



Children's
SOCIETY

Caring for the Future

MCI (P) 079/01/2016



START SOMETHING AMAZING TODAY!

ACT



now!

SINGAPORE CHILDREN'S SOCIETY
ANNUAL REPORT 2015



PROGRESS

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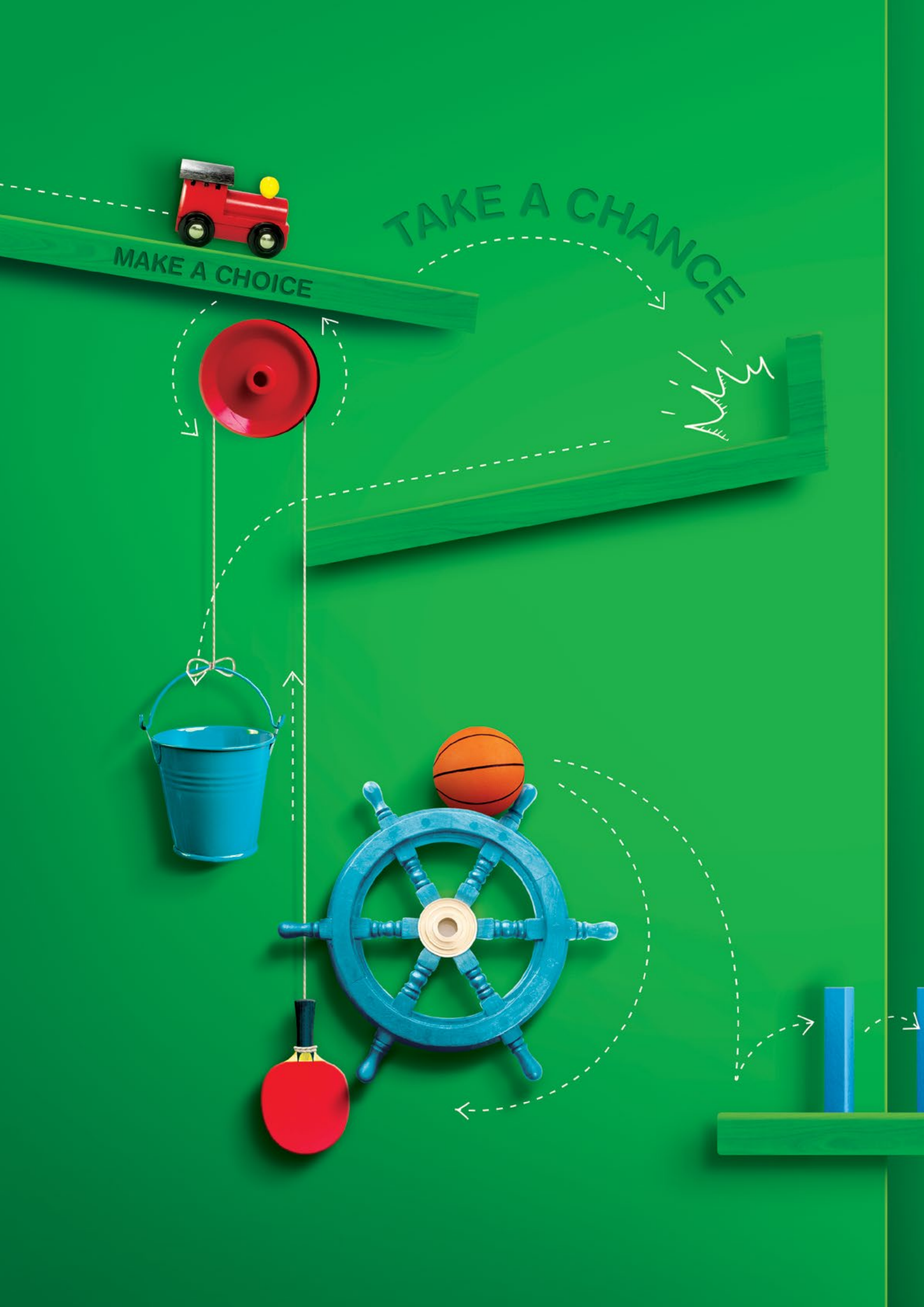
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Annual Report Editorial Committee

Asst Prof Wernmei Yong Ade
 Ms Jennifer Quong
 Dr Regina Lee
 Ms Shen Xuesheng
 Ms Wu Wan Ying
 Unique Entity Number: S62SS0057G



MAKE A CHOICE

TAKE A CHANCE

ABOUT US

Our Patron-in-Chief

President Tony Tan Keng Yam

Patron for 1000 Enterprises and
1000 Philanthropists for Children-in-Need

Mr Teo Chee Hean

*Deputy Prime Minister and
Coordinating Minister for National Security*

Singapore Children's Society protects and nurtures children and youth of all races and religions, especially children, youth and families in need. Established in 1952, its services have evolved to meet the changing needs of children. Today, Children's Society operates 11 service centres islandwide, offering services in the four categories of: Vulnerable Children Services, Children and Youth Services, Family Services, and Research and Advocacy.

VULNERABLE CHILDREN SERVICES

Protecting and Guiding Vulnerable Children

We provide fundamental care and guidance to children as what their parents and guardians should provide.

CHILDREN AND YOUTH SERVICES

Nurturing and Inspiring Our Children and Youth

We provide value-adding care, nurture and inspire children and youth, to complement what their parents and guardians provide.

FAMILY SERVICES

Supporting and Strengthening Our Families in Need

We support and strengthen families in need by working together with them and their children.

RESEARCH AND ADVOCACY

A Voice for Our Children and Their Future

We perform an advocacy role as the voice of children and their future.

OUR MISSION

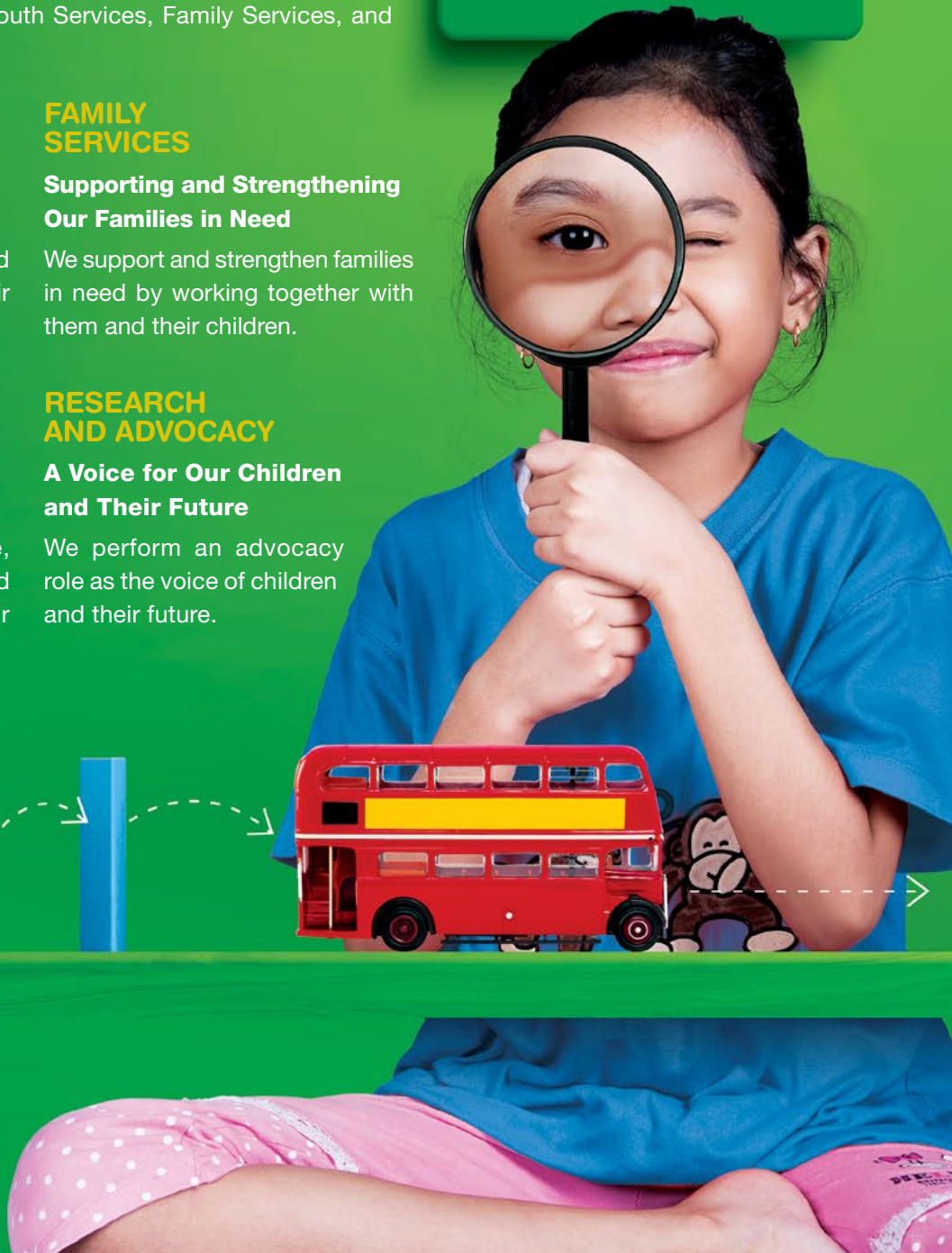
To bring relief and happiness to children in need

OUR VISION

To be a leading edge organisation in promoting the well-being of the child

OUR CORE VALUES

- Compassion and Caring
- Commitment
- Professionalism
- Integrity
- Openness to Change





2015 was a very memorable year for all Singaporeans, as we celebrated our Golden Jubilee. We have had 50 years of remarkable success in building Singapore into a first world nation.

The all-inclusive celebration gave us optimism for the future in spite of many geo-political and economic uncertainties globally, as well as the increasing threat of terrorism. As a small and open economy, Singapore has already been negatively impacted by the global economic slow-down.

We expect that more children and families will need our assistance in 2016. We will proactively step forward to make a difference in their lives. Hence, the theme for this year's Annual Report, 'Act Now!' could not have been more appropriate.

In 2015, we continued to expand our services with the opening of a new youth drop-in centre called VOX @ Singapore Children's Society. Designed with our youth in mind, VOX — which takes on a café concept — will serve as a pacesetter for the rest of our youth drop-in centres in future. Our Jurong Youth Centre will broaden its services to provide a drop-in service for upper primary school students, which we expect to open in early 2016.

We launched our 26th Project CABIN at Deyi Secondary School, extending our provision of a positive and conducive environment to more students after school hours. Our 2nd Singapore Children's Forum themed 'What Makes You Happy?' was a great success as children and adults congregated to discuss and share their experiences on topics that concern our children most. While our inaugural Bully-Free Roadshow at Jurong Point Shopping Centre attracted more than 2,000 participants, bullying — particularly cyberbullying — remains an issue deserving of more attention in the long run. We also launched our new book 'Speaking of Children: The Singapore Children's Society Collected Lectures' — a book compilation of the past eight Singapore Children's Society annual lectures. All in all, 2015 was a very successful and eventful year for us.

The Society's total expenditure was \$13.85 million, 6% higher than the previous year's expenditure of \$13.05 million. Our total staff strength increased from 174 in the previous year to 180, as we continued to ramp up our capacity to meet the growing demands in services.

Our total donation for 2015 was \$14.52 million, or 15% higher than 2014. This record performance is the result of the collective effort from our fundraising team. Key drivers for the success included our record donation income from our fundraising programmes 1000 Enterprises and 1000 Philanthropists for Children-in-Need.

At our Awards presentation ceremony in 2015, we were honoured to recognise 65 volunteers and donors. Our Guest-of-Honour, Madam Halimah Yacob, Speaker of Parliament, presented the Ruth Wong Award to Mrs Maria Shiu-Siu Lai Yee, an active committee member of our Research and Advocacy Standing Committee. The Gopal Haridas Award went to Mr Lim Hong Beng for his effort in chairing and raising a record \$1.14 million for the Charity Gala Dinner in 2014. It is with deep gratitude that I thank all our valued volunteers and donors for their dedication and contribution.

In conclusion, I wish to express my personal appreciation to the Executive Committee and Standing Committee members, and staff for their commitment and effort. I am also grateful to our members, volunteers, donors and well-wishers, for working closely together with us in bringing relief and happiness to the children in need.



Mr Koh Choon Hui PJG.JPG

Chairman
Singapore Children's Society

HIGHLIGHTS OF THE YEAR 2015

1000 ENTERPRISES AND 1000 PHILANTHROPISTS FOR CHILDREN-IN-NEED APPRECIATION DINNER

To thank the 730 companies and individuals who participated in the 1000 Enterprises for Children-in-Need (1000E) and 1000 Philanthropists (1000P) programmes, the Society held an appreciation dinner on 11 March at Mandarin Orchard Singapore. The programmes' Patron, Mr Teo Chee Hean, Deputy Prime Minister, and Coordinating Minister for National Security was the Guest-of-Honour. Two 1000E and 1000P ambassadors, Mr Chua Kee Teang and Mr Jason Tang, were appointed that evening.



MAR

06

APR



LAUNCH OF 26TH PROJECT CABIN – SPECTRUM

The Society's 26th Project CABIN was launched by Ms Low Yen Ling, then Parliamentary Secretary, Ministry of Social and Family Development, and Ministry of Culture, Community and Youth, and Mayor, South West District, at Deyi Secondary School on 30 April. A school-based drop-in facility for character and life skills development, CABINs provide a positive and conducive environment for youth after school hours.

1000E CHARITY GOLF

The Society's 1000E Charity Golf tournament, aimed at rallying the Society's corporate donors as well as other golf enthusiasts from the business fraternity, was held at The Singapore Island Country Club on 15 May. The players teed off in the afternoon and attended a dinner and prize presentation in the evening where Emeritus Senior Minister and Member of Parliament Mr Goh Chok Tong was the Guest-of-Honour.



MAY

JUN

SINGAPORE CHILDREN'S FORUM

Themed 'What Makes You Happy?', the Singapore Children's Forum 2015 saw close to 100 children representatives convene and discuss what determines children's 'happiness', from their perspective. The children presented their views on what they considered to be most important to them — education, family and friends — in a public forum on 6

June at the NTUC Centre Auditorium, following a three-day pre-forum orientation. From the interactive booths to group presentations and an engaging adult panel in a live talk show, our children shared their views and voices with an audience of 339 members of public. Guest-of-Honour was Ms Indranee Rajah, then Senior Minister of State, Ministry of Law and Ministry of Education.



SINGAPORE CHILDREN'S SOCIETY AWARDS

The Singapore Children's Society Awards took place on 17 June at Pan Pacific Singapore. Speaker of Parliament Mdm Halimah Yacob was the Guest-of-Honour. In total, 65 donors and volunteers were recognised for their contribution.



HIGHLIGHTS OF THE YEAR 2015

BULLY-FREE ROADSHOW

Over 2,200 people participated in the inaugural Bully-Free Roadshow held at Jurong Point Shopping Centre on 21 and 22 August. Themed 'Be the Change, Be Bully-Free', it taught the public the importance of preventing bullying as well as ways to help victims and deal with bullies.



AUG

08

SEP

WALK FOR OUR CHILDREN

Close to 6,000 participants participated in the Society's annual fundraising event Walk for Our Children 2015, held on 6 September at Palawan Beach, Sentosa. Guest-of-Honour Mr Lim Hng Kiang, Minister for Trade and Industry launched the 3-km walkathon themed 'Celebrating Childhood! Our memories, Our aspirations'.



FREE MARKET

The Free Market, organised by Youth Service Centre (Toa Payoh) and RoundBox @ Singapore Children's Society, was held at OnePeople.sg on 19 September. Over 300 youth and their families received

items donated by well-wishers. For the first time, cutlery and crockery donated by brand-name hotels were given away. Attendees were also treated to an afternoon of fun and games.



9TH SINGAPORE CHILDREN'S SOCIETY ANNUAL LECTURE

Mr Han Fook Kwang, Editor-at-Large of The Straits Times and then Chairman of The Straits Times School Pocket Money Fund, took the podium at the Lifelong Learning Institute on 10 October. He delivered a lecture titled 'Growing up in the Digital World' before an audience of 189 at the 9th Singapore Children's Society Lecture.



OCT

LAUNCH OF BOOK 'SPEAKING OF CHILDREN: THE SINGAPORE CHILDREN'S SOCIETY COLLECTED LECTURES'

'Speaking of Children: Singapore Children's Society Collected Lectures' is a book compilation of the past eight Singapore Children's Society annual lectures. The book was launched by Guest-of-Honour Professor Tommy Koh on 16 October at The Pod, National Library Building. Of the eight speakers featured in the book,

five of them graced the book launch, making the event especially meaningful. A copy of this book was distributed to all secondary schools and junior colleges as the narratives and illustrations are likely to interest teenage readers in understanding issues related to the well-being of children in Singapore.



NOV

SUNBEAM PLACE 60TH ANNIVERSARY CELEBRATION

Sunbeam Place celebrated 60 years of caring for our vulnerable children on 7 November. Staff, residents and alumni came together to celebrate the successes of our beneficiaries of the last 60 years, some of whom now serve actively as role models for our younger residents. Joining the joyous occasion was Guest-

of-Honour Mr Zaqy Mohamad, Adviser to Keat Hong Grassroots Organisations and MP for Chua Chu Kang GRC. Sunbeam Place is a residential home and gazetted place of safety for children who have been abused and neglected and in need of protection, or whose parents are unable to provide proper care.



YOUTHGIG

Close to 80 youth beneficiaries from Jurong Youth Centre displayed their passion for the performing arts at YouthGIG concert themed 'Hope' on 27 November. Auditions for YouthGIG started early in June, with each youth performer or helper mentored by staff members. Among the 149 audience who were present at Shuqun Secondary School to support the acts were the friends and family members of the youth participants.



NOV

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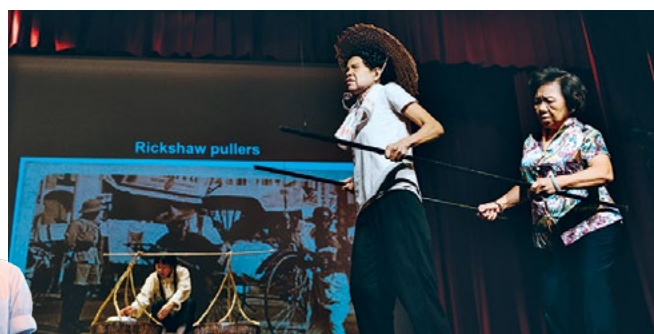
LAUNCH OF VOX @ SINGAPORE CHILDREN'S SOCIETY

Guest-of-Honour Mr Tan Chuan-Jin, Minister for Social and Family Development, launched the Society's third youth drop-in centre, VOX @ Singapore Children's Society on 3 December. VOX, which means voice in Latin, hopes to be a platform for the youth to give voice to their ideas. Staying true to what VOX hopes to achieve, the youth decided on and executed almost all aspects of the launch.

DEC

TRIBUTE TO VOLUNTEERS

The Society paid tribute to its Community Club. Guests were volunteers by inviting them to taken back in time to meet the catch 'Voices of the Singapore River', a theatre production by people living by the Singapore River, whose sacrifices helped to bring about the Singapore of The Glowers Drama Group on today, played out on stage. 5 December at the Ulu Pandan



ORGANISATION CHART

EXECUTIVE COMMITTEE

Chairman	Mr Koh Choon Hui
Vice Chairman	Prof Ho Lai Yun
Vice Chairman	Mr Tan Suee Chieh
Honorary Secretary	Assoc Prof Cuthbert Teo Eng Swee
Honorary Treasurer	Ms Theresa Sim May Ling
Honorary Assistant Secretary	Mrs Maria Shiu-Siu Lai Yee
Honorary Assistant Treasurer	Mr Ho Lon Gee
Members	Dr Agnes Chang Sook Cheong
	Mr Alex Lee Ka But
	Mr Kurt Wee Chorng Kien
	Dr Lim Lee Ching
	Mdm Rashidah Bte Abdul Rasip
	Mr Ronald Liew Wing Kong
	Ms Tan Khiaw Ngoh
	Assoc Prof Teng Su Ching
Co-opted Member	Mr Lim Hong Beng
Nominated Members	Assoc Prof John Elliott
	Mrs Mae-Lim Hoon Ann
	Dr Stephanie Leonard
	Capt Suresh Menon

STANDING COMMITTEES

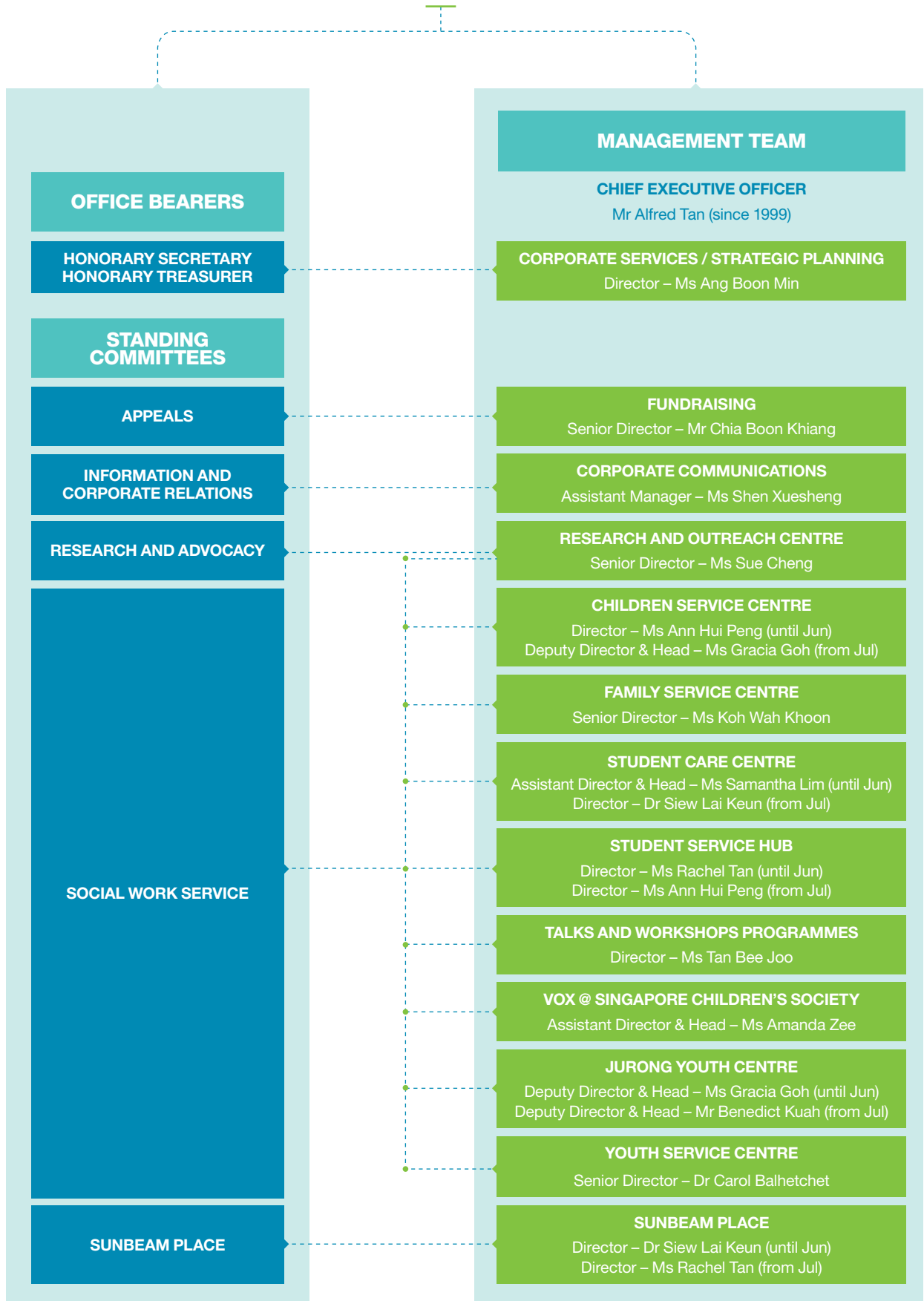
	CHAIRMAN
Appeals	Mr Kurt Wee Chorng Kien
Information and Corporate Relations	Assoc Prof Teng Su Ching
Research and Advocacy	Prof Ho Lai Yun
Social Work Service	Ms Tan Khiaw Ngoh
Sunbeam Place	Mr Alex Lee Ka But

OTHER COMMITTEES

	CHAIRMAN
Audit	Mr Tan Suee Chieh
Awards	Prof Ho Lai Yun
Crisis Management	Mr Koh Choon Hui
Investment	Mr Ho Lon Gee
Remuneration and Human Resource	Mr Koh Choon Hui

ORGANISATION CHART

EXECUTIVE COMMITTEE



CHAIRPERSONS OF SINGAPORE CHILDREN'S SOCIETY

For over sixty years, we are privileged to have had highly dedicated professionals and civic-minded citizens heading Singapore Children's Society.

CHAIRPERSON	YEARS SERVED
Mrs K M Smyth	1952 – 1954
Dr Gopal Haridas	1954 – 1956
Prof E S Monteiro	1956 – 1961
Mr J E Lloyd	1961 – 1963
Prof Wong Hock Boon	1963 – 1965
Mr Francis Thomas	1965 – 1970
Dr M G John	1970 – 1973
Dr Koh Eng Kheng	1973 – 1978
Mr Koh Choon Hui	1978 – Current

NATIONAL DAY AWARDS RECIPIENTS

The following members of our Society were honoured by the Singapore Government for their significant contribution to social service.

The Meritorious Service Medal (Pingat Jasa Gemilang)	
2011	Mr Koh Choon Hui

The Public Service Star (Bar) Bintang Bakti Masyarakat (Lintang)	
1993	Dr Koh Eng Kheng
2001	Mr Koh Choon Hui
2007	Mr S C Lim
2011	Mr Peter Joe Chia

Public Service Star (Bintang Bakti Masyarakat)	
1985	Dr Koh Eng Kheng
1991	Mr Koh Choon Hui
1992	Mr Peter Joe Chia
1994	Ms Susan Verghese
1995	Dr Lim Hwee Leng
1996	Mr Leslie Yong
1997	Mr S C Lim
1997	Dr Ngiam Tee Liang
2001	Dr Stephanie Leonard
2002	Mr Gwee Lian Kheng
2009	Mrs Mae-Lim Hoon Ann
2010	Prof Ho Lai Yun
2013	Mr Wong Yew Meng

Public Service Medal (Pingat Bakti Masyarakat)	
1980	Dr Koh Eng Kheng
1984	Mr Koh Choon Hui
1984	Mr Peter Joe Chia
1985	Ms Susan Verghese
1986	Dr Lim Hwee Leng
1986	Mr S C Lim
1987	Mr Safdar A Husain
1988	Mr Leslie Yong
1989	Dr Stephanie Leonard
1991	Dr Ngiam Tee Liang
1994	Mr Gwee Lian Kheng
1996	Mrs Mae-Lim Hoon Ann
1999	Mr Yeo Khee Gee
2000	Mr Yew Hang Meng
2003	Assoc Prof Teng Su Ching
2006	Prof Ho Lai Yun
2007	Assoc Prof John Elliott
2013	Mr Alex Lee Ka But

COMMITTEE MEMBERS 2015/2016

Name	Executive	Appeals	Information and Corporate Relations	Research and Advocacy	Social Work Service	Sunbeam Place	Audit	Awards	Crisis Management	Investment	Remuneration and Human Resource
Mr Koh Choon Hui ¹ <i>PJG, JP</i>	Chairman (since 1978)								Chairman	Member	Chairman
Prof Ho Lai Yun <i>BBM, JP</i>	Vice Chairman (since 2002)			Chairman (from May)		Advisor (from May)		Chairman	Vice Chairman	Member	Member
Mr Tan Suee Chieh	Vice Chairman (since 2008)						Chairman				
Assoc Prof Cuthbert Teo Eng Swee ² <i>PPA(G)</i>	Honorary Secretary (since 2015)			Advisor *	Member			Member	Member		Member
Ms Theresa Sim May Ling ³	Honorary Treasurer (since 2015)									Member	Member (from May)
Mrs Maria Shiu-Siu Lai Yee	Honorary Asst Secretary (since 2014)			Member *							
Mr Ho Lon Gee	Honorary Asst Treasurer (since 2015)							Member		Chairman	
Dr Agnes Chang Shook Cheong	Member				Vice Chairman						
Mr Alex Lee Ka But <i>PBM, JP</i>	Member			Member	Member (from May)	Chairman (from May)		Member	Member		Member
Mr Kurt Wee Chornng Kien	Member	Chairman						Member	Member	Member	Member
Dr Lim Lee Ching	Member		Vice Chairman (from May)								
Mdm Rashidah Bte Abdul Rasip <i>PPA(P)</i>	Member				Member						
Mr Ronald Liew Wing Kong	Member (since 2015)										
Ms Tan Khiaw Ngoh	Member				Chairman (from May)			Member	Member		Member (from May)
Assoc Prof Teng Su Ching <i>PBM, JP</i>	Member		Chairman					Member	Member		Member
Mr Lim Hong Beng	Co-opted Member (since 2014)	Member									
Assoc Prof John Elliott <i>PBM</i>	Nominated Member			Vice Chairman #							
Mrs Mae-Lim Hoon Ann <i>BBM</i>	Nominated Member			Member		Member		Member			
Dr Stephanie Leonard <i>BBM</i>	Nominated Member					Advisor					
Capt Suresh Menon	Nominated Member					Member					

Singapore Children's Society is governed by the Executive Committee which has overall responsibility for policy making and governance. Members of the Committees are volunteers and receive no monetary remuneration for their contribution.

¹ Mr Koh Choon Hui is a Company Director.

² Assoc Prof Cuthbert Teo Eng Swee is a Forensic Pathologist at the Health Sciences Authority.

³ Ms Theresa Sim May Ling is a Partner at PricewaterhouseCoopers LLP.

COMMITTEE MEMBERS 2015/2016

Name	Appeals	Information and Corporate Relations	Research and Advocacy	Social Work Service	Sunbeam Place	Audit	Investment
Dr Alice Seng Seok Hoon		Member		Member			
Mrs Amy Fam				Member			
Mr Brendon Yeo	Member						
Dr Brian Yeo				Advisor			
Dr Chan Chee Hoe					Member		
Mr Chan Eng Thai					Member		
Ms Chang Rui Hua		Member					
Dr Cheung Hoi Shan			*				
Dr Christina Ong					Member		
Assoc Prof Daniel Fung Shuen Sheng			Member *				
Capt David Eliathamby					Member		
Mr Eric She Zhaozuo			Member				
Ms Gan Yok Kim	Member (till Sep)						
Mr Gwee Lian Kheng <i>BBM</i>							Member
Mr Harry Chua Chin Nam						Member	
Assoc Prof Isabella Wong				Member			
Ms Jennifer Quong		Member					
Dr Kevin Koh Tse-Chung					Member		
Mr Koh Yeong Kheng	Member						
Dr Lee Jee Mui	Member						
Dr Lena Lee Siow Ling		Member					
Dr Lim Hwee Leng					Member		
Dr Lim Kim Whee			*				
Dr Magdalene Chan Oi Yoke <i>PPA(P)</i>			*				
Ms Mel Koh Y. P.	Member						
Mr Mohd Khairunan Bin Ali <i>PPA(G)</i>					Member		
Dr Neera Gupta	Member						
Mr Ning de Guzman		Member					
Ms Norashikin Mohammed Hussein			Member				
Dr Ong Bee Ping <i>PPA</i>					Vice Chairman		
Mrs Pek-Quek Swee Hee					Member		
Mr Philip Tan Seng Leong <i>PBM</i>						Member	
Prof Phua Kong Boo			Member		Member		
Dr Quah Saw Han			*				
Dr Regina Lee Wan Peng		Member (from May)					
Ms Susan Verghese <i>BBM</i>	Member	Member					
Prof Tan Cheng Lim <i>PPA(P)</i>					Member		
Dr Tan Seok Hui			*				
Mr Thomas Ting	Member						
Dr Warren Lee Wei Rhen			Member				
Asst Prof Wernmei Yong Ade		Member					
Capt Yang Siew					Observer		
Ms Yap Bee Cheng					Member		
Mr Yeo Khee Gee <i>PBM</i>		Member			Member		
Mr Yew Hang Meng <i>PBM</i>	Member				Member		

Assoc Prof John Elliott is also the Research Committee Chairman.

* A member of the Research Committee. Dr Lim Kim Whee is an advisor of this Committee.

OUR WORK

In 2015, 67,577 children, youth and families benefited from our comprehensive range of programmes aimed at addressing different needs. The programmes are run by our 11 service centres islandwide, offering services in the four categories of Vulnerable Children Services, Children and Youth Services, Family Services, and Research and Advocacy. Our 11 service centres are:

1. Children Service Centre
2. Family Service Centre (Yishun)
3. Jurong Youth Centre
4. Research and Outreach Centre
5. RoundBox @ Singapore Children's Society
6. Student Care Centre (Henderson)
7. Student Service Hub (Bukit Merah)
8. Sunbeam Place
9. Talks and Workshops Programmes Centre
10. VOX @ Singapore Children's Society
11. Youth Service Centre (Toa Payoh)



MAKE A DIFFERENCE





01//CHILDREN SERVICE CENTRE

Children Service Centre provides preventive and developmental services for children aged between 5 and 12. With issues ranging from financial hardships to family crises and various transitions a child may experience, many children face unequal opportunities to develop to the best of their potential. Some end up at great risk of engaging in delinquent behaviour and leaving school prematurely.

To address these social disadvantages, the Centre actively reaches out to the children

in the community to provide a range of developmental programmes to impart positive values and critical life skills in fun and creative ways.

Through children's camps and programmes such as Sunbeam Friends Club, KidzSHinE @ Bedok (Seeing Hope in Every Kid), KidzREACH @ Siglap and Choo Choo Train, children learn through fun and group activities that develop their socio-emotional learning and personal resiliencies.

CAMP 2030

18

Twenty-eight children aged 10 to 12 caught a glimpse of their own futures during Camp 2030, which 'fast-tracked' their lives to help them understand how decisions made now could impact what they would achieve in the future. Held from 10 to 12 June, the children had a sense of how their choices could impact their futures after the

camp. The camp was loosely based on the School-to-Jobs Programme initiated by the University of Michigan, Ann Arbor, and was aimed at providing the children with a glimpse of the kinds of future they might have based on how they performed in school now.

CAMP E.R.

Seventeen children were enrolled as students at make-believe 'Medical School on Emotional Health', a two-day non-residential camp called Camp E.R., or Camp Emotional Regulation. Held at the Siglap Community Centre, Camp E.R. was conducted to help the children residents learn how to identify one's emotional health, and the possible negative consequences of ineffective emotional management. The children acquired knowledge on the importance of fostering emotional wellness through relaxation techniques, anger displacement activities and problem solving skills.



FAMVILLE CAMP

Eleven parents and children participated in the two-day non-residential FamVille Holiday Camp, where families participated in various activities to discover more about one another's communication styles. The camp was held at the Children Service Centre and aims to deepen and strengthen family bonds. The children prepared a simple and elegant tea session for their parents and exchanged notes of appreciation and affirmation.



FamVille has widened my perspective on parenting due to the healthy sharing and exchange of ideas among other parents in the small group facilitation. I spent quality time with my children through the games and activities. We discovered new things about our personalities and individual strengths. My children enjoyed themselves when they prepared a café setting at tea time for all of us at the camp!

– Mdm Noridayu, a parent participant of FamVille 2015

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KIDZREACH @ SIGLAP

KidzREACH @ Siglap is a community outreach programme for children aged between 7 and 12, who reside in the Bedok interim rental housing estate. The programme aims to help children, whose families are financially challenged, by equipping them with skills to be more resilient. It involves weekly groupwork sessions to enhance the children's resilience and promotes positive coping. Some of the topics addressed through the fun and activities are responsible decision-making and self-management skills.



02//FAMILY SERVICE CENTRE (YISHUN)

Family Service Centre (Yishun) promotes stable family life through various services and programmes. These include financial aid, casework and counselling, information and referral services, workshops, camps and programmes that focus on helping children in need. Our programmes include Project Invest, LEAP (Let Every Aspect Progress), EUREKA!, Storm Riders, Sunbeam Friends Club and Camp V-Nest.



CASEWORK AND COUNSELLING

The Centre received 791 Information and Referral Service (IRS) cases in 2015. It served 619 casework and counselling cases, of which 210 were new cases and 97 were reopened cases. Counselling Order (CGO) cases for family violence saw an increase of 27 cases, from 95 cases in 2014 to 122 in 2015.

Of the 210 new cases, the Centre came across 29 cases or families (14%) that did not have any income, and 27 cases (13%) with a total household monthly income of

less than \$1,000. It also registered 50 cases (24%) that had a total household monthly income between \$1,001 and \$2,000, 35 cases (17%) that are between \$2,001 and \$3,000, and 52 cases (25%) that are \$3,001 and above.

The high percentage of low income families corroborates the fact that financial issues continue to dog families trying to meet their basic sustenance needs, a top presenting problem since 2009.

Top 5 Problems	2014	Top 5 Problems	2015
Financial Issues/Basic Sustenance	287 (44%)	Financial Issues/Basic Sustenance	114 (23%)
Family Violence — Spousal, Child, Elderly And Sibling	109 (17%)	Family Violence — Spousal, Child, Elderly And Sibling	94 (19%)
Emotional Issues	40 (6%)	Family Issues	41 (8%)
Marital Issues	37 (6%)	Emotional Issues	34 (7%)
Housing/Shelter	35 (5%)	Parenting/Child Management	29 (6%)

Self-referred cases constituted 37%, followed by referrals from the Ministry of Social and Family Development at 28%, Others (friends/relatives, family service centres, voluntary welfare organisations, hospitals, ComCare helpline, etc) at 16%, and the Community Development Councils/Social Service Offices at 11%. Cases referred by the Court stand at 4%.

Of the 619 cases handled in 2015, 394 were closed within

the year, of which 97% were considered a success. According to feedback received, 359 of the 365 clients indicated that they were very satisfied with the casework and counselling services offered by the Centre.

The Centre also disburses The Straits Times School Pocket Money Fund to needy students living within our service boundary. In 2015, \$145,455 was disbursed to 314 children from low-income families.

FAMILY SERVICE CENTRE (YISHUN) PROGRAMMES

- A total of 19 children from primary four to six participated in an overnight camp in December which aimed to enhance their self-esteem and self-image. The children, under the guidance of the Society's staff and volunteers, also learned about friendship and independence at Camp ESTEEM.



- Camp V-Nest aims to impart values such as respect, caring and resilience to children through interactive games and activities at a three-day camp in December. The camp, which was facilitated by 25 trained student volunteers from National Junior College, benefited 30 children in 2015.



- EUREKA! is a four-session programme that equips children from primary two to five with skills and knowledge on coping with changes in life. The long-term goal is for participants to accept and adapt to the changes they face. Parents, whose children are enrolled in the programme, are encouraged to attend a pre-course session which aims to get them involved in putting what their children have learnt into practice. A run of the programme was conducted for 8 children in 2015.

- LEAP (Let Every Aspect Progress) is a programme that looks at building self-esteem and confidence in children from primary four to six through group discussions, role playing, journaling and experiential learning. Group facilitators help create a safe, supportive and non-judgemental environment for participants to achieve prescribed goals. Two runs were conducted in 2015, benefiting 35 children.

- Project Invest is an experiential four-session course for parents with children aged below 12 who are keen to strengthen their parent-child relationship. Topics include understanding child development and psycho-emotional needs of children, parenting styles, communication, positive discipline and parental attitudes towards children. Two runs were conducted in 2015, reaching out to 32 parents and caregivers.

- Storm Riders is an anger management intervention programme for children from primary three to five. They learn effective communication, emotional management and regulation techniques, as well as positive conflict resolution skills. In addition, various cognitive-behavioural difficulties displayed by children with anger or behavioural problems are addressed. Four runs were conducted, benefiting a total of 44 children.

I wish I could turn back time so I could listen to (Senior Director of Children's Society Family Service Centre (Yishun)) Ms Koh Wah Khoon when or even before my child was born. Undoing the ineffective teaching and child-shaping habits is difficult. Thank you so much!

– Mr Lawrence Kong, a parent and Project Invest participant

CHILDREN'S MEDICAL FUND

The Children's Medical Fund (CMF) aims to make quality medical treatment accessible to children up to 19 years old, who come from middle and lower income families, and who are suffering from chronic and/or life-threatening illnesses.

On 30 January 2013, CMF was extended to patients who are neither Singapore Citizens nor Singapore Permanent Residents but are born in Singapore with both parents having been either Singapore Citizens or Permanent Residents for at least one year at the time of applicants' birth, and meet all other CMF eligibility criteria. To date, CMF has assisted such foreign patients with a total of \$42,659.

Beneficiaries' most common illnesses are haemophilia, thalassaemia which may require bone marrow transplant, spinal deformity/scoliosis, hearing disability which requires a cochlear implant or hearing aid, rare diseases like multiple sclerosis, multiple deficiencies, and others.

In 2015, Singapore Children's Society approved a total of \$307,886 out of its CMF for 16 applicants of whom 10 were new, and 6 were repeat applicants. In all, a total of 25 patients including existing and new patients were served.

GIFT OF A SECOND CHANCE

Wendy*, 17, was diagnosed with Systemic Lupus Erythematosus in 2011 after she was admitted to the KK Women's and Children's Hospital (KKH) for persistent fever, nosebleeds, unaccountable bruises and intestinal infection. She underwent three surgeries during her six-month stay in the hospital. Initially, Wendy had difficulty coping with her illness and sought help via psychological and counselling services from KKH.

Over the years of treatment, Wendy experienced significant bone loss in her legs and hips. As a result, she experienced difficulty walking. She has been going for regular medical follow-ups and physiotherapy sessions. As the cost of the medical treatments were too high for Wendy's mother — who is the breadwinner of the family — to bear, Singapore Children's Society tapped into CMF and subsidised 95% of Wendy's medical expenses. Both mother and child are very grateful for the gift of a second chance in Wendy's life.

* Name has been changed to protect her identity.

03//JURONG YOUTH CENTRE

Jurong Youth Centre is a drop-in centre which focuses on engaging youth meaningfully to develop their strengths, build their self-confidence and pre-empt a path of juvenile delinquency. The Centre targets reaching out to youth by providing them a safe, friendly and non-judgemental environment as well as social-emotional education. It reaches out to youth aged 13 to 18 through the TeenStart and TeenzLife programme, conducted at GIG (Gain, Inspire, Give) @ JYC.



TeenStart is a drop-in service for youth which provides a variety of programmes that range from interest group activities to talent development programmes. Youth dropping in at the Centre enjoy facilities such as the dance studio, study area, pool table, music equipment, Xbox games, laptop and internet access. They can also participate in a range of activities such as the performing arts, sports and fitness, mixed media, adventure and camps, as well as youth volunteering projects.

TeenLife and TweenzLife comprise talks and workshops that focus on life-skills and youth-related topics conducted at neighbouring secondary and primary schools respectively.

Whilst the various programmes aim to provide youth with opportunities to develop a healthy self-esteem and personal confidence, our key developmental goals are to impart positive values and life skills. In 2015, the Centre reached 537 youth through TeenStart and 1,602 youth through TeenzLife and TweenzLife.

During the course of their work at JYC, our youth workers have come into contact with various groups of people whose sharing and feedback have indicated that there is

a need for a drop-in service for upper primary students. As such, the Centre started offering community-based services to children-at-risk aged 9 to 12. A new extension called DEN (Discover, Empower, Nurture) @ JYC, a drop-in service for children aged 9 to 12, will be launched in 2016.

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TALENT DEVELOPMENT PROGRAMME

The Talent Development Programme will see youth with similar interests getting together and forming interest groups to learn from one another, under the supervision of staff. There will also be opportunities for senior youth to partner and guide younger members.

The programme aims to boost our youth's confidence and to impart positive values while developing their skills. Youth who show commitment, responsibility and aptitude in our interest groups are given opportunities to further develop their talents. They also participate in friendly soccer matches with external teams or perform at various in-house and public events.

Some achievements the Centre has seen include two youth who were sponsored by Evolve Gym to attend Mixed Martial Arts training at their gym, 14 soccer youth being sponsored by Ascendas to receive professional coaching with Tanjong Pagar United Football Club, and five youth receiving professional vocal lessons from a singing coach.



I was able to express myself freely and never regretted joining Jurong Youth Centre since I was 13 years old. Besides being able to dance with my friends, I was also able to share my problems or happy moments with the counsellors. It is amazing to see how we built great relationships with one another in a small centre.

– Ms Dini, 20, former beneficiary and member of JYC for 6 years



04//RESEARCH AND OUTREACH CENTRE

Research and Outreach Centre conducts research to shed light on issues relating to children, youth and families in Singapore. Research findings are published in monographs and presented through appropriate platforms to inform services. At the same time, the Centre also reaches out to young children to teach

them ways to protect themselves from sexual abuse. An annual lecture is also organised in which a subject expert speaks on a topic relating to children. Direct service work is also carried out at the Centre. Social workers and counsellors work on projects to ensure that children do not miss out on education.

COMPULSORY EDUCATION CASEWORK

The Compulsory Education Act was implemented in 2003. According to the Act, a child of 'compulsory school age' is one who is above the age of 6 and who has not yet attained the age of 15 years. Under the Act, a child born after 1 January 1996 and is a citizen of Singapore residing in Singapore, has to attend a national primary school regularly unless he or she has been exempted from compulsory education.

Since our first Agreement in 2003 with the Ministry of Education (MOE), over 300 children have been referred to Children's Society. We work to help families overcome their problems so that their children can attend school regularly. Their problems are typically related to financial difficulties, housing issues, parenting/caregiving issues, or issues relating to the children such as school phobia, school refusal and problems in school.

Our caseworkers collaborate with school personnel and other social service agencies to integrate the children into the school system and ensure regular school attendance.



In 2015, we had 23 new referrals on top of the 44 that we were continuing to work with from previous years' referrals. Of the 12 children who sat for the Primary School Leaving Examination in 2015, many of whom were children we had worked with in past years, 6 passed and went on to a secondary school and another 4 chose to pursue a vocational course at NorthLight or Assumption Pathway School. The remaining 2 repeated primary six.

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PRE-SCHOOL EDUCATION OUTREACH AND CASEWORK

Pre-school education prepares a child for formal education. Having seen how Compulsory Education Casework children who have not had pre-school foundation struggled in primary one, we saw the importance of going upstream to work with pre-schoolers.

In 2006, Singapore Children's Society took up the invitation by the then-Ministry of Community Development, Youth and Sports and the People's Association to develop guidelines to train Grassroots Leaders who would call on households with children aged 5 and 6 but have not registered them at a pre-school.

Working closely with the Early Childhood Development Agency (ECDA), we saw families with 4, 5 and 6-year-olds

who might not have enrolled in any childcare or kindergarten centres. Our caseworkers worked alongside the families to support the placement of these children into a pre-school. Families that needed financial support were pointed to the relevant subsidies.

In 2015, we reached out to a total of 519 pre-school children and worked with their families to ensure they were enrolled in a pre-school centre.



PROJECT LADDER

Project LADDER is a joint initiative with the Singapore Prison Service that allows children whose parents are incarcerated to maintain regular contact through tele-visits at our Research and Outreach Centre.

Inmates receive visits either through face-to-face visits at the Prison complex or through tele-visits via the video-conferencing facility provided at Prison Link centres or facilities run by voluntary welfare organisations.

To use our facilities, the inmate must have at least one child aged below 16, and the family is required to accompany the children along to the Centre. This serves the project's objective of allowing the children to maintain regular contact with their incarcerated parent.

What makes our tele-visit facility different from the Prison Link Centres is that our staff do not don the Prison staff uniforms. In addition, the non-threatening and conducive environment at the Centre is a draw for some families. We have also introduced child-friendly features, such as allowing young children to bring a toy from our playroom into the tele-visit room as well as allowing the family to bring in a birthday cake to celebrate the child's or inmate's birthday.



The tele-visit sessions present us with opportunities to engage the family, particularly the children. We find out how they are coping with an absent parent and may offer counselling or relevant support. We also check in with the school-going children to ensure that their needs are met. At the same time, we explore if the family is in need of any assistance and may direct them to other VWOs or government agencies for financial, employment or housing problems.

Currently we have two playrooms and two tele-visit rooms. In 2015, 251 children used our facility.

KIDZLIVE: I CAN PROTECT MYSELF

KidzLive is a programme that teaches young children body safety skills, to empower them to protect themselves against sexual abuse. Staff members conducted the hour-long programme at various pre-school centres, reaching out to more than 1,300 kindergarten one and two children in 2015. KidzLive is targeted at pre-schoolers aged five and six and is conducted in pre-school centres upon request.

To reach out to more pre-school centres, the team participated in the Early Childhood Conference and Carnival 2015 to network with pre-school educators and to publicise the KidzLive programme. This marked the second year that the Society has participated in this conference organised by the Early Childhood Development Agency.

In 2015, the team successfully completed evaluating the programme with a sample of 250 children who had

attended KidzLive. Findings revealed that the children's prior knowledge in identifying private body parts and the steps to take in an event of sexual abuse was lacking. Post-test data collected two weeks after the programme showed that the children's awareness in these areas improved significantly after attending the programme.



RESEARCH STUDIES

Singapore Children's Society conducts research to identify social trends and issues related to children, youth and families in Singapore. Presently, a total of five studies at different stages are in the works.

Compulsory Education Casework Interview Research

Often termed the 'key to success', education is an important aspect of every child's life. Yet, there are children who are not capitalising on their potential as they do not attend school regularly; some are not even registered for school. Since July 2003, Singapore Children's Society has handled MOE-referred Compulsory Education cases and worked with these families to improve their child's school attendance.

This study revisited families we have worked with from 2003 to end-2014 to find out if interventions provided by our caseworkers then were efficacious, and also to find out about their perception of education then and now. To date, 48 one-on-one structured interviews were conducted with families and their children. Findings would be critical in finding out the type of interventions that had worked, and consequently improve our service delivery in future.

Infant Attachment Study

Today, more women are active participants in the workforce. As a result, mothers have less time to be with their children. The potential impact of changes in child caregiving practices in Singapore has yet to be explored. As such, Singapore Children's Society, in collaboration with KK Women's and Children's Hospital, embarked on a longitudinal infant study to explore child caregiving practices in Singapore and how these might impact mother-child attachment and child development.

Three cohorts of first-time mothers were recruited for the study. In total, 439 mothers completed a series of three interviews, from the time when their child was 4 months old to the time the child turned 3. Data collection and analyses have been completed, and monograph writing is underway. The findings of the study will benefit caregivers, childcare professionals and policy makers.

Perceptions of Child Abuse and Neglect

How Singaporeans view child abuse and neglect has an impact on the protection of children from harm. An earlier study we conducted in 1994 examined perceptions of child abuse and neglect among the Singaporean public, and another in 1997, among professions who, in the course of work, come into contact with children. The current study sets out to understand changes in the perceptions of child abuse and neglect by replicating the earlier study, and comparing findings across both studies.

This study aims to support the work in preventing child abuse and neglect by investigating whether certain types of child maltreatment are less likely to be perceived by Singaporeans as being abusive. Monograph No 10(R) 'Changing Public Perceptions of Child Abuse and Neglect in Singapore (Revised)', that documents the changing public perceptions of child abuse and neglect has been published.

Socio-economic Status and Children's Self-concept Study

In line with the Society's mission of bringing relief and happiness to children in need, we are constantly working to level the playing field for children from disadvantaged backgrounds. However, social class differences may be perpetuated when children from less privileged backgrounds display less favourable views of themselves and hold lower aspirations, given that self-concept — how children view themselves — and aspirations can translate into actual outcomes.

This study looks at how social stratification may shape children's self-concept and their aspirations. A total of 601 children participated in this study. Data analyses have been completed and monograph writing is currently ongoing.

The Impact of Cyber Environments on Adolescents

With advancements in information and communication technology, adolescents today face unique challenges, such as cyberbullying and internet addiction, while they navigate the online world. How common are these challenges? Are they really 'new'? How are they affecting our adolescents' well-being and behaviours?

Seeking to answer these questions, the study explores the current trends in cyberbullying and internet addiction, and their relationship with adolescents' physical and mental well-being, and other associated behaviours.

In 2014, 3,329 adolescents from 28 schools were surveyed. Findings from this study will benefit families, school personnel as well as professionals working with adolescents, and offer insights on potential areas for interventions and advocacy work.

This cross-cultural study was conducted in collaboration with the Institute of Mental Health and the University of Turku, Finland. Findings from this study were presented at the 10th Asia Pacific Conference on Child Abuse and Neglect 2015, Malaysia. Write-ups of the findings are underway.

RESEARCH GRANTS

To stimulate research interest in the area of children, youth and families, research grants are offered to undergraduate and postgraduate students who conduct relevant research

studies as part of their coursework. In 2015, a total of \$5,760 was awarded to six successful applicants.

PRESENTATIONS AT THE 10TH ASIA PACIFIC CONFERENCE ON CHILD ABUSE AND NEGLECT

Staff members from the Research and Outreach Centre presented four papers at the Conference which took place in Kuala Lumpur, Malaysia, from 24 to 28 October. Research Officer Ms Ong Xiang Ling made a poster presentation on 'Risk Profiles of Children in Residential Care: A Case Study'. The other three papers were oral presentations: Research Officer Mr Jacky Tan spoke about 'How Professionals in Singapore Responded to Cases of Child Abuse & Neglect: A Case Recall Study', while Ms Jerrine Khong touched on 'Mental Health of Adolescents involved in Traditional Bullying and Cyberbullying'. Public Education staff members Ms Lin Xiaoling and Ms Grace

Yap presented on 'Teaching Pre-schoolers Body Safety Skills'.



05//ROUNDBOX @ SINGAPORE CHILDREN'S SOCIETY

RoundBox @ Singapore Children's Society is a drop-in centre that reaches out to youth through performing arts and sports, in a safe and conducive environment. The youth are able to develop skills and interests such as soccer, capoeira, DJ-ing and jam band.

RoundBox also saw the youth showcasing their talents in pool and foosball competitions. Other events and programmes included Halloween party, grooming workshops, and outings to the Formula One race and ONE FC Championship.

In 2015, RoundBox began offering youth more talks and workshops as part of a three-



pronged approach. One such programme was the Passion Project where professionals from various niche industries were invited to share their experiences and inspire the youth.

RoundBox had 137 new sign-ups in 2015, bringing the total membership to 920 members.



“

I am now more confident performing in front of crowds thanks to the staff at RoundBox @ Singapore Children's Society.

– Mei Ling*, RoundBox @ Singapore Children's Society Jam Band singer

”

* Name has been changed to protect her identity.

06//STUDENT CARE CENTRE (HENDERSON)

Student Care Centre (Henderson) started as a before-and-after school care service provider for primary school children who mainly come from low-income, single-parent and/or distressed families, and who are left at home without adult supervision.

Since 2013, the Centre switched to providing after school care services as most primary schools in the vicinity have switched to single session operation. Nonetheless, the Centre continues to serve its constituents in the Henderson neighbourhood by providing outreach service through working with grassroots organisations and neighbouring kindergartens.

The Centre provides a nurturing environment where children are given the opportunity to enhance their emotional, intellectual, social and physical development through various activities and programmes.

BRIDGING THE AGE GAP

Mutual respect makes gracious living — a key takeaway learned by children from the Student Care Centre (Henderson) after spending their school holidays with a group of senior citizens from the nearby Thong Kheng Senior Activity Centre (Tanglin-Cairnhill). The children spent many happy hours interacting with the seniors through activities such as morning exercises, karaoke and playing board games. They also learned to show kindness and consideration towards the elderly.



A CLEAN ENVIRONMENT IS EVERYONE'S RESPONSIBILITY

Everyone has a part to play in maintaining the cleanliness of the environment. This awareness was inculcated when children from the Centre, coupled with KidzSHinE members, embarked on a mass clean-up journey at Bukit Merah View and Henderson Heights neighbourhoods. An

initial distaste towards picking up trash was transformed into fun and laughter, when children ended up competing over the amount of trash they picked up and learnt to uphold environmental responsibility and social harmony.

READING FOR LIFE

The Group Reading Programme aims to cultivate a love for reading in our children and motivate them towards making reading a lifelong habit. First initiated in 2013, the programme offers a wide variety of age-appropriate books that reflect fundamental values that teach important life lessons. Discussions and sharing of ideas are at the centre of the programme, where children are encouraged to listen and think as they speak.

To spark children's interest in current affairs, the children are encouraged to read newspapers. This will help broaden their general knowledge and make them aware of what is happening in the world. When they encounter words that they do not know, the children are taught to look up their meanings in a dictionary.

Each family's life challenges are unique and at Student Care Centre (Henderson) we work collaboratively by emphasising individual strengths in developing resilience. We do this through our daily interactions and communication with families and children, conducting programmes and activities to facilitate and support positive families and children's development.

– Dr Siew Lai Keun, Director, Student Care Centre (Henderson)

07 // STUDENT SERVICE HUB (BUKIT MERAH)

Student Service Hub (Bukit Merah) reaches out to youth in secondary schools through Project CABIN, a school-based after school drop-in programme. The Centre also houses the Tinkle Friend Programme, which runs the Tinkle Friend Helpline and the Tinkle Friend Online Chat — a national toll-free helpline

and chatline, respectively, for primary school children in Singapore. It co-ordinates the Vulnerable Witness Support Programme which provides support for vulnerable children who are providing evidence in court, and advocates a bully-free culture in schools through the Bully-Free Programme.

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BULLY-FREE ROADSHOW

The annual Bully-Free Forum, which traditionally targets school personnel, counsellors, and professionals, was replaced with the Bully-Free Roadshow in 2015. The change in the format of our outreach efforts was due to

feedback from parents that they would like to be kept in the psycho-education loop, and to hear directly from us.

Held at Jurong Point Shopping Centre, the roadshow involved an exhibit highlighting the United Nations Convention on the Rights of the Child, an effort in collaboration with the Ministry of Social and Family Development. Games and information booths were set up to educate the public on bullying and to promote a bully-free environment.

Feedback has indicated that those who had attended the roadshow walked away more knowledgeable about how they can protect themselves and others against bullies. They have also been made aware of the bully-free website (www.bullyfree.sg). Over 2,200 members of the public visited the roadshow, which lasted two days.



PROJECT CABIN

Project CABIN is a school-based drop-in programme that allows youth workers to reach out to youth more effectively as they spend the bulk of their time in school.

First initiated in 1994, Project CABIN aims to create a special place for students to hang out after school, engage in activities, forge friendships, and most importantly, feel comfortable in a place that welcomes the students and makes them feel at home.

Project CABIN was, literally, a cabin, when the project was initiated. It was a container placed within school grounds that was furnished with games, comfortable furniture, and later on, Internet access. Over time, due to the changing needs and safety regulations, Project CABIN was operated out of a refurbished classroom.

In 2015, the last cabin container, Friendship Hut, had to go. It was the home and stronghold for numerous New Town

Secondary School students over the past 13 years. Started in May 2002, it saw the students through many ups and downs.

Acknowledging the benefits and positive impact it has had on the students, the school management proposed a new venue for Friendship Hut, which opened its doors in February 2016.



INTER-CABIN SPORTS COMPETITION

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The Inter-CABIN Captain's Ball Competition held on 29 August saw the participation of 14 secondary schools that run Project CABIN, with Seng Kang Secondary School emerging as champions. The competition aims to encourage youth to hone their interests and talents through fun and healthy sporting activities. Such competitions also seek to cultivate and promote positive attributes like teamwork, fair play and healthy self-esteem. To ensure inclusivity, all teams were required to have at least two female players on board in order to qualify for the competition.



PROJECT IMPACT

Project IMPACT is a Values In Action-based Inter-CABIN competition organised by Student Service Hub (Bukit Merah) for all CABIN Clubs and Project CABIN drop-in centres across Singapore. The students were tasked to pick a disadvantaged group to work with. The objective of this project was to build resilience through providing service and outreach, to instil respect through better understanding of people with disabilities, and to encourage participants to be responsible citizens by giving back to the community.

The amount of effort which had gone into putting together their projects was applaudable, going by the youth workers' testimony. A total of 10 secondary schools

faced off during the competition on 8 September, with Seng Kang Secondary School emerging as champions.



I learn values like respect and resilience, and how to stand up against bullies, for instance. The most important thing I have learned from Project CABIN is friendship. The cabin feels like a second home. Hence, the CABIN members, teacher-in-charge and Youth Worker are like family members to me.

– Leonard Yap Boon How, 14, member of Project CABIN in Yuying Secondary School

TINKLE FRIEND

Tinkle Friend Helpline (1800 2744 788) is a national toll-free helpline for primary school children who need a listening ear. An online equivalent of the service, the Tinkle Friend Online Chat service (www.tinklefriend.com), is also available to children.

Manned by trained staff and volunteers, both services provide support, advice and information to lonely and distressed children especially in situations when their parents or main caregivers are unavailable.

Boredom and school-related issues remain the most commonly cited reasons for students to initiate the phone calls or online chat. In 2015, a total of 1,468 calls were made to Tinkle Friend Helpline while 2,052 chats were logged.



Top 5 Nature of Conversations	Tinkle Friend Helpline	Tinkle Friend Online Chat
Bored and chit-chat	48.4%	25.4%
Peer-related	11.6%	19.0%
School-related	9.3%	16.3%
Family-related	4.0%	6.8%
Sharing of happy events	1.1%	-
Others	-	8.5%

Feedback from Children	Tinkle Friend Helpline	Tinkle Friend Online Chat
Feel helped	99.4%	81.2%
Did not feel helped	0.6%	18.8%

TINKLE FRIEND ONLINE CHAT

Since Tinkle Friend Online Chat service was launched in 2014, the number of chats where children shared that they were feeling suicidal and were hurting themselves in an attempt to cope with their feelings have been on the rise.

Judy* is one of them. The then-11-year-old signed in to chat with Tinkle Friend in early 2015 and shared that she had been feeling sad and often cried to herself. She had thoughts about taking her life and considered jumping off a building. Although Judy was doing well academically,

she hated school and did not enjoy spending time with her friends. She also did not like to work in groups and preferred to be by herself most of the time.

Judy was also having problems with her family members and was experiencing a great amount of conflict with her parents at the time. She shared that she had been cutting herself for about a year. She would cut herself lightly with a small blade, whenever she felt angry about being scolded by her mother.

As Judy's problems were serious, the Society's staff decided to intervene and attempted to reach out to her. Initially, she was reluctant to reveal her contact details as she did not want her parents and teachers to be aware of her situation. However, the staff did not give up and tried persuading her to get help. It took several months before Judy agreed to receive further help. Contact was made with her parents and eventually, her school was informed of the issues she was facing.

As Judy was suspected to be suffering from depression, she was referred to the mental healthcare team at the Institute of Mental Health's REACH for specialised support. Judy's teachers and school counsellor were supportive of

her and her family was referred to a family service centre for counselling as a family.

Today, Judy continues to receive support from her teachers, school counsellor, the REACH team, and her relationship with her parents has improved. With the help of various parties like the school, the family service centre, REACH and Tinkle Friend, Judy is now coping better with her depression.

Such intervention would not have been possible without Tinkle Friend's timely actions. Illustrated below are the swift measures taken by Tinkle Friend when a child shares a serious problem.

1

A child who is unsure about the next course of action regarding his/her serious problem can log on to Tinkle Friend website to share about it. Tinkle Friend Online Chat is accessible via desktops and mobile phones.



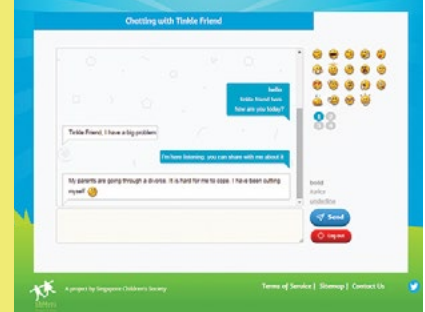
2

The child is required to fill in the basic bio data, and does not need to use his/her real name to chat with Tinkle Friend. This allows the child to share serious issues without revealing his/her identity until he/she feels comfortable.



3

The child is given ample space and time to share about the problem. If the child is facing a crisis, Tinkle Friend will seek permission to obtain his/her details to offer further support. In such cases where a child is suicidal, SOS helpline is given to provide 24 hours support.



4

Depending on the child's preference, Tinkle Friend staff will contact the child directly or inform the school counsellor about the matter. This will happen within 24 hours. In cases such as Judy's where the situation is complex, parents and supporting agencies are involved to provide holistic remediation for the child.

* Name has been changed to protect her identity.

08//SUNBEAM PLACE

Sunbeam Place is a residential home and gazetted place of safety for children who have been abused and neglected and are in need of protection, or whose parents are unable to provide proper care.

The children's welfare, safety and needs are at the centre of its care. The Centre provides a home-like and loving environment for children and youth aged between 2 and 21. It counsels

and helps them cope with changes to develop a positive self-view with emotional resilience. The programmes offered at Sunbeam Place are based on their age and interest. The Centre provides a wide range of opportunities to develop children's strengths and skills to be responsible young adults.

In 2015, Sunbeam Place cared for a total of 82 residents as compared to 95 in 2014.

DATABASE STUDY REPORT

In the last quarter of 2015, a database study report was released with the help of Research Officer, Ms Ong Xiang Ling, from the Society's Research and Outreach Centre. The retrospective study involved the analysis of data from 284 residents, aged 2 to 16, who had stayed with Sunbeam Place between 2001 and 2013. The objectives of the study were to examine trends in the residents' profiles over time, evaluate their well-being and discharge outcomes, identify the risk and protective factors associated with these outcomes, and examine trends in the residents' well-being over time. The findings have led to the Centre implementing a few initiatives based on the research results.

The study found that both family contact and the presence of a sibling in the Centre were protective factors that buffered the adverse effects of transition difficulties on socio-emotional well-being. It was also revealed that academic well-being has been improving for the residents over time, and that recent programmes that were introduced to facilitate bonding between staff and residents were associated with improved socio-emotional well-being.

The results highlight the importance of intervening with different groups of residents based on their risk profiles, equipping staff to manage behavioural difficulties, and providing support to residents for coping with transitions.

With these recommendations in mind, Sunbeam Place went on to enhance staff capability for managing challenging behaviour by expanding the scale of regular training and supervision. To meet the increasing complex needs of children, the job scope of case workers have been expanded

to reach out to the increasing teenage population and also to engage the discharged residents in aftercare. The ratio of case workers versus caseloads has also decreased so as to provide more intensive follow-up with the residents.

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As a long term volunteer at Sunbeam Place, it has made me realise how tough some of these children are. Though coming from families with hardships or troubled backgrounds, I have seen some of them grow into successful adults. I have attended the wedding of a former resident, seen another running a successful business today and even met the children of some ex-beneficiaries.

– Mr Steven Liew, 57, a volunteer at Sunbeam Place



STORM RIDERS

A run of Storm Riders was conducted in Sunbeam Place from March to June 2015. The 5-session workshop teaches children positive techniques to cope with angry feelings and to learn effective problem solving skills. Seven children from primary 3 to 5 attended the sessions conducted by two staff from Sunbeam Place.



Issues that the participants had learned about during the programme and would put into practice include:

- Attacking the problem, not the person
- Doing deep breathing exercises and counting 1 to 10 when angry
- Walking away when angry
- Using the "I" statement and listening to music when angry

Items on Strengths and Difficulties Questionnaire	Number of participants who have shown improvement after attending the workshop
Overall stress	3
Emotional distress	1
Behavioural difficulties	3
Hyperactivity and concentration difficulties	4
Difficulties in getting along with other children	3
Kind/helpful	3
Impact of any difficulties on child's life	1

I learn a lot about controlling myself.

– Resident who has participated in Storm Riders

09//TALKS AND WORKSHOPS PROGRAMMES CENTRE

Talks and Workshops Programmes Centre aims to promote the well-being of children, youth, parents and caregivers through talks and workshops conducted in a fun and experiential manner. Our programmes for children and youth are designed to be in

line with the Social and Emotional Learning framework of the Ministry of Education. The Centre also conducts training for teachers with the objective of imparting knowledge and skills to these professionals who have been tasked to mould our future generations.

ONLINE RESOURCE LIBRARY

The Online Resource Library was set up in 2015, with the aim of providing a one-stop resource centre for all Society staff. It hosts programme materials developed by

staff, licensed images for the use of programme design as well as a variety of research articles, and social work and psychology theories for staff's easy referencing.

PROJECT RELATE

Studies show that one of the factors in reducing recidivism is when offenders develop strong and supportive relationships with their family members. It has been suggested that relationships between offenders and family members weaken and deteriorate during incarceration due to breakdowns in communication and both parties having to experience different challenges due to the different environments they are in. Research shows that, even for inmates who had good relationships with their children prior to their incarceration, the time spent away will have a negative impact on their relationships, causing them to grow further apart.

It is with this understanding that Project Relate was initiated. Project Relate is a ten-session parenting programme developed and conducted by Talks and Workshops Programmes Centre. It is designed to help inmates develop better relationships with their family members and especially with their children, while being incarcerated. The programme focuses on helping inmates to identify their role as parents and

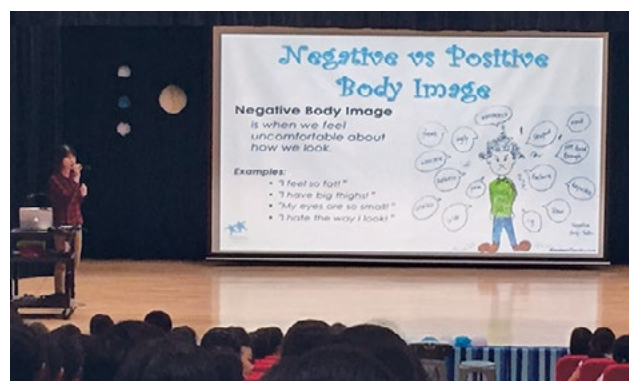
improving communication during prison visits. In 2015, a run of Project Relate was conducted from May to August 2015.

I am a young and single parent. Through this programme, I have learnt so much such as maintaining a parent-child connection and playing the role of a father towards my son.

– A participant of Project Relate

TALKS AND WORKSHOPS

Over 80 sessions of talks and workshops were conducted in 2015, reaching out to primary and secondary school children, parents and school teachers. Talks and workshops that aim to equip children and youth with life skills were run, with topics including 'Handling Negative Peer Pressure', 'Having a Positive Body Image', 'Goal Setting', and 'Cyber Wellness'. Besides conducting parenting programmes for schools and residents in the community, the Family Life Education Programme was also extended to pre-school centres, reaching out to parents of the little ones.



TEACHER'S TRAINING

The knowledge and skills to handle school bullying were what 116 teachers of Red Swastika School learnt during a half-day workshop in November 2015. Through group discussions involving case studies and role-playing exercises, the teachers learned about the impact of school bullying on the victims and other children around

them, the step-by-step bullying intervention framework as well as ways to support the affected children. We hope that a more child-centric culture can be created through the sharing of relevant and practical skills with the secondary caregivers.

10// VOX @ SINGAPORE CHILDREN'S SOCIETY

VOX @ Singapore Children's Society is a drop-in centre that serves youth aged between 13 and 18. It acts as a platform for youth to voice their ideas, as the Centre believes that every youth has his or her strengths and assets to

be harnessed. In modelling its intervention on the Positive Youth Development Framework, the Centre aims to impart the 5Cs — Caring, Character, Competence, Confidence and Connection — to the youth.

PROJECT VANTAGE

Project Vantage is an initiative to help youth launch different interest groups. Through the process of organising and starting such groups, our youth workers hope to mentor and develop our youth's 5Cs — developmental assets that have been identified as critical to youth's eventual success. A project that has been kicked off is the soccer group, where the youth learn how to co-ordinate training sessions, write to sponsors and manage conflict among teammates.



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PROJECT VESSEL

Project Vessel is a programme that aims to cultivate among our youth a culture of giving to the community. A project that took flight was one in which the youth raised \$180 for the Society through a bake sale. All hands were on deck prior to and during the two-hour sale, as some were involved in the publicity efforts of the event, while others were keener on baking brownies and cupcakes.



We are happy to launch VOX @ Singapore Children's Society with the support of our community partners, schools and sponsors. We have since received much positive feedback on the design of our centre, whose concept came about after polling 300 youth, as well as the programmes that we have crafted to purposefully develop our youth in order to reduce the likelihood of delinquent behaviours. We feel welcomed by the Chai Chee residents who have dropped by to offer us kind words on the work we do with the youth. We will continue to work with the residents, grassroots and partners to carry out our vision to hear the voices of the youth.

— Ms Amanda Zee, Assistant Director & Head, VOX @ Singapore Children's Society



11 // YOUTH SERVICE CENTRE (TOA PAYOH)

Youth Service Centre (Toa Payoh) undertakes youth-related social services. It works with youth-at-risk referred from the Youth Court and the Police (for the Attorney-General's Office) to mitigate wayward behaviours. The Centre also runs

diversionary programmes which aim to stabilise youth behaviour, and mentoring programmes which give youth and their families positive role models to emulate. The Centre also manages a drop-in centre, RoundBox @ Singapore Children's Society.

BEACONWORKS

BeaconWorks is offered to youth who exhibit less serious delinquent behaviour at the Beyond Parental Control (BPC) Pre-complaint Screening stage. It is a voluntary diversionary rehabilitative programme to help youth and their families stabilise existing relationship issues.

To better cater to our youth and their families, the programme structure was revised in 2015. The duration of the programme was shortened from six months to three months, and it was also offered to youth from RoundBox @ Singapore Children's Society. In 2015, 14 families were involved in BeaconWorks.

BEYOND PARENTAL CONTROL (BPC) PRE-COMPLAINT SCREENING

Under Section 50 of the Children and Young Persons Act, Chapter 38 stipulates that a parent or guardian of a child or young person (under the age of 16) has the power to bring his or her charge before the Youth Court should the child be deemed Beyond Parental Control.

Every Friday at the Youth Court, our team of social workers and counsellors screen complaints from parents wishing to pursue the BPC order. At this preliminary stage, we refer some cases to be mediated at our Youth Service Centre (Toa Payoh) office and a few to diversionary programmes for intervention.

In 2015, 433 cases were screened. The most common complaints lodged by parents involved youth truancy, running away from home and staying out late. The Court also saw an increase in the number of cases involving youth who were close to 16 years old, which suggests that parents will only pursue the BPC order as a last resort.

Most Common Youth Complaints

Behaviour*	No. of Cases in 2015
Truancy	272
Running away	270
Staying out overnight	234
Smoking	188
Violence	176
Theft	159
Moral risk	127
Drinking alcohol	57
Addiction	53
Suicide/self-harm	45
Dishonesty and defiance	37
Gang	36
Tattoos and piercings	35
Substance abuse	30
Abuse and trauma	19
Police investigations	19
Public nuisance	16
Bully/bullied	16

*Each youth may reflect multiple behavioural problems.

BPC PRE-COMPLAINT MEDIATION

Cases which require further assessment after the Pre-complaint screening stage are referred to Pre-complaint Mediation programme. Comprising four sessions of assessment and mediation, these sessions allow families

to resolve minor issues outside the Youth Court system. 2015 saw 125 BPC Pre-complaint Mediation cases, with only 6.4% of the cases proceeding to lodge a BPC complaint.

BPC INVESTIGATION

Potential BPC complaint cases require independent investigative reports to be submitted to the Youth Court by our staff, who are registered as Ministry of Social and Family Development Child Welfare Officers. The portfolio focuses on assessing the youth's socio-emotional states, risk and protective factors as well as home and school

environments. Following these assessments, relevant recommendations and rehabilitation plans are presented in a comprehensive report to the Judge, who will then make the relevant and appropriate court order. In 2015, 13 BPC Investigations were conducted.

BPC PARENTS MANDATED ORDER

Parents are critical in moderating the behaviour of wayward children. Hence, the Youth Court mandates some parents whose children are under the BPC Court Order to attend counselling sessions at the Centre. The sessions are designed to counsel and equip parents with effective parenting skills. The Youth Court imposes a bond of \$1,000 or up to \$5,000 for parents to attend counselling sessions. In 2015, the Centre saw 32 parents through this programme.



All children need love. It's easy to love a cute child but a more troubled or difficult child needs our love even more.

– Dr Carol Balhetchet, Senior Director, Youth Service Centre (Toa Payoh)



BPC STATUTORY SUPERVISION ORDER

The aim of the court order is to provide supervision and guidance for the child in his or her natural environment. Under the order, counsellors and social workers will supervise and counsel wayward youth and their parents for an average mandated period of one to two years. This order focuses on rehabilitating youth, empowering parents with effective parenting skills, resolving family conflicts and strengthening family bonds. This is done through counselling, mediation, groupwork and family bonding events such as Family Day. In 2015, 16 such cases were registered.



FUNCTIONAL FAMILY THERAPY

Functional Family Therapy (FFT) is a short-term, intensive intervention programme with an average of 12 to 14 sessions over three to five months. The programme is a strength-based model built on a foundation of acceptance and respect. At its core is a focus on assessment and intervention to address risk and protective factors within and outside the family that impact the adolescent and his or her adaptive development.

By implementing the programme, we have formed another diversionary programme that aims to assist youth and their families without resorting to the Juvenile Justice system or BPC. FFT works primarily with youth aged between 11 and 18 with behavioural and/or emotional problems. FFT sessions are conducted both at the Centre and in the client's home. In 2015, we had 7 cases. Our two trained therapists will continue to undergo training and supervision from FFT LLC until 2017.



GUIDANCE PROGRAMME

The Guidance Programme is a six-month police diversionary programme for youth petty offenders. Its objective is to ensure that the youth recognises the severity of his or her actions and the consequences of a repeat offence. Groupwork sessions conducted for parents and youth in the Guidance Programme include talks on topics such as 'Effective Communication' and 'Choices and Consequences'.

An additional after-care programme called Extra Mile was implemented in 2015. This programme provided greater follow-up support and smoother transition for youth and their families. In 2015, 101 cases were handled. Theft is the most common offence committed by both male and female youth.



Thank you for being there and supporting me especially during the difficult times I had with my parents. When I'm older, I want to be able to help other youth too. Maybe be a lawyer, counsellor or social worker.

– Abdullah, a 16-year-old boy who underwent the BPC programme



CELEBRATE THE JOY OF GIVING



PLAY YOUR PART





OUR VOLUNTEERS, DONORS AND STAFF

Singapore Children's Society owes much to the dedication and commitment of our volunteers and donors, who strive to make a difference in the lives of children in need. Let us not forget our staff who at times, go beyond the call of their duties to bring smiles to their charges.

Some individuals have contributed for almost a lifetime while some corporate partners choose to support specific projects. Through a diverse range of activities, staff, volunteers and donors all come together to protect the physical, mental and emotional well-being of our children. This brings about real and lasting changes, not only for the children and youth, but also for their families.

RUTH WONG AWARDEE 2015

Mrs Maria Shiu-Siu Lai Yee

Mrs Maria Shiu-Siu Lai Yee has been a member of the Research and Advocacy Standing Committee as well as the Research Committee since 2002.

When Children's Society organised the 6th International Society for The Prevention of Child Abuse and Neglect (ISPCAN) Asian Regional Conference in 2005, Mrs Maria Shiu-Siu Lai Yee served in the Organising Committee and the Secretariat Sub-Committee, helping to ensure the event ran smoothly.

Over the years, Mrs Shiu-Siu has offered her expertise to various research studies and monographs. She is currently the Research Advisor for the 'Longitudinal Study on Attachment from Infancy'. She was also very involved in the editorial work for Children's Society's series of Parenting Guides on Babies, Toddlers and Preschoolers, providing input on the content, design, layout and translation of these publications.

From 2010 to 2012, Mrs Shiu-Siu was an active member of the Book Editing Committee, which met tirelessly over two years to bring the Society's English and Chinese versions of the publication 'Singapore Childhood: Our Stories Then and Now' to fruition. She played an especially important role in overseeing the completion of the Chinese book and reconciling the editions.

Also a member of the 60th Anniversary Celebrations Committee in 2012, Mrs Shiu-Siu contributed to the planning of the projects held in celebration of the Society's 60th Anniversary. Furthering her commitment to Children's Society, Mrs Shiu-Siu took on the role as the Society's



Mrs Maria Shiu-Siu Lai Yee receiving the Ruth Wong Award from Guest-of-Honour Mdm Halimah Jacob, Speaker of Parliament.

Honorary Assistant Secretary in the Executive Committee in 2014 and has held this position since.

Mrs Shiu-Siu has shown unwavering support to the Society's staff and fellow volunteers. She has always been generous with her time and candid with her inputs. She always follows through with the projects that she undertakes. Often times, she has gone beyond what is expected of her.

For her exceptional leadership and years of dedicated voluntary service, Singapore Children's Society is honoured to bestow the distinguished Ruth Wong Award on Mrs Maria Shiu-Siu Lai Yee.

GOPAL HARIDAS AWARDEE 2015

Mr Lim Hong Beng

The Managing Director of civil engineering company Feng Ming Construction Pte Ltd, Mr Lim Hong Beng, often shares with his staff: “If you take from society, you must give back to society.”

He instils this value in his employees by organising visits to charities, including Singapore Children's Society, and bringing their beneficiaries out for movie outings at least twice a year, with all his staff taking part.

Philanthropy has always been something close to his heart. From routing one per cent of the value of each contract the company clinches to charity to contributing his time and effort as a member of the Appeals Standing Committee of Singapore Children's Society since 2012, Mr Lim is a firm believer in serving the community the best he can. He has also

been serving as a co-opted member in the Society's Executive Committee since 2014.

In 2014, Mr Lim took on the role of Project Chairman of Singapore Children's Society's Charity Gala Dinner. Through his leadership, efforts and strong network, the event raised a record-breaking \$1.14 million. His dedication to Singapore Children's Society's fundraising events helped the Society to continue bringing relief and happiness to children in need.

For his generosity and benevolence, Singapore Children's Society is honoured to bestow the distinguished Gopal Haridas Award on Mr Lim Hong Beng.



Mr Lim Hong Beng receiving the Gopal Haridas Award from Guest-of-Honour Mdm Halimah Yacob, Speaker of Parliament.

CONGRATULATIONS TO THE RECIPIENTS OF SINGAPORE CHILDREN'S SOCIETY AWARDS 2015

Inaugurated in 1982, the annual Singapore Children's Society Awards formally recognises the dedication and generosity of the many volunteers and donors whose contribution have helped build a better life for the children under our care. In 2015, a record 65 awards were conferred to individuals and companies who have contributed to the Society.

1. RUTH WONG AWARD

- Mrs Maria Shiu-Siu Lai Yee

2. GOPAL HARIDAS AWARD

- Mr Lim Hong Beng

3. PLATINUM SERVICE AWARD

- Mrs Jasmine Kwan Kim Lim
- Dr Warren Lee Wei Rhen

4. GOLD SERVICE AWARD

- Mrs Amy Fam
- Singapore Police Force (Jurong Police Division)

5. SILVER SERVICE AWARD

- Mr Fu Shiyong
- Assoc Prof Isabella Wong
- Mrs Jane Kee
- Mr Julian Koh Zhen Yang
- Ms Juliana Surani
- Mr Lark Lim Chwee Chua
- Mr Lim Kim Seng
- Mr Loi Da Cai
- Ms Lum Yit Yau
- Mr Ng Poh Tiong
- Ms Phua Jia Yun
- Ms Poh Liang Siang Suriani
- Dr Tan Mei Na
- Mr Wong Yew Meng
- Mr Yap Bao Zhang

6. PLATINUM AWARD

- Singapore Totalisator Board
- The Family of the Late Mr Ernest Tok Sin Lau

7. GOLD AWARD

- Amway (Singapore) Pte Ltd
- Far East Organization
- Mr Gary Tang Kee Heng
- The Coffee Bean & Tea Leaf (S) Pte Ltd
- The GZ Charitable Trust

OTHER AWARDS

8. SILVER AWARD

- Abwin Pte Ltd
- Ms Adeline See Hwee Khoon
- Agency for Science, Technology and Research (A*STAR)
- Ms Alicia Chua Buan Ling
- Amos International (S) Pte Ltd
- Bank of Singapore Ltd
- Barclays Bank PLC
- Bengawan Solo Pte Ltd
- Chang Cheng Group Pte Ltd
- Charles & Keith Group
- CMA Mental Arithmetic Centre Pte Ltd
- CME Group
- Mr Dick Gwee Yow Pin
- Eastern Blasting & Coating Pte Ltd
- Furama Pte Ltd
- Great Eastern Life Assurance Co Ltd
- Herbalife International Singapore Pte Ltd
- Kuan Im Tng Temple (Joo Chiat)
- Lee Foundation Singapore
- Mdm Lee Ying
- Mr Lim Liang Song
- Mind Stretcher Education Group
- Nordic Maritime Pte Ltd
- Playbox Distribution Pte Limited
- Resources Freight Pte Ltd
- RRJ Management (S) Pte Ltd
- RSP Architects Planners & Engineers (Pte) Ltd
- Serial System Ltd
- Shun Zhou Group
- Silverlakegroup Pte Ltd
- Singapore Institute of Management
- Singapore Post Limited
- Mr Tay Chee Hian
- The Family of the Late Ms Sng Yew Choo
- Thomson Medical Pte Ltd
- Wee Aik Koon Pte Ltd
- Winner Engineering Pte Ltd

On 16 October, Prof Ho Lai Yun, Vice Chairman of Singapore Children's Society, was awarded the MSF Outstanding Volunteer Award. The Award recognises Prof Ho's contribution to grooming a pool of leaders for the social services sector, as well as his efforts towards upgrading the capabilities and level of professionalism of Voluntary Welfare Organisations.



Ms Koh Wah Khoon, Senior Director at Singapore Children's Society Family Service Centre (Yishun), was presented the Ann Wee NUS Social Work Alumni Award on 22 September. The Award recognises Ms Koh as an alumna of National University of Singapore's Department of Social Work and her contribution to the field. The award is given to those who have spent at least 20 consecutive years in the sector.

Ms Chong Ai Ling, a Counsellor at Singapore Children's Society Children Service Centre, was awarded the prestigious Leadership & Service Award by Outward Bound Singapore on 14 November. The Award recognises Ms Chong's outstanding leadership and service within the community, as well as her experience in and desire for addressing issues and influencing change.



VOLUNTEER-ORGANISED ACTIVITIES

With the generosity and support of volunteers, we conduct several activities in a year to promote family bonding or to introduce new skills and experiences for our beneficiaries.

'AMAZING RACE' AT SCIENCE CENTRE

As part of their Values-In-Action programme in school, a group of Year 1 students from Jurong Junior College organised an 'Amazing Race' in Science Centre Singapore for 14 children from Research and Outreach Centre. After a round of energetic ice breaker games, the children were put into groups of five or six to work on a questionnaire while exploring and learning about the latest innovations in science and technology. The children were also treated to an array of unique and educational exhibits depicting the evolution of scientific developments. The children were visibly tired but happy after a day of fun and learning. A few of them said their goodbyes reluctantly at the end of the day and one child said that he hoped to return to Science Centre with the volunteers again.



Our children guided by a volunteer, looking for answers to the questionnaire.

ICE-CREAM MAKING

On 17 October, 7 parents and 15 children from Research and Outreach Centre attended an ice-cream making session at Bishan Community Club. The event was sponsored by Spire Research and Consultancy, which has been supporting our activities for five consecutive years. Parents and children learned to make their own ice-cream from scratch and the products of their labour

were put up for a friendly competition. One parent said that this was the first time she had created her own ice-cream and the process was easier than she had thought; she would definitely try it again with her child at home. At the end of the session, the children were seen slurping heartily at their ice-creams.



A family, with the help from a volunteer, putting their new skills to work.

FITNESS PROGRAMME

Wanting to help children and youth in particular as they represent the future of Singapore, Mr Richard Wee joined as a volunteer to teach them fitness workouts at Jurong Youth Centre in 2012.

Mr Wee takes it upon himself to impart values like accountability and responsibility in our youth through his programme. He hopes to motivate the youth to challenge themselves through sports and fitness workouts to achieve more than they think they could.

His philosophy is that if the youth face any issues, they should not make excuses for themselves and blame others. To take part in his programme, the youth must fulfill his requirements — that is to ensure regular attendance in school and to stay away from trouble.

He started teaching youth at RoundBox @ Singapore Children's Society in 2015. As part of the programme, Mr Wee identifies committed and hardworking youth and provides incentives like a trip to watch the ONE FC Championship.



I coach youth to better themselves. I like to befriend them after the workout sessions so that after they have used up their pent-up energy, they can share their issues freely with me. The programme is conducted weekly which means that they can see me regularly and trust can be established. My measurement of success for this programme is when I can get them to pay it forward to the next person who needs help.

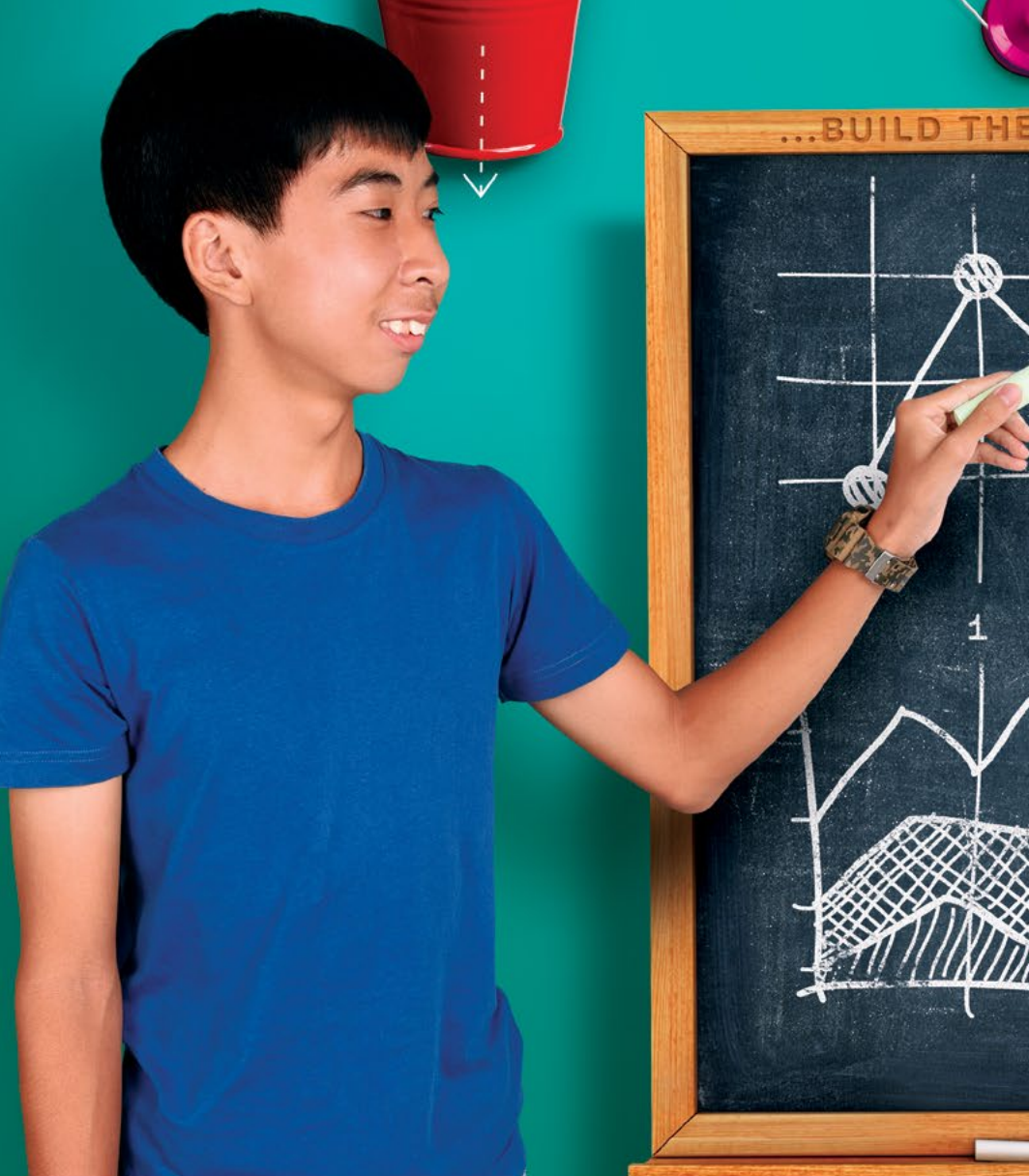
– Mr Richard Wee, pictured above, coaching a youth at a fitness workout session



FACTS AND FIGURES



UNDERSTAND
THE PAST...



SERVICE STATISTICS

Our Range of Services	Centre	Service Category	2014	2015
Children's Camp	Children Service Centre	Children and Youth Services	45	57
Children's Day Celebration	Children Service Centre	Children and Youth Services	150	49
KidzFEST	Children Service Centre	Children and Youth Services	75	102
KidzHOPE (reaching Out, helping familiEs)	Children Service Centre	Children and Youth Services	18	28
KidzPAL (Kids Play and Learn) *	Children Service Centre	Children and Youth Services	52	1,440
KidzREACH @ Siglap	Children Service Centre	Vulnerable Children Services	74	56
KidzSHinE @ Bedok (Seeing Hope in Every Kid)	Children Service Centre	Children and Youth Services	51	52
KidzUNITE	Children Service Centre	Children and Youth Services	14	14
Making Friends Workshop	Children Service Centre	Children and Youth Services	17	6
Camp V-Nest	Family Service Centre (Yishun)	Children and Youth Services	89	30
Casework and Counselling	Family Service Centre (Yishun)	Family Services	655	619
Children's Day Celebration	Family Service Centre (Yishun)	Children and Youth Services	42	46
Children's Medical Fund	Family Service Centre (Yishun)	Family Services	42	25
Community Outreach Events	Family Service Centre (Yishun)	Research and Advocacy	115	127
EUREKA!	Family Service Centre (Yishun)	Children and Youth Services	27	8
Family Day	Family Service Centre (Yishun)	Family Services	119	118
IRS (Information Referral Service)	Family Service Centre (Yishun)	Family Services	862	791
LEAP (Let Every Aspect Progress)	Family Service Centre (Yishun) / Children Service Centre	Children and Youth Services	79	56
Project Invest	Family Service Centre (Yishun)	Family Services	22	32
Storm Riders	Family Service Centre (Yishun) / Children Service Centre	Children and Youth Services	61	55
Sunbeam Friends Club	Family Service Centre (Yishun) / Children Service Centre / Student Care Centre (Henderson)	Children and Youth Services	131	142
KidzREACH @ Taman Jurong	Jurong Youth Centre	Vulnerable Children Services	50	64
Parenting Talks and Workshops *	Jurong Youth Centre	Family Services	319	0
TeenStart	Jurong Youth Centre	Children and Youth Services	377	537
TeenzLife *	Jurong Youth Centre	Children and Youth Services	3,547	240
TweenzLife *	Jurong Youth Centre	Children and Youth Services	5,608	1,362
YouthGIG	Jurong Youth Centre	Children and Youth Services	71	66
Child Abuse and Neglect Prevention Workshop #	Research and Outreach Centre	Vulnerable Children Services	22	0
Community Outreach Events #	Research and Outreach Centre	Vulnerable Children Services	3,325	3,540
Compulsory Education Casework	Research and Outreach Centre	Vulnerable Children Services	62	67
KidzLive #	Research and Outreach Centre	Vulnerable Children Services	1,121	1,367
Pre-school Education Outreach and Casework	Research and Outreach Centre	Vulnerable Children Services	633	519
Project LADDER	Research and Outreach Centre	Vulnerable Children Services	280	251
Singapore Children's Society Lecture #	Research and Outreach Centre	Research and Advocacy	168	189
Character Development Programme *	Student Care Centre (Henderson)	Children and Youth Services	336	95
Choo Choo Train	Student Care Centre (Henderson)	Children and Youth Services	215	201
KidzREACH @ Henderson	Student Care Centre (Henderson)	Vulnerable Children Services	28	0
KidzREACH @ Jalan Kukoh	Student Care Centre (Henderson)	Vulnerable Children Services	46	41
KidzSHinE @ Henderson (Seeing Hope in Every Kid)	Student Care Centre (Henderson)	Children and Youth Services	24	64

SERVICE STATISTICS

Our Range of Services	Centre	Service Category	2014	2015
Parenting Talks and Workshops *	Student Care Centre (Henderson)	Family Services	15	0
Student Care	Student Care Centre (Henderson)	Children and Youth Services	49	55
Bully-Free Camp	Student Service Hub (Bukit Merah)	Vulnerable Children Services	82	106
Bully-Free Campaign *	Student Service Hub (Bukit Merah)	Children and Youth Services	6,471	5,831
Bully-Free Forum #	Student Service Hub (Bukit Merah)	Research and Advocacy	228	0
Bully-Free Roadshow #	Student Service Hub (Bukit Merah)	Research and Advocacy	0	2,215
Bully-Free School Talks *	Student Service Hub (Bukit Merah)	Children and Youth Services	18,141	23,710
Bully-Free Teachers' Training *	Student Service Hub (Bukit Merah)	Research and Advocacy	0	254
iNSPIRE Fund	Student Service Hub (Bukit Merah)	Family Services	435	408
Parenting Talks and Workshops *	Student Service Hub (Bukit Merah)	Family Services	17	47
Project CABIN	Student Service Hub (Bukit Merah)	Children and Youth Services	6,782	7,073
Singapore Children's Forum #	Student Service Hub (Bukit Merah)	Research and Advocacy	0	437
Tinkle Friend Camp	Student Service Hub (Bukit Merah)	Vulnerable Children Services	125	0
Tinkle Friend Helpline	Student Service Hub (Bukit Merah)	Vulnerable Children Services	1,783	1,468
Tinkle Friend Online Chat	Student Service Hub (Bukit Merah)	Vulnerable Children Services	1,683	2,052
Vulnerable Witness Support Programme	Student Service Hub (Bukit Merah)	Vulnerable Children Services	3	7
Sunbeam Place Ex-residents	Sunbeam Place	Family Services	114	128
Sunbeam Place Residents	Sunbeam Place	Vulnerable Children Services	95	82
Children and Youth Programme *	Talks and Workshops Programmes	Children and Youth Services	11,181	8,437
Family Life Education Programme *	Talks and Workshops Programmes	Family Services	523	707
MOE Teacher's Training *	Talks and Workshops Programmes	Research and Advocacy	82	0
Talks for Tertiary Students *	Talks and Workshops Programmes	Research and Advocacy	77	0
Drop-in Service (members)	VOX @ Singapore Children's Society	Children and Youth Services	0	35
Project Vantage	VOX @ Singapore Children's Society	Children and Youth Services	0	50
Project Venture	VOX @ Singapore Children's Society	Children and Youth Services	0	87
Project Vessel	VOX @ Singapore Children's Society	Children and Youth Services	0	28
BeaconWorks	Youth Service Centre (Toa Payoh)	Family Services	9	14
BPC Investigation	Youth Service Centre (Toa Payoh)	Family Services	0	13
BPC Parents Mandated Order	Youth Service Centre (Toa Payoh)	Family Services	39	32
BPC Pre-complaint Mediation	Youth Service Centre (Toa Payoh)	Family Services	102	125
BPC Pre-complaint Screening	Youth Service Centre (Toa Payoh)	Family Services	373	433
BPC Statutory Supervision Order	Youth Service Centre (Toa Payoh)	Family Services	21	16
Functional Family Therapy	Youth Service Centre (Toa Payoh)	Family Services	0	7
GP Family Day	Youth Service Centre (Toa Payoh)	Vulnerable Children Services	42	243
Guidance Programme	Youth Service Centre (Toa Payoh)	Vulnerable Children Services	67	101
RoundBox	Youth Service Centre (Toa Payoh)	Children and Youth Services	781	920
Total for Public Education and Targeted Talks Programmes			51,233	49,871
Total for Direct Services			17,059	17,706
TOTAL			68,292	67,577

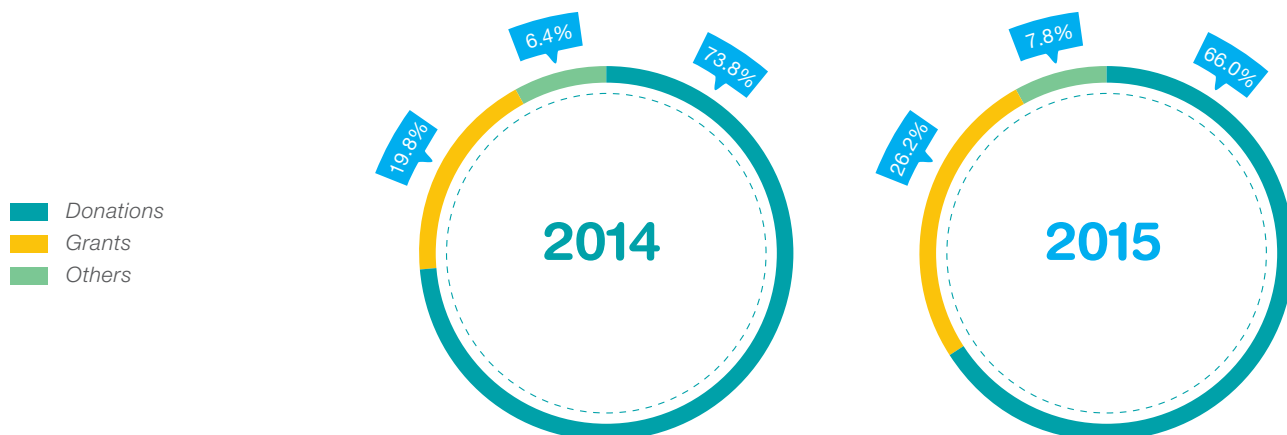
* These are Targeted Talks Programmes.

These are Public Education Programmes.

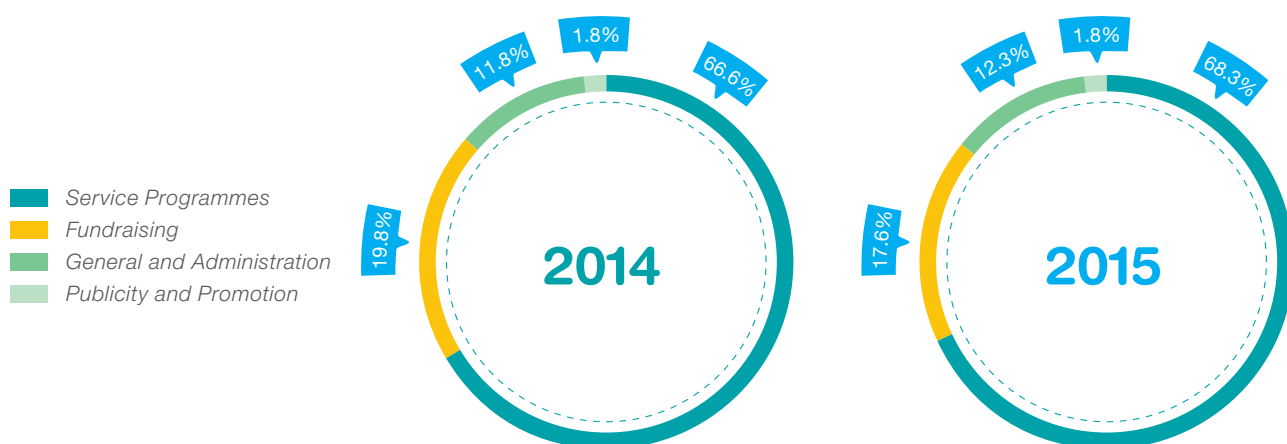
Note: Singapore Children's Society is committed to reaching out to children, youth and families in need via our range of services. The above data includes both primary and secondary services based on our four categories, namely Vulnerable Children Services, Children and Youth Services, Family Services, and Research and Advocacy.

FINANCIAL INFORMATION SUMMARY

Breakdown of Total Income

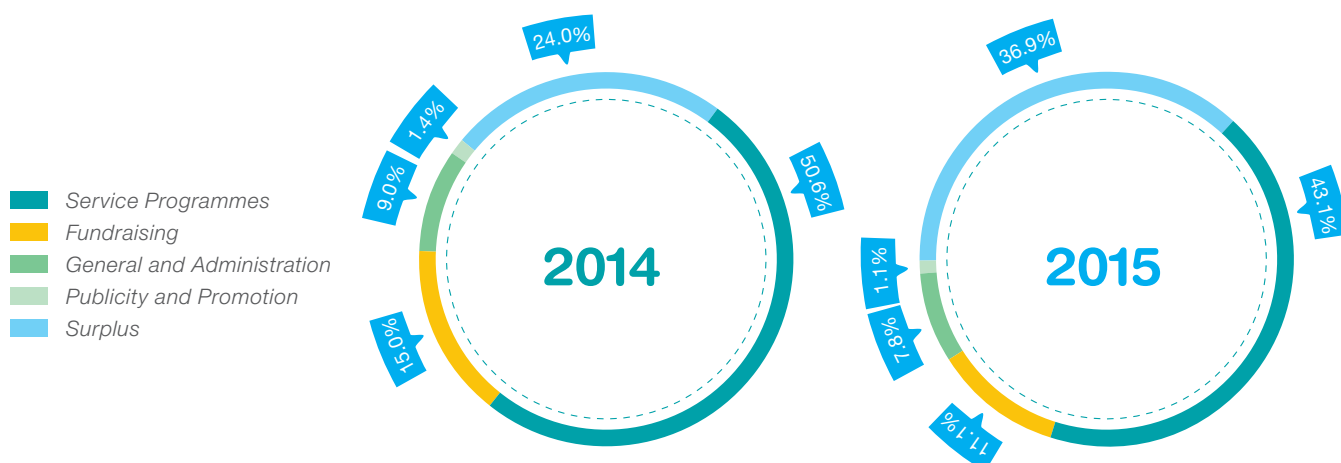


Breakdown of Total Expenditure



53

Breakdown of Each Income Dollar



AUDITED FINANCIAL INFORMATION 2015

Balance Sheet

Balance Sheet	2014 (\$'000)	2015 (\$'000)
ASSETS		
Property, Plant and Equipment	857	1,083
Investments	14,351	9,441
Non-current Assets	15,208	10,524
Investments	16,078	17,234
Inventories	13	10
Other receivables	763	1,761
Other assets	119	118
Cash and cash equivalents	41,171	50,277
Current Assets	58,144	69,400
Total Assets	73,352	79,924
FUNDS AND RESERVES		
Accumulated Fund	48,522	56,354
Professor S.S. Ratnam Memorial Fund	248	251
Children's Medical Fund (CMF)	20,284	20,475
Madam Ho Yun Wai Fund	504	500
ComCare Fund	0	10
The Straits Times School Pocket Money Fund	28	124
Other Reserves	2,477	498
Total Funds and Reserves	72,063	78,212
LIABILITIES		
Other liabilities	117	322
Non-current Liabilities	117	322
Trade and other payables	983	1,167
Other liabilities	189	223
Current Liabilities	1,172	1,390
Total Liabilities	1,289	1,712
Total Funds, Reserves and Liabilities	73,352	79,924

The Society is governed by the Executive Committee which is the final authority and has overall responsibility for policy making and governance. Members of the Executive Committee are volunteers and receive no monetary remuneration for their contribution.

The Society has in place a conflict of interest policy in its Code of Conduct. All members of the Executive Committee and senior management are required to declare their interests annually.

RESERVES POLICY

Singapore Children's Society will raise funds to support our current and future services to reach out to more children, youth and families in need, up to a maximum of five times our projected future gross operating expenses. Such funds do not include funds specified for restricted use.

Auditor: **RSM Chio Lim LLP**

Key Bankers: **CIMB, Credit Suisse, DBS, OCBC, UBS and UOB**

AUDITED FINANCIAL INFORMATION 2015

Income and Expenditure Statement

Income	2014 (\$'000)	2015 (\$'000)	% Breakdown of Receipts	
			2014	2015
Donations	12,677	14,517	73.8%	66.0%
Grants	3,410	5,759	19.8%	26.2%
Others	1,098	1,707	6.4%	7.8%
Total Income	17,185	21,983	100%	100%

Expenditure	2014 (\$'000)	2015 (\$'000)	% of Total Income	
			2014	2015
Service Programmes	8,689	9,468	50.6%	43.1%
Fundraising	2,578	2,436	15.0%	11.1%
General and Administration	1,546	1,706	9.0%	7.8%
Publicity and Promotion	240	245	1.4%	1.1%
Total Expenditure	13,053	13,855	76.0%	63.1%
Surplus of Income over Expenditure	4,132	8,128	24.0%	36.9%

ANNUAL REMUNERATION OF TOP THREE MANAGEMENT STAFF

Annual Remuneration	Number of Management Staff	
	2014	2015
\$100,001 to \$200,000	2	2
\$200,001 to \$300,000	1	1

Note: Includes basic salary, bonuses, allowances and the employer's contribution to Central Provident Fund.

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OUR ACCOLADES

- President's Award for Social Impact 2014
- NCSS Outstanding VWO Award in Innovation (Special Mention) 2010
- Singapore Quality Class Award 2010
- Singapore Prestige Brand Award (Special Merit) 2009
- NVPC Non-Profit Organisation Award 2004
- Asia Pacific NGO Award (3rd Runner Up) 2004
- UNAS Most Outstanding Civic Organisation of Singapore Award 1982 and 1984

SINGAPORE CHILDREN'S SOCIETY

CORPORATE OFFICE

298 Tiong Bahru Road #09-05 Central Plaza
Singapore 168730
Tel: 6273 2010 Fax: 6273 2013

OUR SERVICE CENTRES

Children Service Centre

Block 529 Bedok North Street 3
#01-570 Singapore 460529
Tel: 6448 6658 Fax: 6448 9896

Family Service Centre (Yishun)

Block 107 Yishun Ring Road
#01-233 Singapore 760107
Tel: 6753 7331 Fax: 6753 2697

Jurong Youth Centre

Block 552 Jurong West Street 42
#01-321 Singapore 640552
Tel: 6566 6989 Fax: 6566 6386

Research and Outreach Centre

9 Bishan Place Junction 8
#05-02 Singapore 579837
Tel: 6358 0911 Fax: 6358 0936

RoundBox @ Singapore Children's Society

OnePeople.sg
381 Toa Payoh Lorong 1
#01-12 Singapore 319758
Tel: 6259 3735 Fax: 6255 7106

Student Care Centre (Henderson)

Block 129 Bukit Merah View
#01-174 Singapore 150129
Tel: 6278 7856 Fax: 6278 0191

Student Service Hub (Bukit Merah)

Block 91 Henderson Road
#01-112 Singapore 150091
Tel: 6276 5077 Fax: 6276 5075

Sunbeam Place

28 Hong San Terrace
Singapore 688247
Tel: 6462 3477 Fax: 6462 3371

Talks and Workshops Programmes Centre

Block 107 Yishun Ring Road
#01-233 Singapore 760107
Tel: 6753 7331 Fax: 6753 2697

VOX @ Singapore Children's Society

Block 44 Chai Chee Street
#01-108 Singapore 461044
Tel: 6443 4139

Youth Service Centre (Toa Payoh)

Block 109 Toa Payoh Lorong 1
#01-316 Singapore 310109
Tel: 6253 1124 Fax: 6256 9443

CHILDREN'S MEDICAL FUND HELPDESK

Tel: 6753 1083

TINKLE FRIEND

Helpline: 1800 2744 788
Online Chat: www.tinklefriend.com

**FOR GENERAL
ENQUIRIES, EMAIL:**
info@childrensociety.org.sg

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OUR MICROSITES

- <http://csewdirectory.childrensociety.org.sg>
- <http://preventchildabuse.childrensociety.org.sg>
- www.1000e.org.sg
- www.1000p.org.sg
- www.bullyfree.sg
- www.ocbctodayfund.sg
- www.walkforourchildren.sg

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