





Walk for Our Children

About 3,000 participants joined the Society's annual fundraising event Walk for Our Children 2017, held on 30 July at Chinese Garden. Guest-of-Honour Mr Ong Ye Kung,

Minister for Education (Higher Education and Skills) & Second Minister for Defence launched the 2.06-km walkathon themed 'Celebrating Every Step Together'.

JUL



SEP



Bully-Free Roadshow

Themed 'Be the Change, Be Bully-Free', the Bully-Free Roadshow held at NEX shopping mall on 8 and 9 September attracted about 1,900 participants. They were taught the importance of preventing bullying, and provided with tools to deal with bullies and help their victims.



Launch of 28th Project CABIN – GAMES HQ

The Society's 28th Project CABIN was launched by Deputy Prime Minister Mr Tharman Shanmugaratnam, who is also the Coordinating Minister for Economic and Social Policies, at NorthLight School on 22 September. A school-based drop-in facility for character and life skills development, CABINs provide a positive and conducive environment for youth after school hours.

HIGHLIGHTS OF THE YEAR 2017



President's Visit

President of the Republic of Singapore and Patron-in-Chief of Singapore Children's Society Mdm Halimah Yacob visited Sunbeam Place on 11 October to learn more about what we do. She received a warm welcome from the residents of Sunbeam Place and spent an afternoon interacting with the children and youth.

OCT



Charity Gala Dinner

The Society's 65th Anniversary Charity Gala Dinner, which was our final major fundraising event of the year, took place at the Shangri-La Hotel, Singapore on 19 October. President Halimah Yacob was the Guest-of-Honour.



65th Anniversary Conference

As part of our anniversary celebrations, Singapore Children's Society held a 65th Anniversary Conference on 24 and 25 November on the theme of 'Rethinking Success' at the NTUC Centre auditorium. The Conference opened with a lecture on 'Definition of Success – Doing Justice to One's Blessings' delivered by Mr Chan Chun Sing, Minister in the Prime Minister's Office in the morning of 24 November. The afternoon session was a public forum on 'Rethinking Success',

Tribute to Volunteers

In appreciation of the Society's volunteers' hard work and dedication, they were treated to a sumptuous buffet brunch followed by a screening of 'Geostorm' at Golden Village VivoCity on 4 November.



Charity Transparency Awards 2017

The Society was awarded the Charity Transparency Awards 2017 on 15 November by the Charity Council for our transparency and disclosure efforts.

(Photo by Charity Council)



NOV



where four panellists talked about what success and excellence mean to them, and how these notions extend beyond academic achievements.

As a lead-up to the Conference, over 200 youth from Children's Society's centres embarked on a year-long project to fulfil wishes and needs in the community. These acts of kindness were captured in an exhibition called 'Moments of Success', which was displayed on

the first day of the Conference.

The second day of the Conference saw 76 children aged 10 to 12 coming together to express their opinions on what success means to them at the Singapore Children's Forum themed 'What Makes You Shine?'. They dialogued on three topics that concern our children most in their pursuit of success – education, relationship and values.

HIGHLIGHTS OF THE YEAR 2017

The Mettle Challenge

RoundBox @ Children's Society held its inaugural charity fitness event – The Mettle Challenge 2017 – on 9 December at Bishan Active Park. The Challenge aims to encourage our beneficiaries to challenge their fitness limits while raising funds for the Society. Guest-of-Honour was Mr Seah Kian Peng, Member of Parliament, Marine Parade GRC. The event raised over \$7,000 and gave our beneficiaries a renewed sense of purpose.



Community Garden Launch

On 16 December, Student Care Centre (Henderson) launched the 3G Garden – Growing, Garden, Generation, with Thong Kheng Seniors Activity Centre and Bukit Merah View Zone B Residents' Committee, at Block 128A Bukit Merah View. An initiative of the Centre, the garden aims to serve as a learning platform for our children to connect with their natural surroundings, gain practical understanding of nature, and learn to show respect to the elderly by working with them. Guest-of-Honour was Ms Joan Pereira, Member of Parliament, Tanjong Pagar GRC.



DEC



Nation's Top Award for Volunteerism

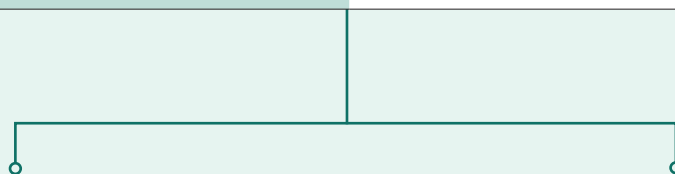
Singapore Children's Society congratulates our Chairman Mr Koh Choon Hui for being awarded the Ministry of Social and Family Development Outstanding Lifetime Volunteer Award, the nation's top award for volunteerism. The Award recognises those who have contributed to the Ministry's causes consistently for at least 30 years, and is its highest accolade. Mr Koh is the fifth person to receive the Award since its inception in 2009.

Honours at National Day Awards 2017

Singapore Children's Society congratulates our Executive Committee member Assoc Prof Teng Su Ching for being awarded the Public Service Star (Bintang Bakti Masyarakat).

ORGANISATION CHART

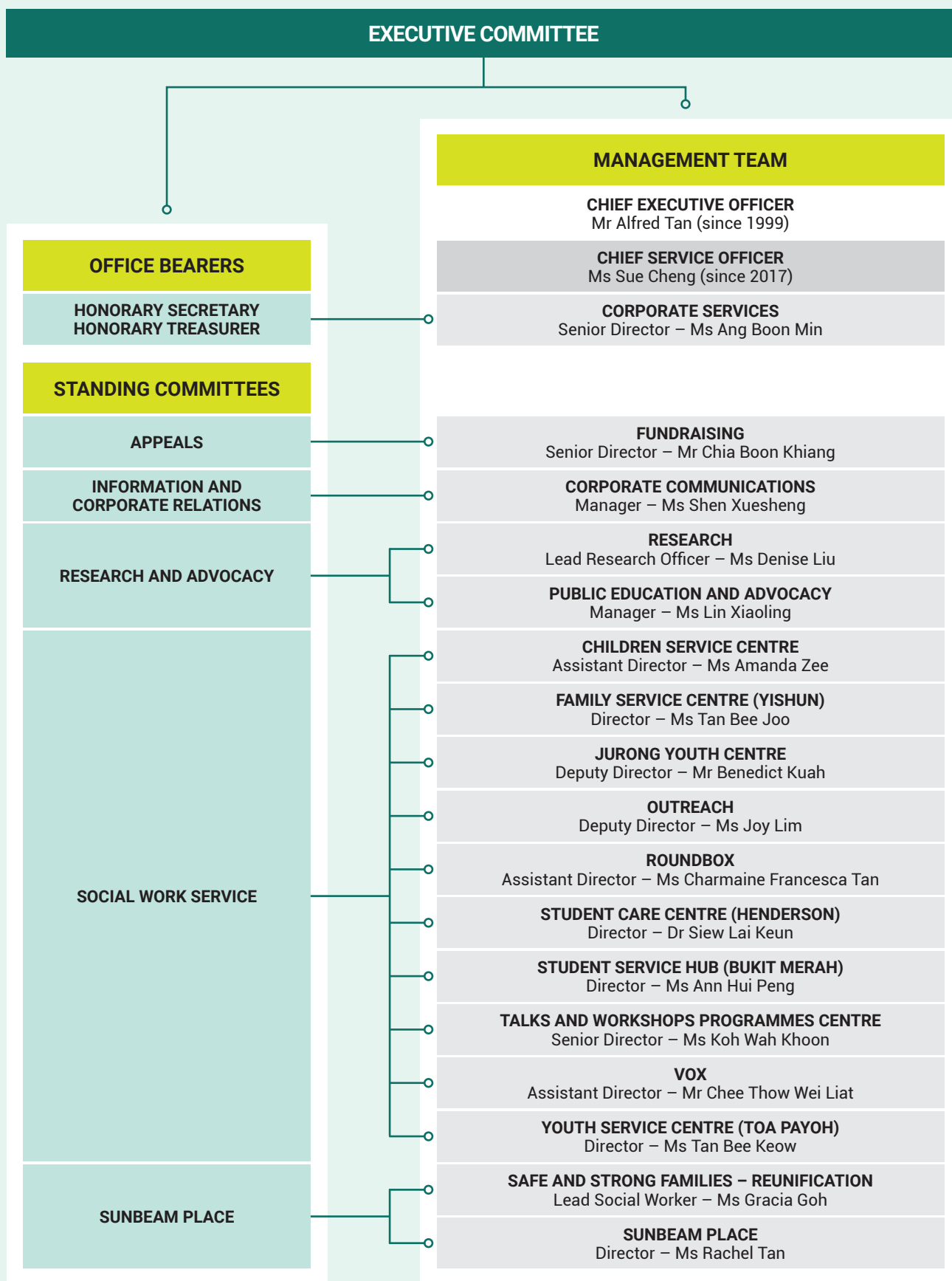
EXECUTIVE COMMITTEE	
Chairman	Mr Koh Choon Hui
Vice Chairman	Prof Ho Lai Yun
Vice Chairman	Mr Tan Suee Chieh
Honorary Secretary	Assoc Prof Cuthbert Teo Eng Swee
Honorary Treasurer	Mr Ho Lon Gee
Honorary Assistant Secretary	Mrs Maria Shiu-Siu Lai Yee
Honorary Assistant Treasurer	Ms Theresa Sim May Ling
Members	Dr Agnes Chang Shook Cheong
	Mr Alex Lee Ka But
	Mr Kurt Wee Chorng Kien
	Assoc Prof Lim Lee Ching
	Mdm Rashidah Bte Abdul Rasip
	Capt Suresh Menon
	Ms Tan Khiaw Ngoh
	Assoc Prof Teng Su Ching
Co-opted Member	Mr Ronald Liew Wing Kong
Nominated Members	Mr Alvin Yapp
	Dr Chan Chee Hoe
	Assoc Prof Isabella Wong Yuen-Fun
	Assoc Prof John Elliott
	Mrs Mae-Lim Hoon Ann



STANDING COMMITTEES	
CHAIRMAN	
Appeals	Mr Kurt Wee Chorng Kien
Information and Corporate Relations	Assoc Prof Lim Lee Ching
Research and Advocacy	Prof Ho Lai Yun
Social Work Service	Ms Tan Khiaw Ngoh
Sunbeam Place	Mr Alex Lee Ka But

OTHER COMMITTEES	
CHAIRMAN	
Audit and Risk	Mr Tan Suee Chieh
Awards	Prof Ho Lai Yun
Crisis Management	Mr Koh Choon Hui
Investment	Mr Ho Lon Gee
Remuneration and Human Resource	Mr Koh Choon Hui

ORGANISATION CHART



CHAIRPERSONS OF SINGAPORE CHILDREN'S SOCIETY

For over 60 years, we are privileged to have had highly dedicated professionals and civic-minded citizens heading Singapore Children's Society.

CHAIRPERSON	YEARS SERVED
Mrs K M Smyth	1952 – 1954
Dr Gopal Haridas	1954 – 1956
Prof E S Monteiro	1956 – 1961
Mr J E Lloyd	1961 – 1963
Prof Wong Hock Boon	1963 – 1965
Mr Francis Thomas	1965 – 1970
Dr M G John	1970 – 1973
Dr Koh Eng Kheng	1973 – 1978
Mr Koh Choon Hui	1978 – Current

NATIONAL DAY AWARDS RECIPIENTS

The following members of our Society were honoured by the Singapore Government for their significant contribution to social service.

The Meritorious Service Medal (Pingat Jasa Gemilang)	
2011	Mr Koh Choon Hui

The Public Service Star (Bar) Bintang Bakti Masyarakat (Lintang)	
1993	Dr Koh Eng Kheng
2001	Mr Koh Choon Hui
2007	Mr S C Lim
2011	Mr Peter Joe Chia

Public Service Star (Bintang Bakti Masyarakat)	
1985	Dr Koh Eng Kheng
1991	Mr Koh Choon Hui
1992	Mr Peter Joe Chia
1994	Ms Susan Verghese
1995	Dr Lim Hwee Leng
1996	Mr Leslie Yong
1997	Mr S C Lim
1997	Dr Ngiam Tee Liang
2001	Dr Stephanie Leonard
2002	Mr Gwee Lian Kheng
2009	Mrs Mae-Lim Hoon Ann
2010	Prof Ho Lai Yun
2013	Mr Wong Yew Meng
2017	Assoc Prof Teng Su Ching

Public Service Medal (Pingat Bakti Masyarakat)	
1980	Dr Koh Eng Kheng
1984	Mr Koh Choon Hui
1984	Mr Peter Joe Chia
1985	Ms Susan Verghese
1986	Dr Lim Hwee Leng
1986	Mr S C Lim
1987	Mr Safdar A Husain
1988	Mr Leslie Yong
1989	Dr Stephanie Leonard
1991	Dr Ngiam Tee Liang
1994	Mr Gwee Lian Kheng
1996	Mrs Mae-Lim Hoon Ann
1999	Mr Yeo Khee Gee
2000	Mr Yew Hang Meng
2003	Assoc Prof Teng Su Ching
2006	Prof Ho Lai Yun
2007	Assoc Prof John Elliott
2013	Mr Alex Lee Ka But

COMMITTEE MEMBERS 2017/2018

Name	Executive	Appeals	Information and Corporate Relations	Research and Advocacy	Social Work Service	Sunbeam Place	Audit and Risk	Awards	Crisis Management	Investment	Remuneration and Human Resource
Mr Koh Choon Hui ¹ <i>PJG, JP</i>	Chairman (since 1978)								Chairman	Member	Chairman
Prof Ho Lai Yun <i>BBM, JP</i>	Vice Chairman (since 2002)			Chairman		Advisor		Chairman	Vice Chairman	Member	Member
Mr Tan Suee Chieh	Vice Chairman (since 2008)						Chairman				
Assoc Prof Cuthbert Teo Eng Swee ² <i>PPA(G)</i>	Honorary Secretary (since 2015)			Advisor *	Member			Member	Member		Member
Mr Ho Lon Gee	Honorary Treasurer (since 2017)							Member (from May)		Chairman	Member (from May)
Mrs Maria Shiu-Siu Lai Yee	Honorary Asst Secretary (since 2014)			Member *							
Ms Theresa Sim May Ling ³	Honorary Asst Treasurer (since 2017)							Member (till Apr)		Member	Member (till Apr)
Dr Agnes Chang Shook Cheong	Member (since 2004)				Vice Chairman						
Mr Alex Lee Ka But <i>PBM, JP</i>	Member (since 1999)			Member	Member	Chairman		Member	Member		Member
Mr Kurt Wee Chong Kien	Member (since 2007)	Chairman						Member	Member	Member	Member
Assoc Prof Lim Lee Ching	Member (since 2013)		Chairman					Member (from May)	Member		Member
Mdm Rashidah Bte Abdul Rasip <i>PPA(P)</i>	Member (since 2011)				Member						
Capt Suresh Menon	Member (since 2016)					Vice Chairman					
Ms Tan Khiaw Nghoh	Member (since 2015)				Chairman			Member	Member		Member
Assoc Prof Teng Su Ching <i>BBM, JP</i>	Member (since 1992)		Advisor					Member (till Apr)			
Mr Ronald Liew Wing Kong	Co-opted Member (since 2016)										
Mr Alvin Yapp	Nominated Member (since 2017)	Member (from May)									
Dr Chan Chee Hoe	Nominated Member (since 2017)					Member					
Assoc Prof Isabella Wong Yuen-Fun	Nominated Member (since 2017)				Member						
Assoc Prof John Elliott <i>PBM</i>	Nominated Member (since 2011)			Vice Chairman #							
Mrs Mae-Lim Hoon Ann <i>BBM</i>	Nominated Member (since 2014)			Member		Member					
Ms Yap Bee Cheng	Nominated Member (till Apr)					Advisor (from May)					

Singapore Children's Society is governed by the Executive Committee which has overall responsibility for policy making and governance. Members of the Committees are volunteers and receive no monetary remuneration for their contribution.

¹ Mr Koh Choon Hui is a Company Director.

² Assoc Prof Cuthbert Teo Eng Swee is a Senior Consultant Pathologist, gazetted forensic pathologist and Branch Director at the Forensic Medicine Division, Health Sciences Authority.

³ Ms Theresa Sim May Ling is a Partner at PricewaterhouseCoopers LLP.

Assoc Prof John Elliott is also the Research Committee Chairman.

Name	Appeals	Information and Corporate Relations	Research and Advocacy	Social Work Service	Sunbeam Place	Audit and Risk	Investment
Dr Alfred Choi Siu Kay			Member (from May)				
Ms Alice Chua Siow Poh						Member (from Sep)	
Dr Alice Seng Seok Hoon		Member		Member			
Ms Anna Irene Wong-Yeow				Member			
Mr Brendon Yeo	Member						
Dr Brian Yeo Kah Loke				Advisor			
Mr Chan Eng Thai					Member		
Ms Chang Rui Hua		Member					
Dr Cheung Hoi Shan			*				
Dr Christina Ong					Member (till Apr)		
Assoc Prof Daniel Fung Shuen Sheng			Member *				
Capt David Eliathamby					Member		
Mr Gwee Lian Kheng <i>BBM</i>							Member
Mr Harry Chua Chin Nam						Member	
Supt James Pang			Member				
Ms Jennifer Quong Kit Man		Member					
Ms Jessie Heng Hwee Koon				Member (from Nov)			
Dr Kevin Koh Tse-Chung					Member		
Ms Koh Hui-Jian					Member (from May)		
Mr Koh Yeong-Kheng	Member						
Dr Lee Jee Mui	Member						
Dr Lena Lee Siow Ling		Member					
Dr Lim Hwee Leng					Advisor (from May)		
Dr Magdalene Chan Oi Yoke <i>PPA(P)</i>			* (till Jan)				
Mr Mohd Khairunan Bin Ali <i>PPA(G)</i>					Member		
Dr Neera Gupta	Member						
Mr Ning de Guzman		Member					
Dr Ong Bee Ping ⁴ <i>PPA</i>					Advisor (from May)		
Mrs Pek-Quek Swee Hee					Member		
Mr Philip Tan Seng Leong <i>PBM</i>						Member	
Prof Phua Kong Boo			Member		Advisor (from May)		
Dr Quah Saw Han			*				
Dr Regina Lee Wan Peng		Member					
Dr Stephanie Leonard <i>BBM</i>					Advisor		
Ms Susan Verghese <i>BBM</i>	Member	Member					
Prof Tan Cheng Lim <i>PPA(P)</i>					Advisor (from May)		
Dr Tan Seok Hui			*				
Mr Thomas Ting	Member						
Dr Warren Lee Wei Rhen			Member				
Asst Prof Wernmei Yong Ade		Member					
Capt Yang Siew					Observer		
Mr Yeo Khee Gee <i>PBM</i>		Member			Member		
Mr Yew Hang Meng <i>PBM</i>	Member				Member		

⁴Dr Ong Bee Ping was the Vice Chairman of the Sunbeam Place Standing Committee till April 2016.

* A member of the Research Committee.



OUR WORK



RECREATING OUR JOURNEY, SHAPING VIBRANT POSSIBILITIES.

In 2017, 65,536 children, youth and families in need benefited from our comprehensive range of programmes aimed at addressing different needs. The programmes are run by our 11 service centres islandwide, offering services in the four categories of Vulnerable Children and Youth, Children and Youth Services, Family Services, and Research and Advocacy. Our 11 service centres are:

- ▶ Children Service Centre
- ▶ Family Service Centre (Yishun)
- ▶ Jurong Youth Centre (DEN @ JYC & GIG @ JYC)
- ▶ Research and Outreach Centre
- ▶ RoundBox @ Children's Society
- ▶ Student Care Centre (Henderson)
- ▶ Student Service Hub (Bukit Merah)
- ▶ Sunbeam Place
- ▶ Talks and Workshops Programmes Centre
- ▶ VOX @ Children's Society
- ▶ Youth Service Centre (Toa Payoh)

01 CHILDREN SERVICE CENTRE

Children Service Centre provides preventive and developmental services for children aged between 5 and 12. With issues ranging from financial hardships and family crises to various transitions a child may experience, many children face unequal opportunities to develop to the best of their potential so as to positively contribute to their families and the society.

The Centre reaches out to these children to inculcate values, develop character and teach life skills, with the aim of pre-empting social problems and delinquency. Through children's camps and programmes such as Sunbeam Friends Club, KidzSHinE @ Bedok (Seeing Hope in Every Kid), KidzREACH @ Siglap and Choo Choo Train, children learn through group activities that develop their socio-emotional learning, resilience and inculcate positive values.

Children's Camps

The Centre conducted two camps for the children during the school holidays. A non-residential camp for 7 and 8-year-olds took place on 6 and 7 September 2017, where 25 participants helped a fictitious character solve challenges such as telling the time and preparing lunch. They also visited KidZania Singapore to explore their future aspirations, where they learned the importance of education in achieving their goals.

On 6 and 7 December 2017, 15 children aged between 9 and 10 attended Camp Gratus, where they were taught the value of gratitude through activities and games. They experienced life without modern conveniences such as public transport and shelter, and had to travel on foot and sleep in tents. Throughout the camp, they were encouraged to express their appreciation for the people around them through words and actions.



Children's Day Celebration

As part of the Children's Day celebrations at Children Service Centre, our children learned to empathise with others and receive joy when they bring joy to others by embarking on a 'mission' to help Aladdin rescue prisoners captured by the evil Jafar. The children were then rewarded with a sumptuous feast at the end of the event.

KidzGO

KidzGO is an outreach play programme that targets children and parents in the community to participate in the Centre's flagship programmes. Social workers and counsellors befriend the children to provide positive

guidance and other community support as necessary. Children also take part in ad-hoc community projects for service learning. In 2017, 503 children aged between 5 and 12 benefited from the programme.

KidzPAL (Kids Play and Learn)

KidzPAL @ East Coast Primary School is a customised 15-session programme that aims to build resilience in children, thereby strengthening their ability to succeed. The psycho-educational group work sessions were conducted in the school over a period of five months for 13 children aged 10 and 11.

Twelve out of 13 children participated in the programme's evaluation and

completed questionnaires measuring resilience before and after they attended the programme. Children showed overall increases in their scores on the 7Cs of resilience (Character, Competence, Confidence, Connection, Contribution, Control, and Coping) after attending the programme. The children also reported a reduction in their use of negative coping strategies when faced with a challenging situation.

Sunbeam Friends Club

Sunbeam Friends Club is a four-month programme for 5 to 8-year-olds to boost their socio-emotional skills, such as identifying and coping with emotions, seeking for help, problem-solving and making friends. The programme was conducted through games, storytelling and role-playing. The children's caregivers were invited to be involved in the programme as they play an important role in the children's upbringing. Two runs of Sunbeam Friends Club were conducted in 2017, benefiting 35 children.

A pilot evaluation involving six children showed that children improved in their knowledge of socio-emotional skills needed for positive coping and peer relations after attending the programme.



"In line with our belief that quality upstream work is crucial in reducing the chances of social problems from happening, a lot of effort has been put in to create children's programmes that are robust and well-evaluated. We are thankful for volunteers, community partners and donors who are aligned with this belief as we strive to bring relief and happiness to children in need."

Ms Amanda Zee
Assistant Director,
Children Service Centre

02 FAMILY SERVICE CENTRE (YISHUN)

Family Service Centre (Yishun) promotes stable family life through various services and programmes, with the primary focus of serving families and individuals, and helping them to achieve independence, stability and resilience. Some of its services include financial aid, casework and counselling, information and referral services, workshops, camps and programmes that focus on helping children in need. The Centre also runs Sunbeam Friends Club and children's camps.

Casework and Counselling

The Centre provides casework and counselling services to families and individuals. Its work involves providing individual and family consultations with the social service professionals on personal, social and emotional challenges in life. In 2017, the Centre handled 566 cases. Some of the major presenting problems of these cases are financial

issues, family violence issues, childcare issues and other family related issues.

The Centre also disburses The Straits Times School Pocket Money Fund to needy students living within its service boundary. In 2017, \$88,035 was disbursed to 175 children from low-income families.

Community Work: Project 269

Project 269 is a community engagement initiative that aims to introduce to the residents of two new rental blocks in Yishun the services the Centre and other social service agencies provide. Staff members conducted door-to-door visits in July and August, and reached out to 159 families in blocks 269A and 269B. The initiative culminated in a family carnival on 10 September 2017, with 244 residents bonding with their families over fun and games,

while learning about the various community resources available to them. A weekly ukulele workshop was also conducted during the school holidays to engage children residents of the rental blocks.

There was an increase in the number of residents seeking assistance from the Centre after the outreach effort. The top three presenting problems of these cases are financial, childcare and emotional issues.

Children's Medical Fund

The Children's Medical Fund (CMF) aims to make quality medical treatment accessible to children below 20 years old, who are Singapore Citizens or Singapore Permanent Residents and come from middle and lower income families, and who are suffering from chronic and/or life-threatening illnesses. Cases are referred by medical social workers from government restructured hospitals.

On 30 January 2013, CMF (S) was created to assist patients who are neither Singapore Citizens nor Singapore Permanent Residents but are born in Singapore and both parents have been either Singapore Citizens or Permanent Residents for at least one year at the time of the applicant's birth, and meet all other CMF eligibility criteria.

In 2017, a total of \$365,352 was disbursed to 24 beneficiaries, of which 22 are from the CMF scheme and two from CMF (S).

Beneficiaries' common illnesses are chronic lung disease that requires breathing support, bilateral profound hearing loss, which requires cochlear implant or hearing aid, and rare diseases like megacystis microcolon intestinal hypoperistalsis syndrome and multiple sclerosis.



A Gift of Hearing

Daniel Sundaram, 5, the youngest child of three siblings, was diagnosed with severe to profound hearing loss in both ears. He was observed to suffer from hearing difficulties in nursery. He did not respond to anyone and was unable to articulate. After losing his sense of hearing totally, Daniel communicated with others through sign language and lip reading. He had to undergo a cochlear implant surgery in order

to regain his speech and hearing abilities. As the cost of the medical treatments was too high for Daniel's father – who is the breadwinner of the family – to bear, he sought help from Singapore Children's Society, which tapped into the CMF and approved a total of \$18,903 for the surgery. Daniel's surgery was a success and is able to hear now. His family remains grateful for the help rendered.



03 JURONG YOUTH CENTRE

Jurong Youth Centre is a community drop-in centre which focuses on engaging children and youth meaningfully to develop their strengths, build their self-confidence and pre-empt a path of juvenile delinquency. The Centre's objective is to promote positive development in children and youth, and reduce and prevent our children and youth from engaging in risky behaviours. It reaches out to children and youth by providing them with a safe, friendly and non-judgemental environment as well as socio-emotional education.

Utilising the Developmental Assets Framework, the Centre focuses on building assets in children and youth. It reaches out to youth aged 13 to 18 through the TeenStart programme conducted at GIG (Gain, Inspire, Give) @ JYC, and children aged 9 to 12 through the TweenStart programme conducted at DEN (Discover, Empower, Nurture) @ JYC.

In 2017, GIG @ JYC saw 116 sign-ups, bringing the total membership to 373 members. Each month, GIG @ JYC received an average of 404 visits from 93 youth. DEN @ JYC saw 54 sign-ups, bringing the total membership to 165 members. Each month, DEN @ JYC received an average of 305 visits from 49 children.

TeenStart

TeenStart is a drop-in service for youth which provides a variety of programmes that range from interest group activities such as yoga, sepak takraw and photography, to public performances. These programmes foster the learning of positive values and character, inspire them to better themselves, and remind them to give back to the community and others. Youth dropping in at the Centre enjoy facilities and receive guidance and mentorship from our staff members, who will support our youth through their difficulties, if required.



OUR WORK

TweenStart

TweenStart is a drop-in service which provides children a safe place to hang out, make friends and learn important life skills with the guidance and support of the Centre's staff members. TweenStart aims to discover children's potential and strengths by providing

a safe, conducive and supportive environment, empower children through development and affirmation of their strengths, and nurture children towards positive lifestyles. The children also formed interest groups such as cooking, drama and singing.



"Thank you for your excellent job in engaging the youth by keeping them off the streets and preventing unwanted trouble. The outings you have organised are so interesting that I would also love to join, as we did not have these opportunities when we were young!"

Ms Cindy
Parent of Ryan, 12,
member of DEN @ JYC

Camp iDENTITY

DEN @ JYC conducted its first overnight camp in 2017. Themed 'Rojak', the three-day camp was conducted during the March school holidays to raise cultural awareness and acceptance among children. The camp benefited 25 children.



YouthGIG

YouthGIG is an annual giving back project which aims to provide our youth an opportunity to gain self-confidence through finding and showcasing their strengths, inspire other youth and spread a positive message, and give back to the community by taking on roles and responsibilities through presenting this outreach programme to the local community.

With our youth playing an increasingly significant role in the planning of the event and understanding its intent, YouthGIG has progressed from an annual concert to giving back to the community. Themed 'Be the Change', 31 youth embarked on a series of giving back projects such as distribution of food rations to families in need and children whose parents were incarcerated, painting of yellow lines on steps along the pedestrian walkways,

and organising a family bonding day for children in the neighbourhood.

YouthGIG concluded with a three-day camp in December which aims to challenge the youth to get out of their comfort zone, and connect with others without their mobile devices. It also allowed the youth to showcase their good deeds they had done throughout the year.



04 RESEARCH AND OUTREACH CENTRE

The Research and Outreach Centre houses four teams with distinct work scopes.

The Research team conducts research to shed light on issues relating to children, youth and families in Singapore. Research findings are published in journals, monographs and bulletins, and are presented at appropriate platforms to inform services.

The Public Education and Advocacy team reaches out to young children to teach them ways to protect themselves from sexual abuse. An annual lecture is also organised in which a subject expert speaks on a topic relating to children.

The Outreach team carries out direct service work. Social workers and counsellors work on projects to ensure that children do not miss out on education.

The team from the Safe and Strong Families – Reunification service helps children who have been placed in foster or institutional care to be reunified with their families.

Compulsory Education Casework

The Compulsory Education Act was implemented in 2003. According to the Act, a child of 'compulsory school age' is one between the ages of 6 and 15. Under the Act, a child born after 1 January 1996 and is a citizen of Singapore residing in Singapore, has to attend a national primary school regularly unless he or she has been exempted from compulsory education.

Since our first Agreement in 2003 with the Ministry of Education (MOE),

353 children have been referred to the Society. Our caseworkers engage and support parents to ensure their children's regular school attendance. In addition, we work alongside various agencies to address barriers to the children's school attendance, ensuring that financial, housing, caregiving and school related difficulties do not stop a child from attending school.

In 2017, we had 13 referrals, of which seven involved children who were not registered for school and six were children who had poor school attendance.

In the same year, 15 children, many of whom were children we had worked with previously and whose cases we have closed because of satisfactory outcome, sat for the Primary School Leaving Examination. Of these 15 cases, nine of them were posted to secondary schools or specialist schools such as NorthLight School and Assumption Pathway School.



Pre-school Education Outreach and Casework

Pre-school education lays a child's academic foundation. In 2006, Singapore Children's Society took up the invitation by the then-Ministry of Community Development, Youth and Sports and People's Association to develop guidelines to train Grassroots Leaders to call on households with children aged 5 and 6 not registered at pre-schools. We joined the outreach work in 2009.

Working closely with the Early Childhood Development Agency (ECDA), we received 485 referrals in 2017, comprising 3, 4, 5 and 6-year-olds who were not enrolled in any childcare or kindergarten centres. Our caseworkers worked with families to support the placement of these children into pre-schools. Families that needed financial support were pointed to the relevant subsidies.

In 2017, we reached out to a total of 820 pre-school children and worked with their families to ensure they were enrolled in a pre-school centre and maintained regular school attendance. These include children who were referred the previous year but whom we were still working with in 2017 on school related issues.

Between October and November 2017, nine weekly sessions of Bridging Programme were conducted to provide a foundational academic kick-start for kindergarten two children who were still not registered at pre-schools but would be starting primary one the following year, for 12 children. The programme saw volunteers of BlackBox Learning Centre coach our children on basic literacy and numeracy skills.



OUR WORK

Project LADDER

Project LADDER is a joint initiative with the Singapore Prison Service that allows children whose parents are incarcerated to maintain regular contact through tele-visits. Inmates receive visits either through face-to-face visits at the Prison complex or through tele-visits via video conferencing facility provided at Prison Link centres or tele-visit facilities run by voluntary welfare organisations (VWOs) and community agencies.

To use our facilities, the inmate must have at least one child aged below 16 at the point of intake, and the family is required to bring the children along for each visit.

Our tele-visit facility provides a non-threatening and conducive environment for the children to visit their parents. We also incorporated child-friendly features at the Centre, such as allowing young children to bring a toy from our playroom into the tele-visit room as well as allowing the family to bring in a birthday cake to celebrate the child's or inmate's birthday.

In 2017, 837 tele-visits were conducted at the Centre which presented us with opportunities to engage the family members, particularly the primary caregivers

and children. We find out how they are managing with the inmate's incarceration and may offer counselling or relevant support. We also explore if the family is in need of assistance and may direct them to community or government agencies for financial, employment or housing problems. We also check in with the school-going children to ensure that their educational needs are met.

We follow up and keep in touch with the family as long as they use our tele-visit facilities. After the inmate is released, we will check in to see how the family is coping and refer them to additional support, if necessary.

Presently, we have two playrooms and two tele-visit rooms. In 2017, 333 children used our facility.



(Photo is a re-enactment of a tele-visit session.)

Child Abuse and Neglect Prevention Talk

The Child Abuse and Neglect Prevention Talk aims to raise awareness on four types of child abuse – physical, sexual, emotional abuse and neglect. It builds on participants' knowledge to recognise the signs and symptoms of abuse, as well as knowing the proper management of suspected abuse incidences. Targeted at primary and secondary caregivers, we have been receiving requests to conduct the talk for youth volunteers and pre-school educators. We reached out to 146 people in 2017.



KidzLive: I Can Protect Myself (Direct Delivery)

KidzLive aims to impart body safety skills to young children to prevent sexual abuse. Through interactive approaches such as storytelling and a song, this programme teaches children to identify their private body parts, differentiate between appropriate and inappropriate actions and behaviour, and to know what to do if they are caught in potential sexual abuse situations.

This programme is conducted in pre-schools upon request, and we reached out to more than 1,400 kindergarten two children across 66 pre-school centres in 2017.



KidzLive: Empowering Children with Body Safety Skills (Parents' Talk)

Our Parents' Talk aims to enhance caregivers' knowledge on child sexual development milestones and what constitutes normal and inappropriate sexual behaviour. This talk also provides tips to help parents discuss with their children about body safety and to reinforce these skills.

As part of our efforts to advocate the teaching of body safety skills to children, we presented our work at three different platforms in 2017:

- The ASEAN Intergovernmental Commission on Human Rights- The ASEAN Commission on the Promotion and Protection of the Rights of Women and Children (AICHR-ACWC) Training Workshop on the United Nations Convention on the Rights of the Child (UNCRC). (July)
- The Singapore Mental Health Conference. (September)
- The ASEAN-UNICEF Symposium on 'Leaving No One Behind' held in Bangkok, Thailand. (September)

KidzLive: Empowering Children with Body Safety Skills (Teachers' Training Course)

In 2017, we started a Teachers' Training course which is listed in the Continuing Professional Development Courses endorsed by ECDA. This course seeks to

enhance the knowledge, skills and practices of early childhood educators. We conducted five training sessions for a total of 104 educators in the year.



OUR WORK

Research Studies

Singapore Children's Society conducts, stimulates, and supports research on issues relating to the well-being of children. Presently, a total of six studies at different stages are in the works.

Compulsory Education Casework Research

Since 2003, Singapore Children's Society has worked with families whose children do not attend school regularly (Non-attendance; NA) or are not registered for school (Non-registration; NR). In our continued efforts to improve our service delivery, one of our caseworkers embarked on two practice research studies to gain a better understanding of the profiles of our beneficiaries, identify key interventions, and determine the outcomes of our beneficiaries. In 2012, we conducted a case

file review of 206 cases closed between 2003 and 2012. In 2017, we conducted further analyses and found that NA children who attended pre-school were more likely to have regular school attendance in primary school, and pass their PSLE on their first attempt, as compared to children who did not attend pre-school. We also found that children who received intervention that focused on monitoring and improving their attendance and helping them to cope in school were more likely to have better outcomes, compared to children who did not receive such intervention.

In a follow-up study in 2015, 48 one-on-one interviews were conducted with children and their families whom we had worked with from 2003 to end-2014. These interviews allowed us to gain further insights into our beneficiaries' perception of education, perceived helpfulness of intervention and their perception of caseworkers – information that was otherwise not available in case files.

Findings have been shared with relevant ministries and with our caseworkers, and are being written up for journal publication.

Factors Associated with Contact between Caregivers, Children and their Incarcerated Parents

Prison inmates who have more contact with their families experience better mental health and higher likelihood of family reunification post-incarceration. However, many inmates do not maintain regular contact with their families. Singapore Children's Society provides services to enable children to maintain contact with their incarcerated parents and to build healthy family relationships.

An example is Project Relate, a programme that aims to raise awareness on the importance of parenting and equip participants with relevant knowledge and skills to maintain and/or improve relationships between offenders and their families while they are incarcerated.

From the feedback gathered during Project Relate, practitioners realised that multiple factors were affecting the participants' ability to successfully maintain or improve relationships with their family

members. As little is known about the factors affecting contact between incarcerated parents and their children in Singapore, this study aimed to investigate (1) the factors that encourage children and their caregivers to maintain contact with inmates, (2) the barriers children and their caregivers face in maintaining contact with inmates, and (3) impact of prior and current relationship on contact with inmates.

Face-to-face semi-structured interviews were conducted with 11 caregivers and 12 children. Findings indicated that caregivers played a critical role in influencing the relationship between children and their fathers. However, prison visitation policies made it challenging for children to maintain relationships with their fathers. Preliminary findings were presented in May 2017, at the 4th International Conference on Practice Research in Hong Kong.



Infant Attachment Study

Traditionally, mothers have been homemakers and the primary caregivers to their children. In Singapore, this role has been changing as more mothers return to work. We started this study to find out how caregiving arrangements, mother-child attachment, and child temperament would affect the development of infants in

Singapore. In collaboration with KK Women's and Children's Hospital, we interviewed 439 first-time mothers when their infants were 4 months old, 18 months old, and 3 years old. The interviews were conducted between 2007 and 2014. We found that infants who had more secure mother-child attachment had better socio-emotional development when they were 3 years old. We also found that there is no one 'best' caregiving type

– there was no difference in mother-child attachment and developmental outcomes between infants cared for by their mothers, grandmothers, or other caregivers.

Key findings were summarised in a newsletter that was published in conjunction with our 65th Anniversary Conference. More findings from the study can be found in our upcoming monograph.

Public and Professionals' Perceptions of Child Abuse and Neglect

Public perceptions of child abuse and neglect are thought to differ across cultures and change over time. As perceptions of abuse have been associated with attitudes to reporting instances of child abuse and neglect, understanding public perceptions can inform public education efforts aimed at promoting the early identification and reporting of child abuse and neglect in Singapore. In the present study, we compared the perceptions of 401 respondents

surveyed in 1994 with those of 400 respondents surveyed in 2010. Our findings suggest that over time, the public continued to perceive highly severe behaviour as abusive, but were more tentative in labelling ambiguous behaviour as abusive. We also found that the more public perceived behaviour as being abusive, the more likely that they were to endorse the reporting of child abuse and neglect.

These findings on the changing public perceptions of child abuse and neglect were presented during the AICHR-ACWC Workshop Training on the UNCRC on 14 July 2017 and the

ASEAN-UNICEF Symposium on 'Leaving No One Behind' on 29 September 2017.

We have also examined the perceptions of child abuse and neglect of professionals such as doctors, nurses, educators, social workers or counsellors, and police officers. In March 2017, we attended an event organised by DataKind Singapore, where data professionals assisted us with advanced statistical analyses of the study data involving professionals' perceptions of child abuse and neglect. Both studies are currently being written up for journal publication.



OUR WORK

Resilience Study



As many of our service centres provide programmes and intervention to build resilience in children and youth, resilience was identified as a key research area that would be relevant to practitioners. To find out practitioners' research needs, we conducted 10 focus group discussions with 49 practitioners from 11 service centres. Our findings indicated that practitioners tended to adopt a beneficiary-centric approach in their conceptualisation of resilience, focusing on modifiable protective factors such as the child or youth's strengths and social support systems. These findings were presented at the Singapore Mental Health Conference in September 2017.

Our findings were used to inform the design of a research study on resilience among young adolescents from low-income families. The study aims to investigate the impact of risk factors such as poverty and abuse on adolescents' psychosocial and academic outcomes. We also aim to determine whether the presence of protective factors such as social support, self-regulation, and parenting, can mitigate the impact of such risk factors. Data collection has commenced.

The Impact of Cyber Environment on Adolescents

How are unique challenges in the online world, such as cyberbullying and Internet addiction, affecting our adolescents' well-being and behaviour? Understanding these challenges would help us in our advocacy efforts and the development of programmes and interventions to prevent bullying. This study, in collaboration with the Institute of Mental Health, examined current trends in traditional bullying, cyberbullying and Internet addiction, and the impact of bullying on adolescents' physical and mental well-being. Data was collected from

3,319 adolescents from 28 schools in Singapore, and findings are being written up for journal publication. Findings were also presented at the regional workshop of the International Society for the Study of Behavioural Development (ISSBD), held at Bandung, Indonesia, in July 2017.

Beyond disseminating our findings via conference presentations and journal publications, we also aim to help practitioners translate research findings into practice. With this in mind, we held our first 'Research 2 Practice' session with 20 practitioners from our centres, to discuss how our findings can be applied to service delivery and programme planning.

Programme Evaluation and Research Workshops

Besides conducting primary research, we also support service centres' efforts in programme evaluation and research. In 2017, we provided consultation and support for 21 programmes. On 18 January 2017, we also organised the 3rd Programme Evaluation Workshop held at the Lifelong Learning Institute. During the workshop, which was attended by 111 staff members and volunteers, representatives from our centres presented evaluations of their programmes and received feedback from a panel of experienced evaluators. They included Research Committee Chairman Assoc Prof John Elliott, Research Committee member Dr Quah Saw Han, and Dr Justin Lee from the

Institute of Policy Studies. Practitioners gained valuable insights on the different evaluation methods from their colleagues from other centres and from the panellists.

Our evaluation of the Choo Choo Train programme was also featured as a case study by Just Cause, an organisation that aims to promote impact assessment in the social service sector.

In order to encourage practitioners to use research findings to inform their programmes and services, we also conducted literature review workshops for 54 staff members from seven centres.



Research Bites

Research Bites, our bi-annual research newsletter, aims to make research findings accessible to practitioners and members of the public. In 2017, we published two issues featuring topics such as parenting, cyberbullying and child temperament. To date, over 2,000 practitioners and members of the public have subscribed to our newsletter.



Research Grants

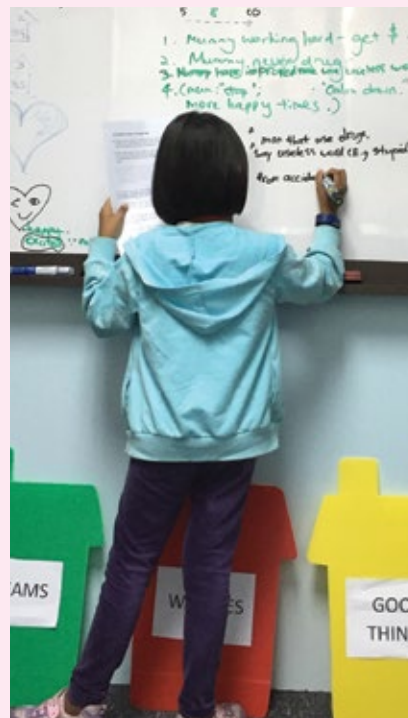
To stimulate research in the area of children, youth and families, Singapore Children's Society offers research grants to undergraduates and postgraduate students conducting relevant research as part of their coursework. In 2017, \$1,915 was awarded to three successful applicants.

Research Internship Programme

The Research Internship Programme aims to provide psychology and social work students with the opportunity to gain research experience in an applied setting. In 2017, 10 research interns participated in our internship programme, including two students from Temasek Polytechnic's Psychology Studies Diploma programme.

Safe and Strong Families – Reunification

Singapore Children's Society was appointed by the Ministry of Social and Family Development alongside fellow community partners, to run the pilot programme Safe and Strong Families – Reunification (SSF-R) from January 2017. This intensive family reunification service is aimed at helping children who have been placed in foster or institutional care, to be reunified with their families again. "When can I go home?" is an enduring question and hope many of these children have. It behoves us to protect both priorities, to keep children safe and families intact. In spite of the complex and chronic difficulties families may face, there is hope for these families to become stronger and able to care for their children again, if we rally together to support them. In 2017, Singapore Children's Society received a total of 43 referrals.



"Serene and the rest of the officers are here for me. I feel safe and so touched that they care for me and my family."

Mdm Neha, 20

Parent whose child is in the process of being reunified with her

05 ROUND BOX @ CHILDREN'S SOCIETY

RoundBox @ Children's Society is a youth drop-in centre that aims to promote positive development while reducing and preventing at-risk behaviour. The Centre uses the Sports and Arts (SPAR) Framework to reach out to youth in a supportive and nurturing environment. Youth are ingrained with positive character building values such as respect and responsibility, while developing skills and interests such as football, fitness and jam band.

The Centre also provides platforms for youth to showcase their talents through performances and friendly competitions. Other events and programmes included cooking and rock climbing workshops, home cleaning for the elderly, leadership programmes and a performance at the Children's Charities Association.

RoundBox had 256 new sign-ups in 2017, bringing the active membership to 388 members. Each month, the Centre received an average of 400 visits from 80 youth. The evaluation scores for the youth showed an improvement in resilience, responsibility, and social connectedness after participating in the Centre's programmes.

PEAK

PEAK involves leadership and mentorship programmes designed to help youth achieve their best in themselves, and develop their maturity and problem-solving skills. On 6 June 2017, 12 youth from the PEAK programme spent a day

cleaning the homes of three elderly beneficiaries from Lions Befrienders. Members of the jam band performed a medley of English, Chinese and Malay songs for the elderly in the activity centre thereafter.



QUEST

QUEST involves sports and arts based intervention programmes that are specifically designed to develop positive social and moral values in youth. The majority of the QUEST programmes are initiated and driven by youth, which empower them to take their passions and interests to the next level.

Youth from RoundBox's photography interest group organised a photo exhibition showcasing the Toa Payoh neighbourhood called My Toa Payoh, Our Stories. Nine photographs

taken by our youth were selected for display around Toa Payoh, forming an exhibition trail where audiences could view the photographs while discovering one of the oldest estates in Singapore. The project was officially launched by Mr Chee Hong Tat, Senior Minister of State for Health, and Communications and Information, and Advisor to Bishan-Toa Payoh GRC GROS on 12 August 2017. The exhibition ran from 12 August to 28 December 2017 and was supported by the Housing & Development Board.



REACH

The REACH programme aims to inculcate positive qualities such as respect, responsibility and safety in youth through value-based engagement and teachable moments. Together, youth and staff

members create a positive culture that cares for one another and the community at large. In 2017, the youth organised activities such as football competition and cookouts for the RoundBox family.



"I find the work in RoundBox very meaningful. It provides a conducive environment for these youth to hang out and learn positive values."

Simon

*Volunteer at RoundBox @
Children's Society*

06 STUDENT CARE CENTRE (HENDERSON)

Student Care Centre (Henderson) started as a before-and-after school care service provider for primary school children who mainly come from low-income, single-parent and/or distressed families, and who are left at home without adult supervision.

Since 2013, the Centre switched to providing after school care services as most primary schools in the vicinity have switched to single session operation. Nonetheless, the Centre continues to serve its constituents in the Henderson neighbourhood by providing outreach service through working with grassroots organisations and neighbouring pre-schools.

The Centre provides a nurturing environment where children are given the opportunity to enhance their emotional, intellectual, social and physical development through various activities and programmes. They include daily homework supervision, the Group Reading Programme, Number Ninja and values-based programmes. The Centre also reaches out to pre-school and primary school students in the neighbourhood through its Choo Choo Train, KidzSHinE @ Henderson and Values Talk @ Henderson programmes.



Choo Choo Train

Choo Choo Train is a programme which aims to instil good character values in pre-schoolers aged 5 and 6, to guide them to relate to people around them positively.

In 2016, staff members at our Children Service Centre redesigned the Choo Choo Train package to an eight-session programme covering four values of respect, honesty, responsibility and compassion in the form of a 'town line', where exciting stories unfold at each town during the train journey. The stories comprise a series of interactive games and activities that include role-playing and discussions that help children internalise the values that were taught.

In 2017, our Children Service Centre and Student Care Centre (Henderson) jointly conducted the programme at PCF Kindergartens and My First Skool Childcare Centre in Henderson and Bedok. A total of 596 kindergarten one and two children participated in the programme in 2017.

According to programme evaluation results, Choo Choo Train was effective in instilling the four positive moral values among pre-schoolers to varying extents, with the children showing the most consistent improvements in learning the value of honesty.

KidzSHinE @ Henderson

KidzSHinE (Seeing Hope in Every Kid) is a drop-in programme which caters to children aged 9 to 12. It is conducted every Wednesday and Thursday by staff members and volunteers. The programme comprises several components such as homework supervision, support group sessions and playtime, thereby reducing the risk of them being subjected to potential negative influence. The children also get to learn life skills and good values such as respect, responsibility and problem-solving skills through meaningful activities. In 2017, 73 children benefited from KidzSHinE.



Number Ninja

Number Ninja aims to help primary school students at the Centre build a good foundation in mathematics, and develop their critical thinking and problem-solving skills. The weekly programme, which was first introduced in 2017, is executed through purposeful

play such as games and activities to help children learn and understand mathematics in a fun way. It also helps to build their self-esteem and develop positive attitudes towards the subject. The programme benefited 55 children in 2017.



Behavioural Systems

The Centre has two behavioural systems in place to create an orderly environment and instil a positive centre culture. The 'Play-zone' system, also known as the 'traffic light system', tracks the children's conformity and obedience to the rules at the Centre. Each child will be given 45 minutes of play time each day (green zone). If the child is disobedient, his or her play time will be reduced to 20 minutes (yellow zone). If the child repeats his or her bad behaviour, he or she will not get to play at all (red zone). The 'Best Behaved

Student' and 'Most Improved Child' of the month will each receive a reward of their choice within a budget of \$5.

The 'Lodestar' system encourages children to be responsible and motivate them to exhibit desirable behaviour through a star system. Each child earns stars upon diligent completion of the routines such as having lunch and participating in enrichment activities. The stars can be used to redeem items including stationery, food, and at times, donated bicycles and Lego sets.

"When talking to children, we use open-ended questions. We encourage them to have minds of their own and think out of the box. Every child has his or her way of communicating; sometimes they prefer to express themselves through gestures or art. There are times their responses will surprise us and challenge how we think. It is through such interactions that we discover their wonderful ingenuity and strengths unfolding over time."

Dr Siew Lai Keun
*Director, Student Care Centre
(Henderson)*

07 STUDENT SERVICE HUB (BUKIT MERAH)

Student Service Hub (Bukit Merah) reaches out to youth in secondary schools through Project CABIN, a school-based after school drop-in programme, and advocates a bully-free culture in schools through the Bully-Free Programme. The Centre also houses the Tinkle Friend Programme, which runs the Tinkle Friend Helpline and Online Chat — a national toll-free helpline and chatline, respectively, for primary school children in Singapore. It also manages the Appropriate Adult Scheme for Young Suspects, which includes recruitment, training and matching of suitable volunteers to support a child undergoing police interviews, and oversees the Vulnerable Witness Support Programme, which provides support for vulnerable children who are providing evidence in court.

Bully-Free Programme

The Bully-Free Programme was started in 2004 to address the issue of school bullying and highlight its detrimental impacts on the parties involved. The programme aims to promote a safe and supporting culture with a zero tolerance towards bullying, and raise awareness among children, youth, parents, teachers and counsellors through talks, workshops, roadshows, campaigns and camps.

Bully-Free Ambassadors' Training Camp

The Bully-Free Ambassadors' Training Camp aims to train students from each participating school as Bully-Free ambassadors, where they will be equipped with knowledge to run a Bully-Free campaign for their respective schools. This not only reinforces the Bully-Free message in schools, but is also effective in transmitting the values to other students.



Bully-Free Campaign

The Bully-Free team has actively been involved in spreading the Bully-Free message to both local and international schools via talks, workshops and campaigns. Through these strategies, we raised awareness on the bullying topic and taught students how to manage and overcome bullying.





Project CABIN: Project On the Spot

On 26 August 2017, 54 students from nine CABIN schools faced off in a scavenger photo hunt competition held at Sungei Buloh Wetland Reserve. Called Project On the Spot, participants are required to carry out the activity without their mobile devices. The activity aims to foster social connection and encourage face-to-face communication amongst the youth.

Tinkle Friend

Tinkle Friend Helpline (1800 2744 788) is a national toll-free helpline for primary school children who need a listening ear. An online equivalent service, the Tinkle Friend Online Chat (www.tinklefriend.sg), is also available to children.

Manned by trained staff and volunteers, both services provide

support, advice and information to lonely and distressed children, especially in situations when their parents or main caregivers are unavailable. In 2017, 123 Tinkle Friend assembly talks were conducted in primary schools nationwide.

To reach out to more children, Tinkle Friend articles were published in three

issues of the Little Red Dot, a weekly publication by The Straits Times for primary school readers, and one article ran in Thumbs Up, a Chinese newspaper for students between primary three and six in 2017. Tinkle Friend posters were distributed to primary schools in Singapore to ensure that the students are aware of the services available.

Singapore Children's Forum

Themed 'What Makes You Shine?', the Singapore Children's Forum 2017 saw 76 children representatives convene and discuss what success means to them, following a three-day pre-forum orientation. Organised as part of our 65th Anniversary Conference at NTUC Centre Auditorium on 25 November

2017, the Forum was conducted in a television programme format, which saw children acting out on stage what success means to them via the commercial segment of the television show. This was followed by chit-chat sessions, or discussions with staff facilitators, where the children dialogued on

three topics that concerned them most in their pursuit of success – education, relationship and values. Members of the public also had the opportunity to ask the children for their views through a telephone booth segment. Over 72 per cent of the participants rated the Forum positively.

OUR WORK

Programmes That Support Vulnerable Children and Youth: AAYS and VWSP

Appropriate Adult Scheme for Young Suspects

In 2017, Children's Society was appointed the service provider for the Appropriate Adult Scheme for Young Suspects (AAYS) which aims to support young suspects below the age of 16 who have been called in for police interviews by providing an appropriate adult, who is a neutral party to be present during the interview to assist and provide emotional support to the young suspect. If necessary, the appropriate adult will also aid communication between the young suspect and the investigation officer. The child will feel supported as the appropriate adult will look out for the child's well-being during the interview.

Vulnerable Witness Support Programme

Singapore Children's Society has been supporting the Vulnerable Witness Support Programme (VWSP) since 1998, with staff members and volunteers trained to provide emotional, non-evidentiary and practical support to child witnesses in criminal cases. In 2016, the VWSP was extended to the Family Justice Courts which provides emotional support to child witnesses in Personal Protection Order trials and prepares them for court proceedings. These children may feel vulnerable because they are either victims or witnesses of adverse situations, and they may feel uneasy about the upcoming trials.

"It had been a great partnership working with Singapore Children's Society on the Appropriate Adult Scheme for Young Suspects. Hui Peng's team has been proactive and anticipated challenges early, which enabled us to address issues quickly and effectively."

Mr Anjan Ghosh
*Director, Service Planning &
Development, National Council of
Social Service*

08 SUNBEAM PLACE

Sunbeam Place is a residential home and gazetted place of safety for children who have been abused and neglected and are in need of protection, or whose parents are unable to provide proper care.

The children's welfare, safety and needs are at the centre of its care. The Centre provides a home-like and loving environment for children and youth aged between 2 and 21. It prepares our beneficiaries and their families for reunification through casework and counselling. For those who are unable to reunite with their families, Sunbeam Place provides a wide range of programmes to develop their strengths and skills to help facilitate a smoother transition when beneficiaries are discharged from the Centre and on their own as young adults.

In line with the Ministry of Social and Family Development's initiative to preserve families or reunify as many children safely with their families as possible, Sunbeam Place saw fewer admissions in 2017. However, those who came through its doors require intensive support from staff members. In 2017, the average monthly residents it cared for was 59 as compared to 64 in 2016. In addition, Sunbeam Place followed up with 88 children from 67 families for after-care in 2017.

X-Factor Finale 2017

On 26 May 2017, Sunbeam Place held the X-Factor Finale, a platform for the residents to showcase their talents and an opportunity for the Centre to engage the families of the residents. A total of 20 participants performed before an audience of over 40 guests and Centre staff. Many who attended were impressed by the courage and creativity of the performers.



Camp V-Nest

A total of 25 Sunbeam Place residents aged 8 to 15 were involved in Camp V-Nest on 4 and 5 September 2017 held at the Centre and HomeTeamNS. The two-day camp aims to impart values such as respect, resilience

and responsibility to its residents through games and activities such as the high elements obstacle course, and skits. The participants were rewarded with a yummy barbecue dinner at the end of the camp.



"Respect is not making fun of others. Responsibility is about taking care of others. Resilience is to never give up."

10-year-old camp participant on what she has learned from the camp

OUR WORK

Children's Day Carnival

On 6 October 2017, a Children's Day Carnival was organised to engage the families of the residents. Parents were invited to play games such as Toss the Ring and three-legged race with their children.

The residents were then able to redeem prizes with the points gained from playing the games. A total of 56 residents, six ex-residents and 18 family members joined us at the event.



"The carnival is enjoyable. May I request for Sunbeam Place to organise more of such programmes for me to have fun with my children?"

Mother of two Sunbeam Place residents

Home Retreat

A total of 52 residents and 21 staff trooped to the Aranda Country Club for an overnight stay for their annual Home Retreat on 20 and 21 November 2017. The residents enjoyed the camaraderie and had a splashing great time at the Wild Wild Wet water park in the afternoon and concluded their stay with a barbeque dinner.

Feedback from the residents was positive as 80 per cent of the respondents indicated that they have bonded with fellow residents and staff, and 10 per cent felt that they did not have enough time to bond.



09 TALKS AND WORKSHOPS PROGRAMMES CENTRE

Talks and Workshops Programmes Centre aims to promote the well-being of children, youth, parents and caregivers through talks and workshops conducted in a fun and experiential manner. Our programmes for children and youth are designed to meet their socio-emotional needs. The Centre also conducts training for teachers with the objective of imparting knowledge and skills to these professionals who have been tasked to mould our future generations.

Project Relate

Project Relate is a family programme that aims to raise awareness on the importance of parenting and equip participants with relevant knowledge and skills to maintain and/or improve relationships between offenders and their families while

they are incarcerated. It also serves as a platform to provide socio-emotional support for the children, youth and caregivers. In 2017, 20 families comprising 79 inmates and their family members, benefited from the programme.



"My daughter's behavioural problems and studies improved tremendously after the open visit, while my son emerged top of his class in the mid-year exams after failing consistently. I feel very proud of them. My attitude towards my mother (who is the primary caregiver to my two children) has also changed for the better."

Participant of Project Relate

Storm Riders

Storm Riders is a 10-session anger management intervention programme for children from primary three to five. They learn effective communication, emotional management and regulation techniques, as well as positive conflict resolution skills. Various hands-on activities, audio visuals and group discussions were used as part of the curriculum methodology. Four runs

were conducted, benefiting a total of 45 children from three primary schools. Pre- and post-evaluation tools were administered to the participants to find out how they have benefited from the programme. In addition, the school teachers also participated in a pre- and post-assessment that observes the social adaptive classroom behaviours of the participants, as viewed and

defined by their teachers. The overall outcome was positive. The results appeared rather promising. After attending Storm Riders, children were significantly less likely to react aggressively (both behavioural and cognitive) to hypothetical anger situations. Teachers also observed significant improvements in the children's behaviour in classroom.

OUR WORK

Talks and Workshops

In 2017, the Centre conducted 102 sessions of school-based programmes and parenting programmes. These talks and workshops were aimed at imparting knowledge and skills to equip students with socio-emotional skills and life skills. Topics included 'Anger Management', 'Peer

Pressures', 'Stress Management' and 'Self-esteem'. Parenting talks have also been extended to include new topics such as 'Art of Setting Boundaries for Teens' and 'Preparing for Primary School'. Some of the popular topics include 'Psycho-emotional Needs of Children' and 'Love Languages'.



"We learned how to tackle the problems that children face in everyday life during the talk on psycho-emotional needs of children, such as through motivating them, devoting time and playing with them. This helps our children to build their confidence."

Parent of a pre-schooler

10 VOX @ CHILDREN'S SOCIETY

VOX @ Children's Society is a drop-in centre that serves youth aged between 13 and 18. In modelling its intervention on the Positive Youth Development Framework, the Centre aims to impart the 5Cs – Caring, Character, Competence, Confidence and Connection – to the youth through developmental programmes and sports. Youth who require more targeted help will be given the necessary support through casework and counselling.

In 2017, VOX had 139 new sign-ups, bringing the total membership to 314 members. Each month, the Centre received an average of 533 visits from 142 youth.

VOX adopts an adapted version of the Positive Youth Development Very Short Form (PYD-VSF) to track the youth's progress in positive youth development. Among 73 youth who participated in Project Vantage, Project Vessel or received casework and counselling, 53% have maintained or improved their scores six months later. As for the 43 youth who used the drop-in services but did not participate in other programmes, only 39% maintained or improved their scores six months later.

Project Vantage

Project Vantage is an initiative to help youth launch different interest groups. A project that was kicked off in 2017 was gymnastics, where Alpha Gymnastics conducted free weekly gymnastics classes for 10 youth. The dedication and commitment put in by our youth earned them the invitation to become assistant coaches for Alpha Gymnastics, where they shared what they had learned with young children new to the sport. Structured group work activities were also conducted by our staff members to help youth improve their communication styles and manage conflicts.



Project Vessel



Project Vessel is a programme that aims to cultivate among our youth a culture of giving to the community. A project that took flight was the slime making workshop. Using a mixture of ingredients such as hand soap, glue, contact lens solution and food dye, our youth created

colourful balls of slime, which acted as a medium for them to connect with one another, as well as emotional coping. They also set up a community outreach booth and made customised slime for children and youth during an event organised by Ping An Green RC.

Moments of Success Campaign

Our youth embarked on a year-long project in 2017 to fulfil the wishes and needs from the community. They ranged from small acts of kindness such as food distribution in the neighbourhood to performing at events to raise environmental awareness, through which our youth learned to play a part in contributing to a successful community. These moments of kindness were captured in an exhibition called 'Moments of Success', which was displayed on the first day of our 65th Anniversary Conference on 24 November 2017. Youth from other centres were also involved in this project.



"Thank you for always being there for me and listening to me when I am low."

Xinyi, 13
Member of VOX @ Children's Society thanking staff member Ms Hong Jing Ying, Social Worker

OUR WORK

11 YOUTH SERVICE CENTRE (TOA PAYOH)

Youth Service Centre (Toa Payoh) undertakes youth-related social services. It works with youth-at-risk referred from the Youth Court and the Police (for the Attorney-General's Office) to mitigate wayward behaviour. The Centre also runs diversionary programmes which aim to stabilise youth behaviour. Family-based intervention is the main focus in these diversionary programmes as parents' involvement is deemed to be a critical factor in helping youth-at-risk.

Beyond Parental Control (BPC) Pre-complaint Screening

Under Section 50 of the Children and Young Persons Act, Chapter 38 stipulates that a parent or guardian of a child or young person (under the age of 16) has the power to bring his or her charge before the Youth Court should the child or young person be deemed Beyond Parental Control (BPC).

Every Tuesday at the Youth Court, our team of social workers and counsellors screen complaints from parents contemplating the BPC order. At this preliminary stage, minor relationship issues will be mediated, and cases will be redirected to various community diversional programmes.

In 2017, 385 cases were screened. As with previous years, the most common complaints lodged by parents involved youth running away from home, staying out late and smoking.

Post Screening Referrals

Cases which require further assessment after the Pre-complaint Screening stage are referred to Post Screening Referrals programme, which was previously known as the BPC Pre-complaint Mediation programme. Comprising an average of four sessions of assessment, the programme allows us to refer families to the most appropriate intervention required for their family issues. 2017 saw a total of 45 such cases.

BeaconWorks

BeaconWorks is offered to youth who exhibit mild to moderate delinquent behaviour at the BPC Pre-complaint Screening stage. It is a voluntary diversional rehabilitative programme to help youth and families stabilise

existing familial relationship issues and the youth's behaviour. Family-based intervention is a fundamental component of BeaconWorks. In 2017, 33 families were involved in BeaconWorks.

BPC Statutory Supervision Order

The aim of the Court Order is to provide supervision and guidance for the child in his or her natural environment. Under the Order, counsellors and social workers supervise and counsel wayward youth and their parents for an average mandated period of one to two years. It focuses on rehabilitating

youth, empowering parents with effective parenting skills, resolving family conflicts and strengthening family bonds. This is done through counselling, mediation, group work and family bonding events such as Family Day. In 2017, 20 such cases were referred to us by the Youth Court.



BPC Parents Mandated Order

Parents are critical in moderating the behaviour of wayward children. Hence, the Youth Court mandates parents whose children are under the BPC Court Order to attend counselling sessions at the Centre. The sessions are designed to counsel and equip parents with effective parenting skills. The Youth Court imposes a bond of \$1,000 or up to \$5,000 for parents to attend counselling sessions. In 2017, the Centre saw 36 parents through this programme.

BPC Investigation

Potential BPC complaint cases require independent investigative reports to be submitted to the Youth Court by staff members who are registered as Ministry of Social and Family Development Approved Welfare Officers. The portfolio focuses on assessing the youth's socio-emotional states, risk and protective factors as well as home and school environments. Following these assessments, relevant recommendations and rehabilitation plans are presented in comprehensive reports to the Judge, who will then make the relevant and appropriate Court Order. In 2017, 17 BPC Investigations were conducted.

Functional Family Therapy

Functional Family Therapy (FFT) is a diversionary programme that aims to assist youth and their families without resorting to the Juvenile Justice system or BPC. It is an intensive strength-based intervention programme that is built on a foundation of acceptance and

respect, comprising an average of 12 to 14 sessions, spanning three to five months.

At its core is a focus on assessment and intervention to address risk and protective factors within and outside of the family that impact the adolescent and his or her adaptive development. The programme works primarily with youth aged between 11 and 18 with behavioural and/or emotional problems. The sessions are conducted mainly in the beneficiaries' homes.

In 2017, two staff members were trained in FFT. They will continue to be trained and supervised by consultants from MSF and a FFT consultancy company. Four probationers went through the programme with the Centre. Similar to BeaconWorks, FFT is also been employed to serve youth and families who were diverted from the BPC system.

Guidance Programme

The Guidance Programme is a six-month police diversionary programme for young offenders. Its objective is to ensure that the youth recognise the severity of their actions and the consequences of a repeat offence. Group work sessions conducted for parents and youth in the programme include talks on topics such as 'Effective Communication' and 'Choices and Consequences'. In 2017, 39 new cases were referred.

"After being in the BeaconWorks programme for five months, I was surprised that my teachers, friends and family noticed positive changes in me. It makes me think that if I put in a little more effort, I can be a lot better."

*Feedback from
BeaconWorks beneficiary*



REVITALISING OUR VISION, CATCHING THE NEXT WAVE.

Singapore Children's Society owes much to the dedication and commitment of our volunteers and donors, who strive to make a difference in the lives of children in need. Let us not forget our staff who at times, go beyond the call of their duties to bring smiles to their charges.

Some individuals have contributed for almost a lifetime while some corporate partners choose to support specific projects. Through a diverse range of activities, staff, volunteers and donors all come together to protect the physical, mental and emotional well-being of our children. This brings about real and lasting changes, not only for the children and youth, but also for their families.

OUR VOLUNTEERS,
DONORS AND STAFF



CONGRATULATIONS TO THE RECIPIENTS OF SINGAPORE CHILDREN'S SOCIETY AWARDS 2017

Inaugurated in 1982, the annual Singapore Children's Society Awards formally recognises the dedication and generosity of the many volunteers and donors whose contributions have helped build a better life for the children under our care. In 2017, 53 awards were conferred to individuals and companies who have contributed to the Society.

Platinum Service Award

Assoc Prof Daniel Fung Shuen Sheng

Gold Service Award

Mr Harry Chua Chin Nam

Mr Kurt Wee Chorng Kien

Mr Philip Tan Seng Leong

Mdm Rashidah Bte Abdul Rasip

Ms Suraiyah Ibrahim

Asst Prof Wernmei Yong Ade

Silver Service Award

Aztech Group Ltd

Borneo Motors (Singapore) Pte Ltd

Dr Chan Chee Hoe

Chong De Cultural Society

Dr Christina Ong

Ms Chua Wei Ling

Mr Ernest Chia Soon Ann

Ms Evelyn Chew Beng Suan

Ms Geraldine Koh

Mrs Ivy Low

Ms Jolene Ooi Yu Zhu

Mr Lim Hong Beng

LuvBabies

PSB Academy

Mr Richard Wee Siow Kiang

Ms Shanice Yang

Ms Sylvia Meilisa Taslim

Ms Theresa Sim May Ling

WongPartnership LLP

Commendation Service Award

Singapore University of Social Sciences

Platinum Award

Tote Board

Gold Award

Agency for Science, Technology and Research (A*STAR)

Borneo Motors (Singapore) Pte Ltd

Far East Organization

GToken Pte Ltd

Hong Leong Holdings Limited

Mr Jason Tang Chuan Ann

Lam Research Foundation

The Family of the Late Mdm Leong Tak Eng

Noble Group Limited

Serial System Ltd

Singapore Pools (Private) Limited

Mr Tan Suee Chieh

The Family of the Late Mdm Teo Eng Tiok

Mdm Yang Hui Xing

Silver Award

Air Line Pilots Association – Singapore (ALPA-S)

Mr Alan Law Chau Loon

Mr Alvin Yapp

American Association of Singapore

Bank of Singapore

Ms Felicia Koh Chiao-Jian

Gims & Associates Pte Ltd

Hogan Lovells Lee & Lee

Mr Jonathan Tan Jit Teng

Mr Lim Liang Song

Mr Paul Tan Kah Tong

EVENTS THAT PROMOTE FAMILY BONDING

In 2017, three activities that promote family bonding or introduced new skills and experiences to our children were organised by Research and Outreach Centre, with the support of volunteers.



On 20 May 2017, 13 children attended an outing to Pasir Ris Park organised by volunteers from the National Institute of Education. After a leisurely stroll down the scenic boardwalk, the children engaged in a hands-on session of designing and making their own terrariums. The attendees took home with them their inventive creations.



Staff members from Spire Consultancy organised an excursion to KidZania Singapore for 10 parents and 18 children on 4 November 2017. Children had the opportunity to role-play as staff in an array of real-world employments in the indoor theme park, with parents joining in the fun for some activities. The attendees were all happy faces after a morning of fun and learning.



We participated in The Boys' Brigade Share-a-Gift programme in December 2017. Children from low-income families were granted a Christmas present each within an allocated budget while their families were given food rations. A total of 29 families benefited from this programme.

HEAR WHAT THEY SAY

Here are more voices from our volunteers, partners, children, youth and their families.



"I have been volunteering with Sunbeam Friends for a few years now. The biggest impact on me personally has been to witness first-hand how the children grow and develop their social confidence, learn to be comfortable with their peers and then gradually over time, learn to express themselves and their personality.

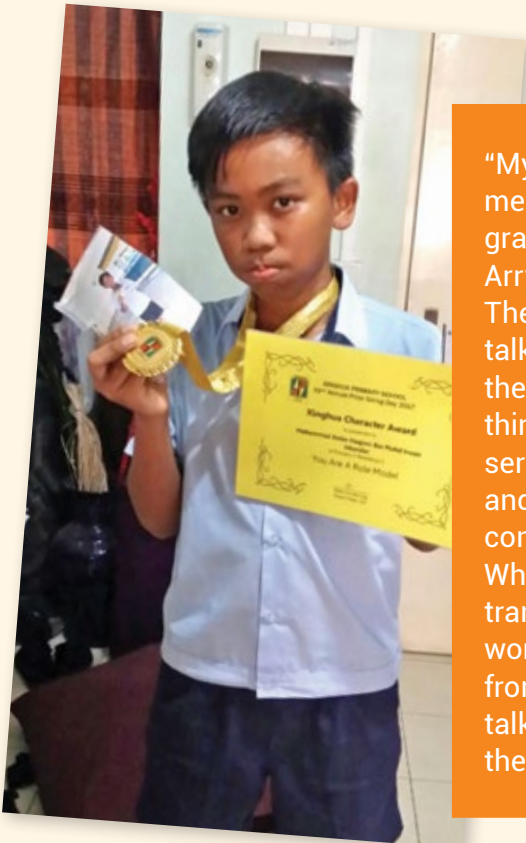
Volunteering each week is a commitment, however I have seen the enormous value in providing opportunities to these children, and I hope my

small contribution provides them with happy memories in future.

I will always remember the Sunbeam Friends Graduation evening that took place last year. As I watched from the side of the room, it was amazing to see the children with their families, looking very proud of their achievements. They were so enthusiastic and willing to demonstrate what they had learned from their experiences with Sunbeam Friends Club programme.

That one night made everything so worthwhile! Enormous praise needs to be given to all of those who work at the Children Service Centre, especially Ms Aish who runs the Sunbeam Friends Club. She does an extremely good job, and is very kind and patient with the children, and her enthusiasm is very inspiring."

Mr Gareth Wilce (pictured back row, extreme right), a volunteer at Children Service Centre since 2015. Ms **Aishwariyaa Rajandra** (pictured back row, extreme left) is a social worker at Children Service Centre.



"My social worker helped me a lot. Last time my grandchildren Amin and Arryan used to skip school. Then the social worker talked to them and helped them understand a lot of things. Then something serious happened at home and the social worker continued to help them. When they needed to transfer school, my social worker helped to withdraw from the previous school, talked to MOE to put them into a new school,

accompanied the boys to the new school, helped me to fill in the registration forms and even applied for pocket money for them. Without her, I wouldn't know what to do. Now the boys go to school every day and enjoy school very much. Amin even got an award in end 2017 for good behaviour."

Grandmother of Amin (pictured left) and Arryan, both whom were under the Compulsory Education Casework

"I've learned to be more responsible by helping my parents with chores and by taking care of them. I'm also doing better in my studies and aiming to get into a business course in polytechnic."

14-year-old youth from the Beyond Parental Control programme

"Syu has good relationships with the students and has a positive disposition. Given that it's her first year at Yuying Secondary School's Project CABIN, she has done well in building rapport and getting to know our students."

Mr Wong Mun Chung
Teacher from Yuying Secondary School on Ms Syuhaidah Bacon, a youth worker from Student Service Hub (Bukit Merah)

"The talk has enabled me to control myself when my sister does something or uses something that is mine, without my permission."

Primary school student who has attended the Anger Management Assembly Talk

OUR VOLUNTEERS, DONORS AND STAFF



Three years ago, VOX @ Children's Society social worker Mr Muhammad Taha Bin Hussein Mattar met Damien Lam (pictured left with Mr Isa Halim, a Singapore national footballer) and his friends on the street soccer court. Sensing the group's strong passion in football, he approached Damien and his friends to start a football team through Project Vantage, a platform for youth to launch interest groups.

Since then, Damien has contributed to the team actively in various

capacities, such as helping to secure match venues, negotiating for team sponsorship and even liaising with youth from the Society's two other youth centres to organise the VOX football festival. Besides growing into a responsible and capable leader under the guidance of Taha, a strong bond was also forged between the two in their years working together.

After receiving his N Level results, Damien found himself at crossroads. While he had qualified for the Institute of Technical Education, the courses that he was eligible for did not gel well with his aspirations. Unsure if he wanted to continue with school, start a food and beverage business or pursue his aspiration as a football freestyler, Damien turned to Taha for help.

Upon hearing Damien's dilemma, Taha had numerous conversations with him to clarify the different pathways he could take, and the pros and cons that would come with whatever decision he makes. Damien decided that he would work to gain experience while continuing to pursue his passion in football freestyling. Respecting Damien's decision, Taha linked Damien up with the job opportunities available.

Today, Damien, 17, continues to explore his path ahead as he juggles his passion with the financial realities of life. After two rounds of interviews, Damien secured a full time position at Decathlon as a sports advisor in the football section, a job that gels well with his passion in football. Besides working, Damien has also made strides in freestyling, securing paid gigs and making it into the knockout rounds of a freestyling competition.

"Zion Bishan Kindergarten's staff members and children benefited from the training KidzLive: Empowering Children with Body Safety Skills (Teachers' Training Course). My staff members and I gained insight, were more confident and received useful information to assist us to be able to deliver the programme to the kindergarten two children. The children learned a new skill in protecting themselves. Their parents gave positive feedback when the children returned home to share with their parents via the booklet that was given to them. I found the booklet that the children took home to be a good follow-up.

So what are you waiting for? Empower the teachers and the children who are in our care!"

Mrs Jasmine Tan
Principal of Zion Bishan
Kindergarten

To: Ms Rachel

I'm sorry for being a brat at times (or all the time) but nonetheless, thank you for always having my back. Really appreciate all the help and support you've given me 😊 Thank you for reaching out to me and being more than just a director of the home.

A female resident of Sunbeam Place thanking Ms Rachel Tan, Director of Sunbeam Place

"I put in a lot of effort to earn the stars and do the tasks. Sometimes, I struggle with the tasks and my star would be taken away. I feel very proud of myself when I finally receive the item that I look forward to getting it."

11-year-old boy from the Student Care Centre (Henderson) on how the behavioural systems that are in place at the Centre have motivated him to do better

"It is encouraging to see how RoundBox @ Children's Society's Sports and Arts Framework approach cuts across all races, socioeconomic status, schools and genders to connect with the one thing the youth have in common – their

passions. In purposefully weaving in positive values in our intervention, youth internalise these values and make more long lasting changes from the inside out."

Ms Charmaine Francesca Tan,
*Assistant Director,
RoundBox @ Children's Society*

"Staff Angel was very helpful. She shared my problems and gave me advice accordingly, like where I can get help. I am very thankful to her."

*Project LADDER beneficiary
thanking Ms Angel Kwok, our
senior counsellor from Research
and Outreach Centre*



REVIEWING
OUR ASPIRATIONS —
A BIRD'S EYE VIEW.

SERVICE STATISTICS

Vulnerable Children and Youth

Programmes / Services	Centre	2016	2017
Compulsory Education Casework	Research and Outreach Centre	65	41
Pre-school Education Outreach and Casework	Research and Outreach Centre	637	820
Safe and Strong Families – Reunification Referrals (Individual Worker)	Research and Outreach Centre	NA	4
Safe and Strong Families – Reunification Referrals (Supported Kinship Care)	Research and Outreach Centre	NA	9
Safe and Strong Families – Reunification Referrals (Team)	Research and Outreach Centre	NA	30
Vulnerable Witness Support Programme	Student Service Hub (Bukit Merah)	27	19
Sunbeam Place Residents	Sunbeam Place	87	69
Guidance Programme	Youth Service Centre (Toa Payoh)	32	39

Children and Youth Services

Programmes / Services	Centre	2016	2017
Children's Camp	Children Service Centre	60	53
Children's Day Celebration	Children Service Centre	130	57
Choo Choo Train	Children Service Centre	260	228
KidzGO	Children Service Centre	250	503
KidzPAL (Kids Play and Learn) *	Children Service Centre	53	197
KidzREACH @ Siglap	Children Service Centre	34	20
KidzSHinE @ Bedok (Seeing Hope in Every Kid)	Children Service Centre	56	47
Children's Camp	Family Service Centre (Yishun)	34	32
Children's Day Celebration	Family Service Centre (Yishun)	31	18
LEAP (Let Every Aspect Progress)	Family Service Centre (Yishun)	12	NA
Sunbeam Friends Club	Family Service Centre (Yishun) / Children Service Centre / Student Care Centre (Henderson)	124	125
Casework and Counselling	Jurong Youth Centre	NA	30
Drop-in	Jurong Youth Centre	1,250	1,117
Outreach	Jurong Youth Centre	NA	718
Programmes / Services	Jurong Youth Centre	1,468	1,273
TweenStart	Jurong Youth Centre	111	165
TweenzLife *	Jurong Youth Centre	60	88
YouthGIG	Jurong Youth Centre	30	31
KidzLive: Empowering Children with Body Safety Skills (Parents' Talk) *	Research and Outreach Centre	55	59
KidzLive: Empowering Children with Body Safety Skills (Teachers' Training Course) *	Research and Outreach Centre	NA	104
KidzLive: I Can Protect Myself (Direct Delivery) *	Research and Outreach Centre	2,526	1,434
Casework and Counselling	RoundBox @ Children's Society	3	18
Drop-in	RoundBox @ Children's Society	NA	962
Programmes / Services	RoundBox @ Children's Society	NA	652
The Mettle Challenge	RoundBox @ Children's Society	NA	150
Character Development Programme *	Student Care Centre (Henderson)	117	20
Choo Choo Train	Student Care Centre (Henderson)	169	368
KidzREACH @ Henderson	Student Care Centre (Henderson)	58	39
KidzREACH @ Jalan Kukoh	Student Care Centre (Henderson)	31	27
KidzSHinE @ Henderson (Seeing Hope in Every Kid)	Student Care Centre (Henderson)	71	73
Number Ninja	Student Care Centre (Henderson)	NA	55
Student Care	Student Care Centre (Henderson)	58	55
Appropriate Adult Scheme for Young Suspects	Student Service Hub (Bukit Merah)	NA	467
Bully-Free Camps	Student Service Hub (Bukit Merah)	157	334
iNSPIRE Fund	Student Service Hub (Bukit Merah)	383	26
Project CABIN	Student Service Hub (Bukit Merah)	6,240	5,974
Tinkle Friend Camp	Student Service Hub (Bukit Merah)	136	NA
Tinkle Friend Helpline	Student Service Hub (Bukit Merah)	1,324	1,303
Tinkle Friend Online Chat	Student Service Hub (Bukit Merah)	2,469	2,248
Children and Youth Programme *	Talks and Workshops Programmes Centre	14,557	14,573

FACTS AND FIGURES

SERVICE STATISTICS

Children and Youth Services

Programmes / Services	Centre	2016	2017
Storm Riders	Talks and Workshops Programmes Centre	33	45
Casework and Counselling	VOX @ Children's Society	25	30
Drop-in	VOX @ Children's Society	807	1,709
Outreach	VOX @ Children's Society	211	622
Programmes / Services	VOX @ Children's Society	825	924
VOX Fiesta	VOX @ Children's Society	77	94

Family Services

Programmes / Services	Centre	2016	2017
Casework and Counselling	Family Service Centre (Yishun)	449	566
Children's Medical Fund	Family Service Centre (Yishun)	22	24
Family Day	Family Service Centre (Yishun)	92	NA
IRS (Information Referral Service)	Family Service Centre (Yishun)	707	674
Project LADDER	Research and Outreach Centre	329	333
Parenting Talks and Workshops *	Student Care Centre (Henderson)	10	11
Parenting Talks and Workshops *	Student Service Hub (Bukit Merah)	231	675
Sunbeam Place Ex-residents ^	Sunbeam Place	85	88
Family Life Education Programme *	Talks and Workshops Programmes Centre	360	539
Project Invest	Talks and Workshops Programmes Centre	23	NA
Project Relate *	Talks and Workshops Programmes Centre	62	79
BeaconWorks	Youth Service Centre (Toa Payoh)	12	33
BPC Investigation	Youth Service Centre (Toa Payoh)	13	17
BPC Parents Mandated Order	Youth Service Centre (Toa Payoh)	27	36
BPC Pre-complaint Screening	Youth Service Centre (Toa Payoh)	363	385
BPC Statutory Supervision Order	Youth Service Centre (Toa Payoh)	7	20
Family Day	Youth Service Centre (Toa Payoh)	137	43
Functional Family Therapy	Youth Service Centre (Toa Payoh)	4	8
Post Screening Referral	Youth Service Centre (Toa Payoh)	139	45

Research and Advocacy

Programmes / Services	Centre	2016	2017
Community Outreach Events #	Family Service Centre (Yishun)	102	244
Child Abuse and Neglect Prevention Talk #	Research and Outreach Centre	67	146
Community Outreach Events #	Research and Outreach Centre	1,467	270
Public Forum #	Research and Outreach Centre	NA	200
Singapore Children's Society Lecture #	Research and Outreach Centre	132	281
Bully-Free Campaign *	Student Service Hub (Bukit Merah)	7,642	1,300
Bully-Free Roadshow #	Student Service Hub (Bukit Merah)	1,243	2,700
Bully-Free School Talks *	Student Service Hub (Bukit Merah)	28,137	18,372
Bully-Free Teachers' Training *	Student Service Hub (Bukit Merah)	160	NA
Singapore Children's Forum #	Student Service Hub (Bukit Merah)	NA	298
MOE Teacher's Training *	Talks and Workshops Programmes Centre	70	51

Total Beneficiaries for Public Education and Targeted Talks Programmes	57,051	41,641
Total Beneficiaries for Direct Services	20,184	23,895
TOTAL BENEFICIARIES	77,235	65,536

* These are Targeted Talks Programmes.

These are Public Education Programmes.

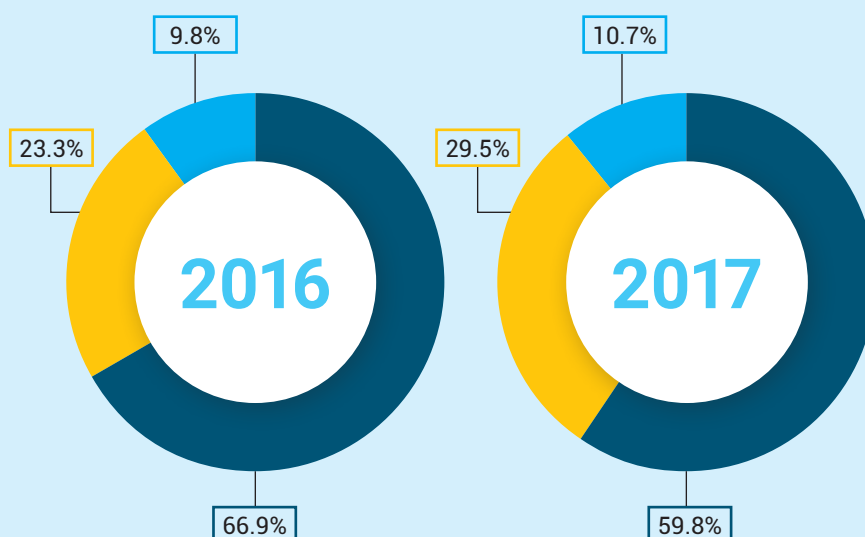
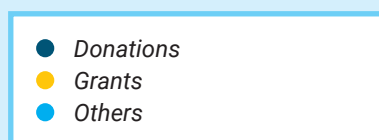
^ Figures captured from 2016 are discharged beneficiaries under the age of 21 whose cases were followed up by Sunbeam Place.

Note:

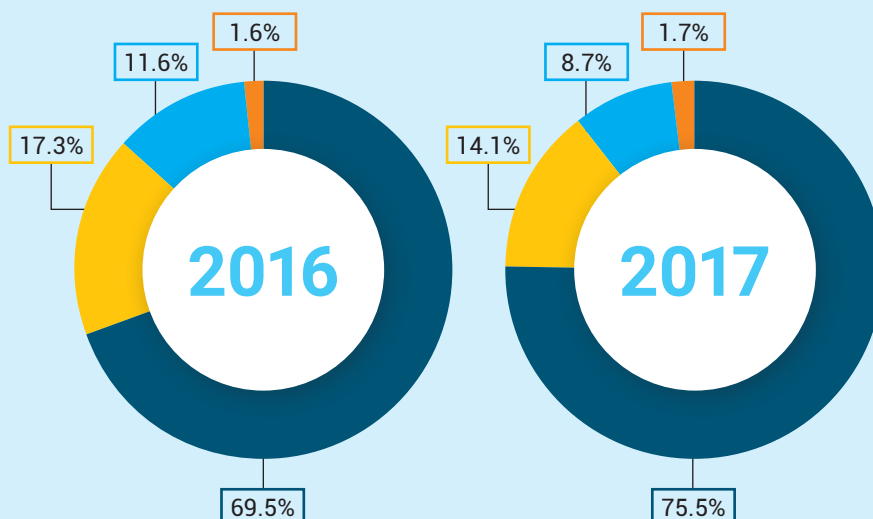
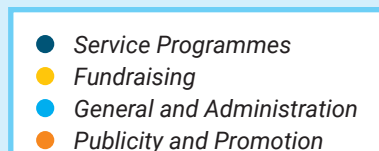
Singapore Children's Society is committed to reaching out to children, youth and families in need via our range of services. The above data includes both primary and secondary services based on our four categories, namely Vulnerable Children and Youth, Children and Youth Services, Family Services, and Research and Advocacy.

FINANCIAL INFORMATION SUMMARY

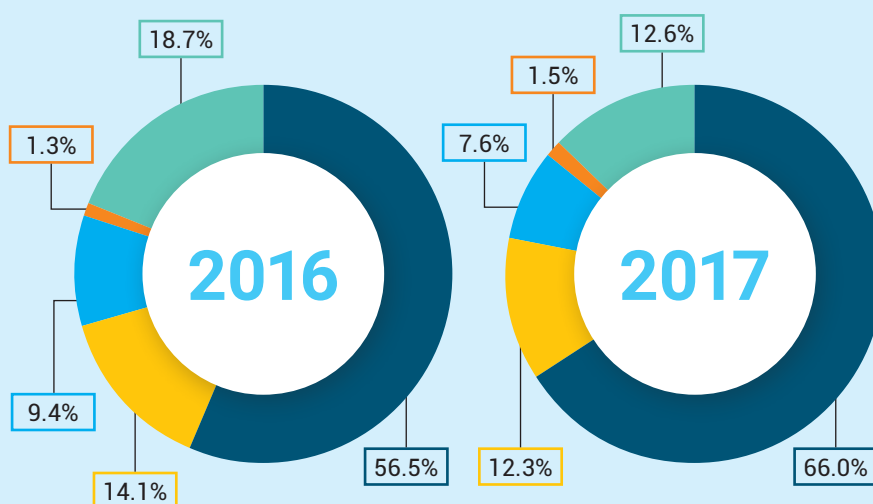
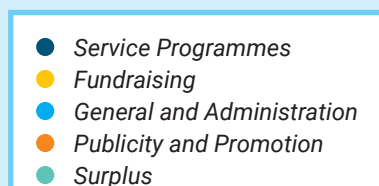
BREAKDOWN OF TOTAL INCOME



BREAKDOWN OF TOTAL EXPENDITURE



BREAKDOWN OF EACH INCOME DOLLAR



FACTS AND FIGURES

AUDITED FINANCIAL INFORMATION 2017

BALANCE SHEET

Balance Sheet	2016 (\$'000)	2017 (\$'000)
ASSETS		
Property, Plant and Equipment	859	597
Investments	14,359	14,932
Other assets	478	1,045
Non-current Assets	15,696	16,574
Investments	18,095	24,114
Inventories	9	0
Other receivables	1,346	1,717
Other assets	113	235
Cash and cash equivalents	48,665	46,836
Current Assets	68,228	72,902
Total Assets	83,924	89,476
FUNDS AND RESERVES		
General Fund	59,947	62,040
Other Reserves	1,138	3,886
Unrestricted Fund	61,085	65,926
Appropriate Adult Scheme for Young Suspects	0	-23
Children's Medical Fund (CMF)	20,694	20,936
ComCare Fund	10	10
Family Service Centre (Yishun)	-80	15
Madam Ho Yun Wai Fund	500	500
Professor S.S. Ratnam Memorial Fund	255	259
Safe and Strong Families – Reunification (Team)	-6	-10
Sunbeam Place	0	0
The Straits Times School Pocket Money Fund	41	3
Other Reserves	-47	112
Restricted Fund	21,367	21,802
Total Funds and Reserves	82,452	87,728
LIABILITIES		
Other liabilities	322	322
Non-current Liabilities	322	322
Trade and other payables	957	1,223
Other liabilities	193	203
Current Liabilities	1,150	1,426
Total Liabilities	1,472	1,748
Total Funds, Reserves and Liabilities	83,924	89,476

The Society is governed by the Executive Committee which is the final authority and has overall responsibility for policy making and governance. Members of the Executive Committee are volunteers and receive no monetary remuneration for their contribution.

The Society has in place conflict of interest and whistle-blowing policies in its Code of Conduct. All members of the Executive Committee and senior management are required to declare their interests annually.

Reserves Policy

Singapore Children's Society will raise funds to support our current and future services to reach out to more children, youth and families in need, up to a maximum of five times our projected future gross operating expenses. Such funds do not include funds specified for restricted use.

Auditor: **RSM Chio Lim LLP**

Key Bankers: **BNP, CIMB, Credit Suisse, DBS, OCBC and UOB**

AUDITED FINANCIAL INFORMATION 2017

INCOME AND EXPENDITURE STATEMENT

Income	2016 (\$'000)	2017 (\$'000)	% Breakdown of Receipts	
			2016	2017
Donations	13,064	11,263	66.9%	59.8%
Grants	4,540	5,576	23.3%	29.5%
Others	1,923	2,008	9.8%	10.7%
Total Income	19,527	18,847	100%	100%

Expenditure	2016 (\$'000)	2017 (\$'000)	% of Total Income	
			2016	2017
Service Programmes	11,040	12,440	56.5%	66.0%
Fundraising	2,749	2,328	14.1%	12.3%
General and Administration	1,844	1,424	9.4%	7.6%
Publicity and Promotion	247	287	1.3%	1.5%
Total Expenditure	15,880	16,479	81.3%	87.4%
Surplus of Income over Expenditure	3,647	2,368	18.7%	12.6%

ANNUAL REMUNERATION OF TOP THREE MANAGEMENT STAFF

Annual Remuneration	Number of Management Staff	
	2016	2017
\$100,001 to \$200,000	2	2
\$200,001 to \$300,000	1	1

Note:

Includes basic salary, bonuses, allowances and the employer's contributions to Central Provident Fund.

None of the Society's staff are close members of the family of the Chief Executive Officer or Executive Committee members.

FACTS AND FIGURES

MAJOR
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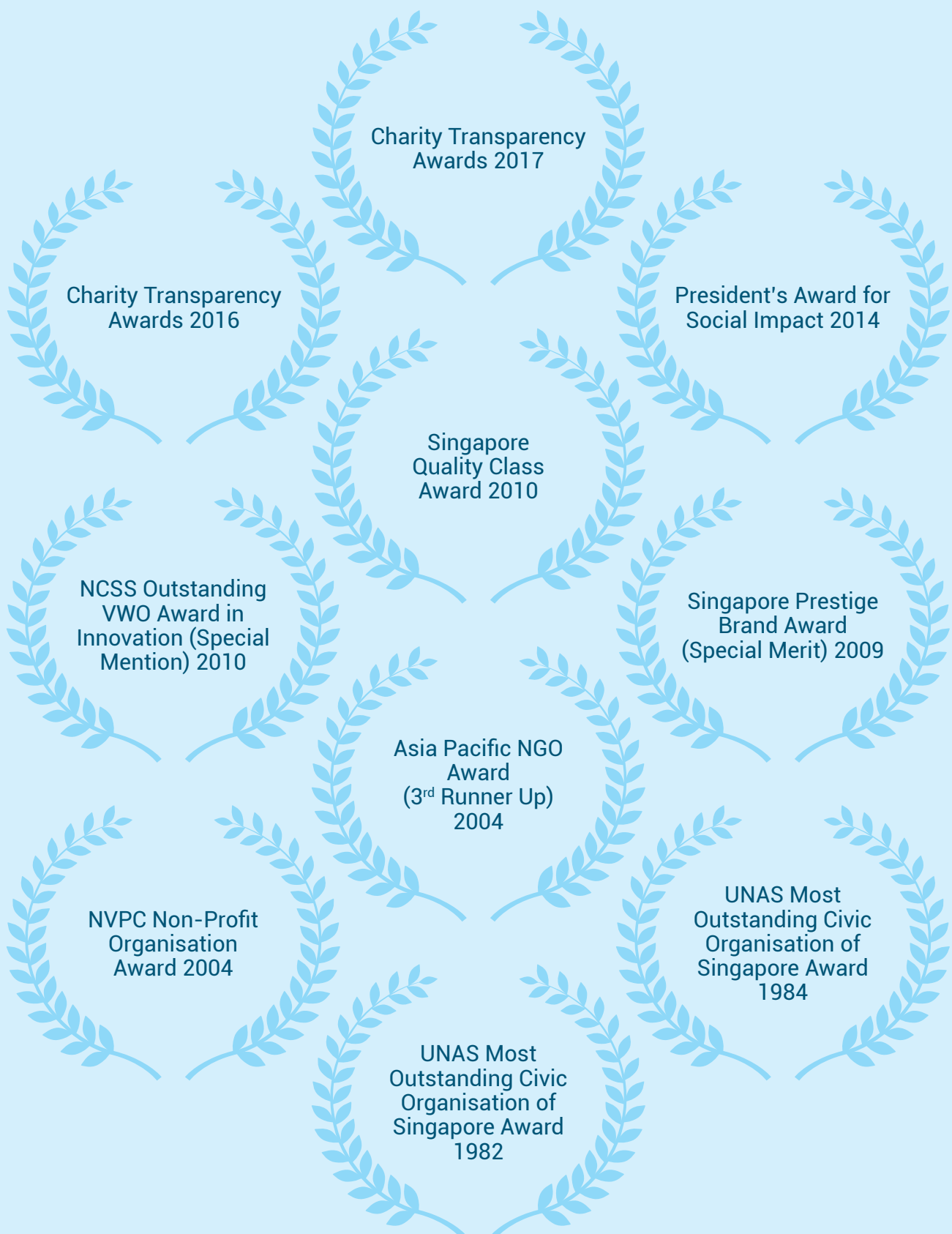
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OUR ACCOLADES



SINGAPORE CHILDREN'S SOCIETY

CORPORATE OFFICE

298 Tiong Bahru Road #09-05 Central Plaza
Singapore 168730
Tel: 6273 2010 Fax: 6273 2013

OUR SERVICE CENTRES *

Children Service Centre

Block 529 Bedok North Street 3 #01-570
Singapore 460529
Tel: 6448 6658 Fax: 6448 9896

Family Service Centre (Yishun)

Block 107 Yishun Ring Road #01-233
Singapore 760107
Tel: 6753 7331 Fax: 6753 2697

Jurong Youth Centre

DEN @ JYC
Block 554 Jurong West Street 42 #01-349
Singapore 640554
Tel: 6563 0593

GIG @ JYC

Block 552 Jurong West Street 42 #01-321
Singapore 640552
Tel: 6566 6989 Fax: 6566 6386

Research and Outreach Centre

9 Bishan Place Junction 8 #05-02
Singapore 579837
Tel: 6358 0911 Fax: 6358 0936

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381 Toa Payoh Lorong 1 #01-12
Singapore 319758
Tel: 6259 3735 Fax: 6255 7106

Student Care Centre (Henderson)

Block 129 Bukit Merah View #01-174
Singapore 150129
Tel: 6278 7856 Fax: 6278 0191

Student Service Hub (Bukit Merah)

Block 91 Henderson Road #01-112
Singapore 150091
Tel: 6276 5077 Fax: 6276 5075

Sunbeam Place

28 Hong San Terrace
Singapore 688247
Tel: 6462 3477 Fax: 6462 3371

Talks and Workshops Programmes Centre

Block 107 Yishun Ring Road #01-233
Singapore 760107
Tel: 6481 5913 Fax: 6481 5208

VOX @ Children's Society

Block 44 Chai Chee Street #01-108
Singapore 461044
Tel: 6443 4139

Youth Service Centre (Toa Payoh)

Block 109 Toa Payoh Lorong 1 #01-316
Singapore 310109
Tel: 6253 1124 Fax: 6256 9443

APPROPRIATE ADULT SCHEME FOR YOUNG SUSPECTS

Email: aays@childrensociety.org.sg

CHILDREN'S MEDICAL FUND

Tel: 6481 5913

TINKLE FRIEND

Helpline: 1800 2744 788

Online Chat: www.tinklefriend.sg

GENERAL ENQUIRIES

Email: info@childrensociety.org.sg

 www.childrensociety.org.sg

 [SingaporeChildrensSociety](https://www.facebook.com/SingaporeChildrensSociety)

 [SgChildrenSoc](https://twitter.com/SgChildrenSoc)

 [SgChildrenSoc](https://www.instagram.com/SgChildrenSoc)

OUR MICROSITES

► <http://csewdirectory.childrensociety.org.sg>

► <http://preventchildabuse.childrensociety.org.sg>

► www.1000e.org.sg

► www.1000p.org.sg

► www.bullyfree.sg

► www.mettlechallenge.com

UEN: S62SS0057G

* Please visit www.childrensociety.org.sg/our-centres for the latest updates.